



Becket Keys Church of England School

3rd April 2020

EASTER HOLIDAY!

IN THIS ISSUE

Mr Scott-Evans writes...

Matthew 5 v 4:

**Blessed are those who mourn,
for they will be comforted.**

Last week in my front-page article I wrote about how exhausted I was. Many of you wrote to me to say how helpful it was to hear from me talking about my feelings and so I'm going to do it again and this week talk about grief. If we can name it, perhaps we can manage it.

I've had a real deep sense of grief about closing the school. We work so hard on what we do here. It defines us in lots of ways. Furthermore, we were set to have our best ever summer term with so many great activities, trips, concerts and, yes, actually, exams. Our students were going to get the best exam results ever. I'm gutted for them to miss out on

that rite of passage and all the fun of finishing school together. I'm grieving.

This has been further impacted because of the news that one of our founding members of staff: Su Garlick has died. Many of you will know that she has been battling cancer for years. We all loved Su because she was so kind, generous and fun. She has given so much to our school and she will never be forgotten. (More about Su on page 4).

So, with all this in my mind, this week, I have turned to David Kessler who created www.grief.com.

Kessler suggests we acknowledge the grief we are feeling, then learn how to manage it, and finally find meaning in it.

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BECKET KEYS
Church of England School

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Grief is to do with loss. The loss of school (including the chance to prove ourselves in the exam hall this year); the loss of community and freedom (including basic things like meeting friends); the loss of so many things that we think of as normal. All these things are compounded by the fear of economic meltdown and loss of jobs. It is hitting us hard, and I think we're grieving. Collectively.

I think we're also experiencing 'anticipatory grief.' There is a lot out there still to be afraid of. More to come! With a virus, this sort of grief is confusing. We know something bad is happening, but we cannot see it. We search the news every day to start with because we want to try and *see it*. The fact we cannot see it breaks our sense of safety. This happening to all of us at the same time is a unique experience; I can't think of when this could have happened since the World Wars.

So, what can we do?

Understanding the stages of grief is a start. You have probably heard of them: denial, anger, bargaining, sadness and then acceptance. This is what I think they are looking like at the moment:

- Denial: *This virus won't affect me. It's happening in China not here.*
- Anger: *I'm not going to stay at home. You can't stop me. Where is the toilet roll? What is wrong with these people?!*

- Bargaining: Okay, if I 'social distance' for two weeks will that solve everything?
- Sadness: *I don't think I can cope with this. Tears.*
- Acceptance: *This is happening; I have to figure out how to proceed.*

Acceptance, as you might imagine, is the destination that we want to reach. *We find control in acceptance. I can wash my hands. I can keep a safe distance. I can learn how to work virtually.*

Kessler also says that we need to **let go of what we can't control**. I've seen lots of good GIFS about this on-line. This is one of my favourites (below):

Additionally, I would say it is a good time to **be compassionate**. Everyone is struggling. I was sorry to hear the news turn into sniping this week. It had to happen at some point, but I think over the next few days it will get worse and worse. This is a shame, one of the positives so far has been the sense of pulling together and caring for each other.

I think we need to practise patience with each other at the moment. I have noticed colleagues, family members and others not behaving in the way they normally would. It is understandable. We need to be the non-anxious presence in the midst of this! Looking to blame other people is not helpful in my



opinion. It takes us back to the denial and anger stages.

Some positive final thoughts: This is a temporary state. (It may help to say these out loud!) **This is a temporary state!** We have people trained for situations like this. We've studied pandemics. The precautions we are taking are the right ones. History tells us that. This is survivable. We will survive. We can do this!

And, I believe we will find meaning in it. Elisabeth Kübler-Ross worked with Kessler to add a sixth stage to grief: Meaning.

Next week, I will write a bit more on that. We can find new meanings in this crazy time.

If you've read this and you are really struggling with grief...

