



YEAR 7 MANDARIN DAY

# Becket Keys Church of England School

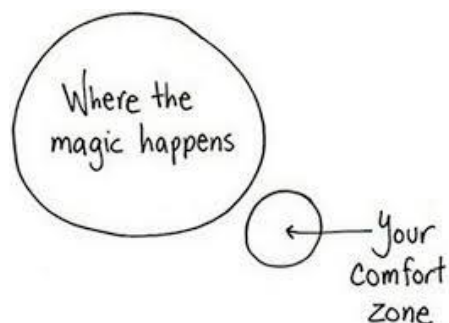
27<sup>th</sup> January 2017

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## Finding the Challenge Zone

Mrs S. Trebess

(Acting Head teacher)



We are all pushed out of our comfort zone from time to time (see above!) The way in which we react to the opportunities that this can offer is the key to our success.

Everyone is familiar with the idea of a comfort zone. Many young people like the feeling of being in this zone (both in life and in their learning). This is where they feel confident and secure, so of course they like it here - it's easy. But when students are in the comfort

zone, they are not learning anything new. If children are getting everything right, if they can do everything correctly without much effort, how can they be learning?

Equally, if students are pushed too far out of their comfort zone they reach the 'panic zone'. We don't want children to be in the panic zone. This would happen if we ask students to do more than of what they are capable. Panic releases chemicals that stop children from learning.

Just outside of the comfort zone - before hitting the panic zone - is the 'challenge zone'. This is where students don't feel overwhelmed but their brains are beginning to be stretched and challenged. The challenge zone is the place to be! It is where new learning takes place and children

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**BECKET KEYS**  
Church of England School

## Meet Some New Staff

Meet some of the new staff who have joined Becket Keys.

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Information about the latest results and upcoming fixtures.

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## Year 7 Mandarin Day

Wonderful day for the Year 7 students! Cooking, art, science, culture and lion dancing! More details inside.

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## Meet Some More New Staff



**Mrs Reich**  
**Science**

I was born and grew up in Sudbury, a small Canadian city. I attended a Christian primary as well as a Christian secondary school in Sudbury and then went on to study Biology and Psychology at Laurentian University, also in Sudbury. There, I earned a Bachelor of Arts Honours Degree and developed an interest in education. As the idea of teaching Science and particularly Biology appealed to me, I enrolled in a Bachelor of Education program at McGill University, in Quebec, Canada. I started teaching about 20 years ago and my teaching career, up to this point, has involved teaching mainly science at the secondary level and participating in professional development activities. Three years ago, I left Canada to teach in Britain. In the three years I have been here, I have worked at a variety of

secondary schools and have learned a great deal about how to make KS3 and GCSE Science interesting as well as enjoyable for students. I love to teach intermediate/secondary science subjects (i.e., Biology, Chemistry, Physics) as a good knowledge of science basics is important in our everyday lives. As well, I feel good about imparting to students a knowledge of science content and skills that can help them to be successful at their future endeavours.

When at home, and not planning interesting science lessons, I love to read, and to try out new healthy recipes. At holiday times, I like to visit tourist attractions in London, and to visit friends and relatives in Italy and in Canada.



**Mrs Musharbash**  
**Mathematics**

I was born in London but moved to Brentwood with my parents as a baby. I attended Long Ridings Primary School and then Shenfield High School. My two

children now attend Long Ridings, which seems strange, as some of the teachers that taught me still work there.

My first career was in retail and I was chosen to help set up a new Debenhams in Kuwait. I found it fascinating to visit such a very hot country that was so culturally different. This prompted me to make a permanent move to Dubai to enjoy a sunny, fast developing and exciting place to further my career. After a year as Store Manager, I was promoted to Regional Training Manager and travelled all around the lower Gulf.

I moved back to the UK with my husband (who is from Jordan), when we were expecting our first baby. Becoming a mum inspired me to train as a teacher and I started my Mathematics degree with the Open University. I have always loved Mathematics and I want to help and inspire young adults to enjoy such a fascinating subject. I have seen first-hand how important mathematics is in the business world. I think Mathematics requires lots of practise and support but I look forward to helping students build confidence and make progress with their learning at Becket Keys.





**Chloe Abdilla**  
**Music**

"I grew up on the Central Coast of New South Wales, north of Sydney on the East Coast of Australia, where I went to the local primary and secondary public schools. I arrived in the UK for the first time just four weeks ago and I was thrilled to see snow falling for the first time within my first week!

