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# January Newsletter

Volume V, Issue I

Friday 11th January 2013

## New Year Resolutions

### 6 weeks and 10,000 hours

This week, I have been speaking to the students about their New Year's Resolutions. It has been very interesting to hear their ideas. The following seem to be the top three:

- Healthy eating
- Homework
- Exercise

I have spoken to the students about the scientific research that demonstrates that it takes about six weeks to form a new habit. It takes three weeks to get used to it and three more weeks for it to become a habit.

I have also spoken about the Matthew Syed book:

'Bounce'. Syed asserts that all the world's leading sportsmen and women have one thing in common: 10,000 hours of practice. We've been looking at just what that would mean in terms of daily practice for students here. It is phenomenal. Very few of us will ever manage it. But the underlying message is clear: it is practice that makes the difference.

In our collective worship and tutor times, we have been considering what God would want our resolutions to be. We have concluded that resolving to practise our school's Gospel values would be a good start.

Respect, responsibility and forgiveness are the main

three values of the school, with four others:

1. Be caring
2. Be fair
3. Be honest
4. Be trustworthy

Practice of anything needs to be deliberate and well focused. As we start this New Year, let's all reflect on what we want to invest our time and energy in. How do we want to be remembered? What will our legacy be?



## PRAYER

### Prayer Meeting

There is a weekly meeting on Tuesdays at 11:30am.

Please join us if you can.

There is also a prayer request box in the reception area.

## THANK YOU

On behalf of all the staff, may I take this opportunity to thank you for all your kind Christmas gifts and cards.

Thank you and...HAPPY NEW YEAR!

**Andy Scott-Evans**



## Head Teacher's Challenge

As you already know, we have an on-going head teacher's challenge running at Becket Keys. Stage One had to be completed before your son/daughter started here. Stage Two has been released today—sent home on coloured paper and now available from reception at any time. The students have until June 24th to complete as many of the

tasks as possible. Each task is designed to help the students practise the school values and to enrich their learning experience. Please take a look at the challenges and talk to your son/daughter about how many of these he/she will realistically be able to tackle between now and June.

we have a record of how many challenges each student completed.

Stage Two builds upon the experiences of Stage One, but it is quite possible to complete it as a separate entity.

Stage One is closed, but

*“A small group of successful students have been selected to run the shop.”*

## School Stationery Shop

Becket Keys will open a small school shop next week that will sell stationery items at cost prices.

A small group of successful students have been selected to run the shop. These students had to apply for

the position and were then interviewed.

They have placed an order for stationery that they know will be useful and will sell the stationery at a not-for-profit price during lunchtimes.

The shop will be overseen by teachers, especially Mrs Norman. We know that this will be useful for students and parents alike.

See price list below.

## General News

### Friends of Becket Keys

We are looking to set up a Friends of Becket Keys—Parent Teacher Association this term. Please send an email to [office@becketkeys.org](mailto:office@becketkeys.org) if you are interested in helping to get this started. We would be particularly interested in hearing from people that have experience of setting up systems for elections and running of meetings.

### UNIFORM

Thank you for following our uniform policy. We are particularly pleased to see new purchases are in line with our approach:

Coats = black

Bags = black

Girls' socks = white.

Students who have the wrong colour items will be challenged by every member of staff—please assist us and

your son/daughter by sending them in the correct uniform.

### CASHLESS CATERING

We are unable to confirm a start date for cashless catering, but we are working with our school sponsors (RET) to find a system that will meet all our needs for this year and in the future. Thank you for your patience.

## Charlie is coming soon...

### DATES ANNOUNCED:

Mrs Endicott has announced that the performances of Charlie and the Chocolate Factory will be taking place on 13th and 14th February.

The two Evening performances are planned to start at 7pm.

Ticket details will be announced soon, but for

now please keep these dates in your diary clear.

### CURTAIN CALL

We will be purchasing a new stage curtain for the main hall. Please contact the school office if you are able to provide contact details of a potential supplier for this.

### REHEARSALS

The cast are continuing to

work extremely hard with rehearsals taking place at lunchtimes and after school; an impressive number of students have learnt all their lines already. With the performance fast approaching, it is important that all the cast ensure they know their parts.

### BACKSTAGE AND TECH TEAM

We are also now beginning to recruit our technical team and backstage crew.

We will need people to help with sound, lighting, props and make-up. If you think your son/daughter may be interested, ask them to speak to Mrs Endicott to hear more about what the opportu-



## Swimming at Becket Keys

Becket Keys have made links with Brentwood Swimming Club. Arrangements have been made so that students who wish to swim on a regular basis have the opportunity to attend club sessions coached by qualified swim teachers.

The first session took place yesterday with six students from Becket Keys going

along.

The next session is on Thursday 17<sup>th</sup> January, 6.30 -7.30am @ Brentwood Centre.

This session, like the first, is completely free. It gives our students an ideal chance to experience what it would be like to attend a high quality swimming club before committing to it.

After this, it is possible to stay as a Becket Keys student at the club and train every Thursday morning for an hour. This will be charged at £55 per term.

If students wish to take their training further and fully join Brentwood Swimming Club, then they should speak to the coach who leads the sessions.

*“...an ideal chance to experience what it would be like to attend a high quality swimming club.”*

## School Shop Prices

Please send your son/daughter with small change where possible to help with purchasing.

The school shop will be open from 1:20pm every day next week.

The items for sale are all things that we expect our students to have

with them at all times.



Item	Price
Dry wipe marker pen	23p
Ruler	14p
Glue stick	30p
Highlighter Pen	22p
Blue pen	4p
Black pen	4p
A rubber	5p
Pencil sharpener	4p
Pencil sharpener canister	30p