Please keep going! There is something powerful about naming this as grief. Talk to someone about how you are feeling. You can email me if you want:
<https://www.becketkeys.org/contact.php>. We're all in this together!

When you name it, you feel it and it moves through you. I often tell students that "Emotions need motion". Move the emotion around by sharing it with others. Let it move back and forth. Recognise where you might be on the stages of grief and don't be surprised if you move back a few steps now and again!

I'd suggest Facebook might not be the place to be if you're struggling. Get in touch with people a

different way. Did you know your mobile phone can actually call people?! Try the app called 'Phone'! It might have a picture



like this on it: . You might not have used it for a while. But it's great!

Personally, I have found your emails and Tweets of encouragement incredibly helpful. I am sorry that I have not been able to respond to all of them personally. But they really mean a great deal! Perhaps writing to people is helpful. Maybe start a journal?

We can get through this together!

Stay safe! Stay at home!

Enjoy the Easter holiday!

Mr Scott-Evans
Headteacher



As we draw towards the end of term, we'd like to share a 5 minute You Tube video as part of our Worship Materials for Easter.

This has been recorded by Ian Kemble (Brentwood Schools Christian Worker Trust).

<https://www.youtube.com/watch?v=tYJ8OCaavhU>





Su Garlick

I am so sorry to report the sad news that Su Garlick has recently passed away. I have known Su and her family since I was a student teacher at St Thomas of Canterbury – her daughter Hannah was in the very first class that I ever taught as a Newly Qualified Teacher there.

It was one of my great joys to have Su with me on the journey of setting up Becket Keys. When she applied for the role as a Learning Support Technician in 2012 I could not believe my luck!

Sue had previously worked as a teacher, head of department, lecturer and teacher trainer. To have such a talented and experienced colleague willing to come and serve our new school was a true blessing! Although Su was employed at a level well below what she was capable of, she never baulked at anything that she was asked to do. She was always willing and enthusiastic – even in the very difficult times when she was clearly in increasing amounts of pain. Su wanted to come and help. She would have loved to be able to send her own children to a Church of England Secondary School in Brentwood and she wanted to see the dream come alive for others. Like me, she was determined to see the school succeed.

Su never stopped using the gifts and experience that she had gained over her years in education. She was always willing to guide and support anyone who asked her. Many of our teachers relied on her sage and sensible advice. She was an oracle of good tips and constructive thoughts in the staff room and around the school.

Recently, she turned her creative attention towards a Leavers' Cookbook. She had the idea to give every Year 13 student leaving the school a book of recipes and prayers. Teachers were engaged with this idea and students responded really well to it to. She wrote to all the students in the back of the recipe book. Here are some of her words:

"I joined Becket Keys as a Learning Support Technician on the same day as most of you. I remember many of you, nervous, not knowing people or routines and often in uniform that was a little on the large side! That was the start of a new chapter in your lives now it has almost come to the end. Mr Scott- Evans told staff that he wanted to give you all a small gift as you move on from school and I suggested this book...May God Bless You. May he bless the food you cook. And may he bless all the people you love to share it with!"

I think it is typical Su. Using her creativity to bless others. The cookbook will continue to be given to every student who leaves the school and we will always think of Su as we hand it out!

I will always have Su in my heart as will many members of the school community here. If you speak to the older students particularly –

they will speak of her with great fondness. Some of the younger ones will not know her as she has been quite unwell over the past two years and only been able to work with one or two students.

I'd love to be able to attend her funeral and to said goodbye properly – however due to the virus only close family can attend. Her funeral is 7th April at 2:30pm. Please do not attempt to attend. No exceptions will be allowed.

However, we will be able to watch a live stream on www.obitus.com

Username: bentley9535

Password: 443043

The family have asked us to raise a glass! I am sure we will.

They have also asked for donations to Cancer Research UK rather than flowers.

There is a justgiving page here: www.justgiving.com/fundraising/hannah-currie8

Let's make sure they beat their target of raising £1500!