I have studied a Bachelor of Contemporary Music with a Major in Vocal Performance at Southern Cross University and have a Post Graduate Degree in Secondary Music Education. I have 7 years teaching experience and have spent the last 6 years employed at Lakes Grammar- An Anglican School as Music Teacher and Co-ordinator of Instrumental Tuition. After taking my Year 7 Form Group all the way through to the end of their schooling I decided it was time to conquer my goal of achieving international teaching experience. I've always had an interest in the U.K and I'm particularly keen to learn as much as I can about the music industry

and performing arts culture while I'm here.

Music is my passion! I have trained in and completed all grades in both classical and contemporary vocal styles, however the styles I most enjoy performing are jazz, blues, RnB and pop. I have performed as lead vocalist for a number of jazz big bands as well as having performed with my own funk and soul bands across the east coast of Australia.

In April 2016 I co-ordinated a choir & art Tour to New York during which my students and I had the unbelievable opportunity of performing in the prestigious Carnegie Hall. I'm enthusiastic about all things performance and I'm very excited to work towards creating similar opportunities for the choirs and ensembles here at Becket Keys. I love the theatre and have performed in a number of musical productions in Australia. I'm really looking forward to assisting with the school musical production!

I'm a keen songwriter and have digitally released a number of original songs; my latest single recently hit number 5 on the Australian iTunes Singer/Songwriter Chart. I am very excited about the school's brand new recording studio and I'm looking forward to assisting my students to develop skills in music production and audio engineering.

Becket Keys is a very welcoming place; the students and staff are

very kind and have been a great support to me in my first few weeks in the U.K. During this first year at Becket Keys I want to be a fantastic music teacher, and have a classroom where everyone feels comfortable enough to take a chance and have a go! I'm passionate about the importance of music education in the development of the whole child and I thoroughly enjoy seeing my students grow into confident and expressive people equipped to thrive!"

*.....Contd from Page 1*

make the best progress. One crucial element of growth mindset is children understanding that to make great progress, they need to regularly grapple with learning and come out of their comfort zone. Often there is a misconception among students that getting things wrong is bad and making mistakes means that they are 'stupid'. We work very hard at Becket Keys to dispel this myth and to create a learning environment where the reverse is in fact true. We learn by making mistakes.

Of course, this system applies to all areas of life. The more we can encourage young people at school and at home to take a step into the 'challenge zone', the more we are developing young people who are willing to take a risk, who are not afraid of a challenge and who will develop a passion for life-long learning. Encourage them to give it a go (whatever it is) ... and watch the magic happen!

**Mrs S. Trebess**



## THIS SUNDAY IS EDUCATION SUNDAY!

As you will have seen in recent newsletters, our annual church service to celebrate Education Sunday will take place at St Thomas' Church this Sunday, 29<sup>th</sup> January 2017. Education Sunday is a national day of prayer and celebration for everyone involved in the world of education. It is our chance to offer thanks and prayers for the life and work of Becket Keys, St Thomas' Infant and Junior School, Jigsaw Pre School and all people associated with them. This year's theme is religious education.

We hope as many students and families as possible will be able to attend and come together as a school and church community for this special service. All students attending must wear their school uniform and will be expected to sit together at the front of the Church with their teachers. Parents are very welcome to stay and sit in other areas of the church for the service. Students will need to gather at 9.40 for a 10am start.

Please also remember to bring cakes to contribute to the Friends of Saint Thomas' cake sale, which will take place in the church hall after the service. Please deliver any cakes to the kitchen prior to the service.

I am looking forward to seeing you at our parish church this Sunday.

**Mrs E-J Sharp**



## GRAB A TEAM ITS QUIZ NIGHT

A Quiz Night organised by the Friends of Becket Keys.

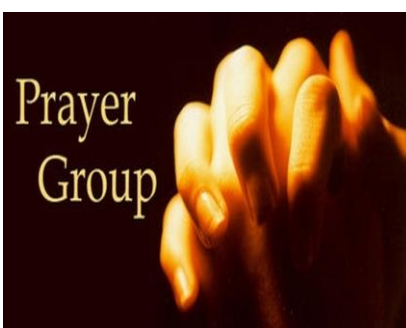
Teams will be made up of 8 people however please come along and join a team on the night.

**FRIDAY 24<sup>TH</sup> FEBRUARY 2017**

Doors open 7.30pm

£5.00 per person

Please bring your own drinks & snacks.



