



WEEK 1

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

SMOKED PAPRIKA CHICKEN STROGANOFF

Pilaf Rice

CLASSIC GROUND BEEF LASAGNE

Homemade Garlic Foccacia

HONEY MUSTARD GLAZED GAMMON

Potatoes, Jus

CHICKEN DOPIAZA

Pilau Rice

CHIP SHOP 'FRYDAY' FISH PIZZA, SAUSAGE OR FISHCAKE

Chips

VEGETARIAN MEAL

ROAST ONION & MUSHROOM STROGANOFF

Pilaf Rice

ROASTED ROOTS & BEAN LASAGNE

Homemade Foccacia

MACARONI CHEDDAR CHEESE BAKE

PANEER & CHICKPEA CURRY

Pilau Rice

CHIPOTLE QUORN TORTILLA

Chips

VEGETABLES

STEAMED BROCCOLI

CHOP CHOP SALAD

ROASTED ROOTS GREENS CHOP CHOP SALAD

CORIANDER & ONION SALAD

TOMATO SALSA MINTED PEAS

PASTA POTS

HOMEMADE TOMATO & BASIL

CHEF SPECIAL

HOMEMADE TOMATO & BASIL

CHEF SPECIAL

HOMEMADE TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

BERRY & BRAMLEY APPLE CRUMBLE

Vanilla Sauce

CORNFLAKE CRISPY CAKE

PEAR & COCOA SPONGE

Custard

APPLE & CHOCOLATE TURNOVER

OUR PASTRY CHEF'S SPECIAL

FRUIT

SELECTION OF FRUIT AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME-MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
AMAZING BLUE DOT MEAL DEALS


PIZZAS, WRAPS & PANINIS
FRESH OPTIONS
EVERY DAY

TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!



WATCH OUT FOR OUR
POP UP & STREET FOOD PROMOTIONS

 All of Our Deli Range, Sandwiches, Salads & Desserts are
FRESHLY MADE HERE DAILY



WEEK 2

	<div>Classic Favourites</div> <div>MONDAY</div> <div></div>	<div>EASTERN</div> <div>TUESDAY</div> <div></div>	<div>Great British</div> <div>WEDNESDAY</div> <div></div>	<div>SOUTHERN STYLE</div> <div>THURSDAY</div> <div></div>	<div>Fish & Chips</div> <div>FRIDAY</div> <div></div>
MAIN MEAL	MACARONI CHEESE WITH A SELECTION OF TOPPINGS	SAUSAGE & MASH Caramalised Onion Gravy	ROAST TURKEY DINNER Roast Potatoes, Jus	CARIBBEAN CHICKEN CURRY Rice	CHIP SHOP 'FRYDAY' FISH/PIZZA/SAUSAGE OR SALMON FISHCAKES Chips
VEGETARIAN MEAL	MACARONI CHEESE WITH A SELECTION OF TOPPINGS	PLANT BASED SAUSAGE & MASH Caramalised Onion Gravy	ROASTED BUTTERNUT SQUASH & EDAMAME BEAN WELLINGTON Roast Potatoes, Jus	REGGAE REGGAE SWEET POTATO CURRY Rice	VEGAN FALAFEL BURGER Chips
VEGETABLES	GARLIC FOCCACIA SALAD	CARROTS & PEAS	ROASTED ROOT & GREENS	GINGER FRIED GREENS	NAKED SLAW PEAS
PASTA POTS	HOMEMADE TOMATO & BASIL	CHEF SPECIAL	HOMEMADE TOMATO & BASIL	CHEF SPECIAL	HOMEMADE TOMATO & BASIL
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT	STEAMED JAM SPONGE Custard	PEAR & GINGER CRUMBLE Cinnamon Custard	CHOCOLATE SPONGE Chocolate Sauce	APPLE & BLACKBERRY CRUMBLE Custard	SYRUP SPONGE Custard
FRUIT	SELECTION OF FRUIT AVAILABLE DAILY				
JELLY POTS	SELECTION OF JELLY POTS AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

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AMAZING BLUE DOT
MEAL DEALS

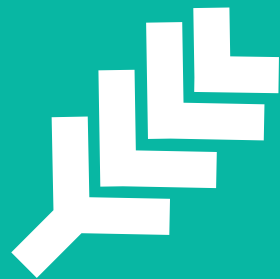
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WEEK 3

	Classic Favourites MONDAY 	EASTERN TUESDAY 	Great British WEDNESDAY 	SOUTHERN STYLE THURSDAY 	Fish & Chips FRIDAY 
MAIN MEAL	BBQ CHICKEN FAJITA Braised Rice	BEEF & TOMATO RAGOUT Pasta	SLOW COOKED LEG OF PORK Roast Potatoes, Pan Jus	CHICKEN KORMA Pilau Rice	CHIP SHOP 'FRYDAY' FISH/PIZZA/SAUSAGE OR SALMON FISHCAKES Chips
VEGETARIAN MEAL	FALAFEL & VEGETABLE FAJITA Braised Rice	PLANT BASED TOMATO & HERB RAGOUT Pasta	ROAST BEETROOT, ONION & GOATS CHEESE TART TATIN	SQUASH, CHICKPEA & SPINACH KORMA Pilau Rice	VEGAN ONION BHAJI BURGER Chips
VEGETABLES	MEXICAN SPICED SLAW	CHOP CHOP SALAD GARLIC FOCCACIA	ROASTED ROOTS & GREENS MIXED SALAD	ONION SALAD NAAN BREAD	PEAS SLAW
PASTA POTS	HOMEMADE TOMATO & BASIL	CHEF SPECIAL	HOMEMADE TOMATO & BASIL	CHEF SPECIAL	HOMEMADE TOMATO & BASIL
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT	APPLE & BERRY PIE Custard	WARM CHOCOLATE BROWNIE Chocolate Sauce	STEAMED LEMON SPONGE Custard	UPSIDE DOWN SPICED APPLE SPONGE Cinnamon Custard	OUR PASTRY CHEF SPECIAL
FRUIT	SELECTION OF FRUIT AVAILABLE DAILY				
JELLY POTS	SELECTION OF JELLY POTS AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

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