We all loved Su and it is such a shame that we cannot attend her funeral. Please honour her in your own homes in your own ways.

I am so pleased that I was able to see her at home a few weeks' ago. She looked well and in good spirits. She was happy to be at home and determined to make the most of the time she had left.

I can only imagine how heart-broken the family must be – please pray for them.

Mr Scott-Evans

Funded by
Department for Education

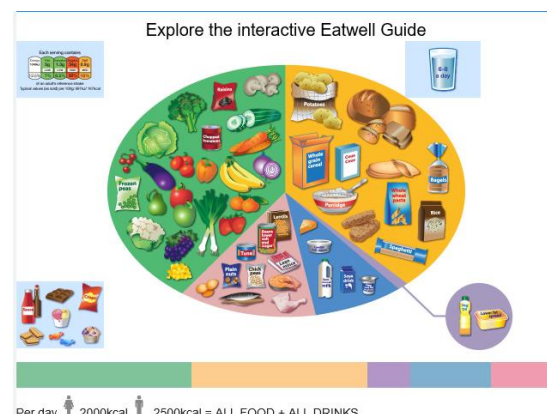
Select **Edenred**



Free school meals

**Free
School
Meals**

Are you entitled?



National free school meals voucher scheme

For those entitled to FSM, Becket Keys has signed up to the National free school meals voucher scheme which is being run by Edenred. From **Monday 20th April**, families will receive an email every other week which contains a 16-digit eCode and a link to the redemption website: www.freeschoolmeals.co.uk. Further details regarding how eCodes can be redeemed are available in the [parent/carer's FAQ document](#).

Through the redemption website, you can access eGift cards for the supermarkets listed on the table:

Once you have received your voucher, you will be able to redeem them in-store at the selected retailer by either:

- presenting the voucher on a smartphone or tablet
- presenting a paper copy of the voucher

Families are free to select the most appropriate food and drink for their child.

We hope that this new national scheme will go some way to ensuring our students continue to receive a healthy meal at this challenging time. There are a number of online resources available to support families in preparing healthy and nutritious food, including on the [NHS Eat Well website](https://www.nhs.uk/eatwell).

Supermarket	In-store	Online
Sainsbury's	Yes	No
Tesco	Yes	No
Asda	Yes	Yes
Morrisons	Yes	No
Waitrose (John Lewis)	Yes	Yes
M&S food	Yes	No

Notices from the Headteacher



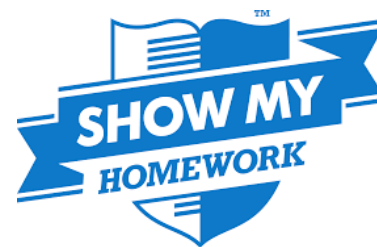
I am really proud of how everyone has given the first two weeks of home learning their best shot! Well done! More of this at the end!

- We have learned some lessons and we are ready to adjust things slightly after Easter to make it even better for students and parents.
- We will be sending home more details about this after Easter. You will have more clarity on what is expected, how to organise yourself and how we will feedback on what you are doing. We will continue to aim for quality over quantity. Less is more!
- We will not be using Zoom or any other 'live' platform for lessons except for Sixth Formers – and only then when we know that it will not disadvantage anyone. We do not think access to these platforms

creates a fair or reasonable learning environment. Everyone has to organise themselves differently for home learning. It is not fair to expect everyone to have access to IT hardware at the same time to access these types of 'lessons'. We also do not want everyone glued to screens all day! In addition, there are more safeguarding complications with younger students as we all get used to the relevant privacy settings and parental controls. Instead, we will continue to use Show My Homework to set tasks and use written communication to students. Many staff are using YouTube to record occasional lessons, we will not overdo this, but it is proving helpful in some subjects.