**Prayer meeting for Parents & Carers with Mr Scott-Evans every Tuesday at 11.30am.**

**All Welcome**

## Christian Meditative Prayer Group

**Wednesday Form Time**

10.30 am – 10.45 am

**Prayer Room**

If you are interested, talk to your form Tutor or Mrs Sharp

**John Main said –** "To learn to meditate you have to learn to be silent and not to be afraid of silence.... In silence we do not have to justify ourselves, apologise or impress anyone. Just be."  
(From *Word Made Flesh* by John Main, Medi Media, US, 1991.)



## Knitting Club

The Knitting Club are going to be knitting Twiddlemuffs to support patients with dementia.

After our success raising £60 for the British Legion selling knitted poppies to staff, we are now going to knit twiddlemuffs for dementia patients.

Twiddlemuffs are a soft knitted muff with items attached so that a patient with dementia can twiddle them in their hands. They contain strands of textured ribbons, beads and various fabrics attached both inside and outside. People with dementia often have restless hands and like to have something to keep their hands occupied. It provides a wonderful source of visual, tactile and sensory stimulation whilst at the same time keeping hands snug and warm.

We are asking for any donations of the following items:

**Buttons – different shapes, sizes and colours**

**Offcuts of ribbon, lace, fringing**

**Old bead necklaces, bracelets, earrings – anything that can be threaded onto a needle and sewn on**

**Zips, small fastenings (metal or plastic)**

**Oddments of wool – particularly different thickness and textures**

**Needles size 6.5mm or old imperial size 3.**

Thank you for your continued support.

Mrs K Knowles and Mrs L Simmons



## Eco Club

Eco Club is every Wednesday after school 3.30 – 4.30pm.

Make sure you wear suitable outdoor clothing; it will be cold and muddy!

We will be checking the onions, garlic and broad beans that were planted in the autumn, preparing the wild flower strip and pruning the raspberries.

All welcome!



**Reminder!**

### YEAR 11

The first Becket Keys Prom will be held on 5<sup>th</sup> July 2017, make sure you put this date in your diary and watch this space for more details.

We hope that all of our Year 11 students will attend this social occasion to celebrate the end of the year and the completion of their exams.

## Sports News



### Basketball

The under-16 boys' basketball team won their final group game of this year's Essex Cup competition against Southend High School for boys. This win came against a good team. The fact that Becket Keys found themselves 8 points down at the start of the second quarter and came back showed how significant a test it was for our team. During a time-out in the second quarter, Becket Keys changed to a zonal defensive system which seemed to impact the game significantly. Becket Keys were able to make stops on the defensive end of the court, which allowed for fast break attacks, led by Ryan Gamble, Iyanu Samuels and Tim Adetukasi. Jeremy Jacobs was able to make jump shots and drive to the basket, keeping the Southend defenders on their toes. Becket Keys were able to swing the game to an 8-point lead of their own, before an unbelievable play came together. Tim Adetukasi collected the ball at the top of the key and sent a

behind the back pass to Ryan Gamble to the left, who immediately sent the ball behind his back to Iyanu Samuels under the basket to his left. Iyanu then sent his defender left and right before scoring off the back-board. Becket Keys were starting to enjoy the game at this point and were growing in confidence. Tim Adetukasi then intercepted a cross-court pass on the half-way line before slam-dunking the ball into the basket. This visibly inspired more confidence in the Becket Keys players to see the game out to the end despite a late fightback from Southend. This was a great win to which the whole team contributed well. The boys will now look forward to their game in the next round.

The full team was;  
 Ryan Gamble  
 Owen Day  
 Tim Adetukasi  
 Iyanu Samuels  
 Idunu Samuels  
 Jeremy Jacobs  
 Ed Peace  
 Bradley Barrow

### Year 10 Boys' Basketball

The Year 10 boys' basketball team gained their second win of the season against Boswells on Monday. The team started well and put together an early lead of 10 points after moving the ball well on the offensive end. Owen Day and

Jeremy Jacobs were able to put points on the board and Harvey Pope and Jack Kennedy were able to be aggressive on both ends of the court. Alfie Spencer made an impressive debut, learning quickly and working extremely hard for the team. Luke Savage and Jack Buckland's movement created spaces and scoring opportunities for Becket Keys and despite a late Boswells comeback, were able to hold out for the win.