- We are adjusting our schemes of work so that, wherever possible, students will not be teaching themselves difficult topics. For example, in Mathematics we are moving trigonometry out of the summer term scheme of work and pushing it into the Autumn (September) – hopefully we will be back

at school and able to teach it to students.



- I highly recommend that parents get the Show My Homework App for their phone - if not already done so. It helps you see what your son/daughter is being set, what marks are being given and what comments teachers are giving. It is invaluable.
- Wherever possible we are trying to set fun and engaging activities that students will enjoy doing; this helps with motivation. However, this is not always possible. Sometimes home-learning is going to be difficult and frustrating – maybe even boring! But we must keep going! This is particularly true for Year 10/12. Where we know difficult concepts need to be tackled, teachers will work particularly hard to explain things carefully.
- The senior leadership team and heads of department will be thinking very carefully about Year 10 and 12 and working with colleagues

across the Russell Education Trust to devise great ways for you to learn at home. We will not let you down!

- At the time of writing, I still do not know exactly how grades will be awarded to Year 11 and Year 13 students for their GCSE and A Levels. We will know more very soon and then I will write to those families again. I have written before and I have a bank of questions that you have asked in emails (Thank you!). I hope that the Government will answer your questions for me and then I will come back to all of you with a 'Frequently Asked Questions' pack.
- Year 9 will hear which options they have been given after Easter. Everyone will be happy because everyone has what they have chosen; although a small minority have their 'reserve' rather than their first choice. After one more week of Key Stage 3 Learning, Year 9 will be moving on to start their GCSE courses. More on this after Easter.
- Year 11 have A Level wider reading recommendations and other activities to keep them occupied. The Bridging Activities for Year 11 will come out after Easter; these will help them prepare for next

year. Year 13 have already been sent something similar. Year 12 have been sent lots of guidance about super-curricular activities too! Please check your inbox for these emails and contact Mr Peggs if you do not have the relevant one:

SixthForm@BecketKeys.org

- You can contact staff here: <https://www.becketkeys.org/contact.php>. Please do so. In general, we are responding by email, but some staff are making calls from home to you. If you receive a call from a 'withheld number' or 'unknown caller' it could be us! Teachers are calling from home or on their mobile phones and so are protecting their numbers. We hope you understand. Please be aware that teachers will be taking a break over Easter and may not respond to your messages until we return.
- On behalf of all the students and teachers I would like to thank the parents and carers so much for working with us during this uniquely challenging situation. I know how hard it is – I have three children myself in Year 10, 7 and 3. May God bless all us parents!
- On behalf of the parents and staff, I would like to thank all the students for

their excellent efforts in learning how to make this work. Your hard work will pay off. The resilience you learn from this will stay with you for the rest of your life. Push yourself. You can do this!

- On behalf of all the students and parents, I would like to thank the teachers who are all working hard from home to set and mark work. Your long days at the laptop, sometimes at the detriment of your own families and relationships is very powerful. It is not going unnoticed!
- To everyone: take a break this Easter! This is a marathon and not a sprint. You will need to rest and get your energy up for the weeks ahead. We could be learning like this for months to come. I'm proud of all of you and miss you all deeply.
- Remember (despite the challenging times we are in) to make the most of the unique opportunity we have to engage in Holy Week as well as the hope and joy of Easter with our families. "Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