**Becket Keys 31 Boswells 27**

The team was;  
 Owen Day  
 Jeremy Jacobs  
 Luke Savage  
 Alfie Spencer  
 Jack Kennedy  
 Jack Buckland  
 Harvey Pope

### Year 8 Girls' Basketball

On Tuesday 24<sup>th</sup> January the Year 8 girls' basketball team competed away at Boswells. The team consisted of seven players; Amelia Walker, Maria Gamble, Ella Middleditch, Nancy Parish, Scarlett Day and Claudia Grosvenor. The team showed amazing offence and defence, showing skill and improvement throughout the game thanks to the help and encouragement from Mrs Pugsley-Fletcher. Accurate passing and smart choices led to scoring baskets and

winning the game. Throughout the match the whole team showed great sportsmanship, representing the school in a good light. For example, we helped the opposing team up if they fell over, handed them the ball when it was their possession and shook their hands at the end of the match. With all of these elements bounded together, a well-deserved win headed our way.

**Becket Keys 39 Boswells 18**  
**Maria Gamble 8HS**

## Futsal

The U14 girls attended a futsal tournament at Shenfield on Tuesday and finished 2<sup>nd</sup> overall. The girls played 3 matches – winning one and drawing two. They beat St Martins and drew with Shenfield and Ursuline. The winning goal against St Martins came from Isla Bradley who scored a fantastic volley.

The U14 boys also attended a futsal tournament at Shenfield on Monday 16<sup>th</sup> January and finished 4<sup>th</sup> overall. The boys played 3 matches – losing one and drawing two. They lost to St Martins and drew with Shenfield and Boswells. However, the boys were very unfortunate not to beat both Shenfield and Boswells as they dominated the majority of both matches but failed to score that important goal. In fact, they were even unfortunate to lose to St Martins as Tiwa missed a great opportunity at 0-0 with only two minutes remaining. Tiwa, who had already scored earlier in the competition, rounded the keeper

but his shot was saved off the line by a defender. The boys were ultimately left frustrated with their position but they can be proud of their performances. Hopefully, they can be more clinical in front of goal when they play their next tournament again in a week's time.

## Rugby

### Year 10 and 11 boys

The boys enjoyed their second game against Boswells this season, and improved considerably on their last performance against them. A large majority of the first half was spent in Boswells' territory, and Becket Keys were slightly disappointed to go in 7 points down. The Becket Keys' try was a great team attack finished off by Tom Walker, who was able to use Ralph Allum's outside run as a decoy to get over the line. In the second half, Boswells were unfortunately able to run in a couple more tries at key points to take the game away from Becket Keys, who couldn't maintain the energy and intensity from the first half. Alex Savage once again led the team by example in defence and attack and Miles Brewerton was extremely strong in the ruck. Oscar Warriner and Josh Maxfield were able to control the lineout and Guy Rodwell and Charlie Johnson put in some great tackles to stop Boswells gaining momentum. Luke Savage proved a tricky runner to catch and Evan Barnes and Oliver Potter worked hard in

the forwards to secure the ball for Becket Keys. The boys will now look forward to their final games of the season.

Oscar Warriner  
Miles Brewerton  
George Elliot  
Alex Savage  
Evan Barnes  
Thomas Walker  
Ed Peace  
Oliver Potter  
Luke Savage  
Charlie Johnson  
Ralph Allum  
Jack Kennedy  
Guy Rodwell  
Josh Maxfield  
Josh Mclean

## Upcoming Fixtures

### Monday 30<sup>th</sup> January

Year 10 Netball v Boswells (a) RPU

### Tuesday 31<sup>st</sup> January

Brentwood Swimming Gala Relays  
(@Brentwood – all years boys and girls) TWR

### Wednesday 1<sup>st</sup> February

Year 8 Rugby Tournament  
(@Chelmsford) DSA

### Thursday 2<sup>nd</sup> February

Year 9 Girls' Basketball v GBHS (a)  
RPU

Year 7 Rugby Tournament  
(@Chelmsford) CJO

### Friday 3<sup>rd</sup> February

Year 11 Basketball v Shenfield (a)  
TWR





We are proud to announce that all seven of the students in our Year 10 Prince's Trust XL Programme group (Sophie St. Louis, Jessica Barry, Adam Jackson, Freddie Mattock, Robert Mahoney, Harrison Powell, Elliot Lind) have passed the first two units of their award, with the majority receiving a Level 2 award.

The programme covers a wide range of topics, such as teamwork, career planning, leadership, participation in sport, interpersonal skills and living healthy, active lifestyles. The students have shown great character and maturity in how they tackle the broad range of objectives, engage with personal reflection and support their peers.

*"I feel this has helped me for when I get older and I am happy I've completed the first two units. I feel like I can achieve everything left in this course."*

**Freddie Mattock - student  
Prince's Trust XL Programme**



*"The students have thrived through their involvement with The Prince's Trust, putting incredible effort into their work and demonstrating great levels of pride in their accomplishments. They should be proud of what they have achieved so far. It is extremely encouraging to see the students take on the topics with such enthusiasm and responsibility."*

**Mr. Thorpe  
Prince's Trust Lead Teacher and  
Assistant SENDCo**

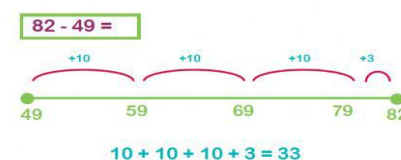
*"This is a great achievement for the students – their hard work has paid off. The life skills they are learning through participation in this programme are priceless!"*

**Mrs. Cavalier  
SENDCo**

## Mathematics

**This week:  
Stages in Subtraction**

1. Using a number line to find the difference



2. The column method – an 'efficient' form of subtraction:

932 - 457 becomes:

$$\begin{array}{r}
 932 \\
 - 457 \\
 \hline
 475
 \end{array}$$

Students should be encouraged to use estimation to check answers to calculations and determine, in the context of a problem, levels of accuracy.

## Student Achievement Running

In December I ran a number of 4km events.

The conditions were not very nice and it was raining most of the time I ran. I ran around my local village up and down hills which was a great physical challenge. The medals fit together to make the shape of a snowflake.



**Isabelle Tilbrook Year 8**



## Year 7 Mandarin Day



The global village doesn't mean that everyone will speak English; it means that we have more knowledge about other countries and cultures than ever before. So learning other languages isn't just about communicating information. As well as vocabulary and sentence structures, we believe that Mandarin learning and teaching should also draw on different cultural aspects of China. Hence, every year at Becket Keys, we celebrate Chinese New Year in our own style by having a Year 7 Mandarin day. This year, the day took place this Thursday, 26<sup>th</sup> January, in welcoming "the year of Rooster".

The Mandarin Day started with an inspiring assembly called "Surprising China", led by Mr James Trapp, network

coordinator for the IOE Confucius Institute. Students then participated in five educational and fun-packed workshops: they explored the art of Chinese costume; experienced Chinese calligraphy; practised their investigative and observational skills with a collection of Chinese antiques; experimented to create their own mini "fireworks" in the science lab and finally in the food tech classroom, the students cooked stir-fry noodles! Last but not least, the students were treated to a spectacular traditional Chinese lion dance and received a souvenir at the end of the day.



*"It is such a pleasure working with Year 7 students today. The students are very talented and trying very hard in producing beautiful Chinese calligraphy work. I am very impressed and they seem to have really enjoyed the hands-on experience."*

**Miss Zhong Wang**  
External specialist

*"I am so glad the students are enjoying the day. This is an excellent way for the students to know more about China and its culture."*

**Miss Yan Wang**  
Mandarin Teacher



*"I like the art session as I enjoyed seeing the Chinese display. The Chinese art is colourful and bright. It's good to know what Chinese people wear."*

**Megan Whymark 7PP**

*"I found it really interesting in the Culture Workshop because it was fun to find the origins of the different types of objects. Also it's just really fun to try different things too. It will help with my Mandarin learning as I now have known more about China"*

**Isabella Podd 7EW**





*"The day is really good as we're having fun! It's nice to experience a day like this. It was interesting to know that China had the first noodles. We're enjoying the science session as we can experiment with different things"*

**Lainey O'Sullivan 7FS**

**Holly Keefe 7EW**

**Evie Bennett 7EW**

*"I liked the lion dancing, cooking, science, art and calligraphy. Really interesting assembly too. I really enjoyed the day"*

**Harrison Oxley 7AC**



*"I like to listen to the guest speakers' talk because he also gave us the quiz too. It was nice to find out what other people know about the aspects of China too."*

**Lola Hinwood-Young 7PP**



A big thank you from the Mandarin department to all the parents who contributed to the day, and to all the members of staff who helped. The day wouldn't have happened without you!

**Mrs J. Zhao**



DATES FOR YOUR DIARY

Education Sunday

29<sup>th</sup> January 2017

Year 10 Parents' Evening

Thursday 2<sup>nd</sup> February

VACANCIES

We are currently advertising  
for the following staff:

Science Teacher (Biology)

Spanish Teacher

Mathematics Teacher

Head of Biology

Please check the website for  
more details.

# Becket Keys Church of England School

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