Mr Scott-Evans
Headteacher

60 Daily Tasks



Here is the plan for the First 30 Days



Day 1 – Leave three happy notes for someone else to find in your house. <input type="checkbox"/>	Day 2 Make a card for someone's birthday/celebration coming up <input type="checkbox"/>	Day 3 Call a relative or friend who is far away and have a chat with them. <input type="checkbox"/>	Day 4 Write down five things you are grateful for. <input type="checkbox"/>	Day 5 Research three jobs / career paths that interest you. <input type="checkbox"/>	Day 6 Download a mindfulness App (CALM) on your phone. <input type="checkbox"/> 
Day 7 Visit a virtual museum! Go online and explore the collections online. <input type="checkbox"/>	Day 8 Get in contact with a local care home and arrange to send a letter to one of the residents. <input type="checkbox"/>	Day 9 Go on YouTube and try..  <input type="checkbox"/>	Day 10 Look at the last 20 photos on your phone and think about how they make you feel. <input type="checkbox"/>	Day 11 Say something positive to everyone in your household today. <input type="checkbox"/>	Day 12 Do something helpful for a friend or family member today. <input type="checkbox"/>
Day 13 Do a chore in the house without being asked to do it. <input type="checkbox"/>	Day 14 Send a positive text to ten of your friends. <input type="checkbox"/>	Day 15 Listen to your favourite song and dance around the room. <input type="checkbox"/>	Day 16 Stay off social media for >3 hours straight and keep yourself occupied <input type="checkbox"/>	Day 17 Take a selfie and note down 5 things you like. <input type="checkbox"/>	Day 18 Play a game that you haven't played in a while. <input type="checkbox"/>
Day 19 Think about two role models in your life. Why do they inspire you? <input type="checkbox"/>	Day 20 Create a postcard for somewhere you have previously visited <input type="checkbox"/>	Day 21 Play a card game or board game you haven't played in a while <input type="checkbox"/>	Day 22 Sit down in a silent room and focus on your breathing for 5 minutes <input type="checkbox"/>	Day 23 Email one of your teachers to say thank you for something <input type="checkbox"/>	Day 24 Write down 5 things you are thankful for in your life. <input type="checkbox"/>
Day 25 Write a blog about something you enjoy doing. <input type="checkbox"/>	Day 26 Search on YouTube a "Tedx talks by kids"  <input type="checkbox"/>	Day 27 Watch a film with a family member and make sure you turn your phones off. <input type="checkbox"/>	Day 28 Make sure you get >8 hours sleep tonight. Note how you feel the next day. <input type="checkbox"/>	Day 29 Draw a picture of what you see in your garden or out of your window. <input type="checkbox"/>	Day 30 Make breakfast for another family member <input type="checkbox"/>

The Body Coach

Workout

Joe Wicks aka 'The Body Coach' continues to holding a daily workout that students can do from home whilst they are not at school to make sure they are getting some high quality exercise.

Every single day a live workout called 'PE with Joe' is broadcast on YouTube.

Joe says 'I'm going to get your kids moving, feeling energised, positive and optimistic.'

Join in at 9.00am every day.

<https://www.youtube.com/watch?v=K6rggN3kXME>

Touch Typing



A really important skill that students will need now and beyond school is that of typing accurately and at speed. This is a great opportunity for students to practise these skills and to learn to touch type. Here is a great free resource – it is designed for KS3 students.

<https://www.bbc.co.uk/bitesize/topics/zf2fgj6/articles/z3c6tfr>

This one provides free software to download and offers more advanced training:

<http://www.mavisbeaconfree.com>

Charity Update

It has been amazing to see how people around the UK are supporting each other in these very difficult times.

Last week, I contacted Anne Cheng at New Hope Children's Centre, the orphanage the school is supporting in Kenya, to ask how they were coping with the initial stages of the virus. The centre cares for 108 children aged between new born and 18. New Hope's website can be found at: <http://www.newhopeuplands.org>

As a result of Anne's message below, I have transferred over £250 raised by the students this term by selling hot chocolate and the Mother's Day stall.

I fully appreciate that many people are facing challenging times financially, but if anyone feels that they could make a one off donation of a few pounds to help New Hope then the details to make a contribution follow Anne's reply about their current situation.

Money can be donated to New Hope through a local charity based in Witham called Hand in Hand (website <http://www.hiand.org>)

Please reference with BK New Hope

Cooperative Bank
Hand in Hand
Account: 65885150
Sort code 08 92 99

Dear Kate,

We are doing our best here at New Hope, to cope with the situation.

Schools and colleges were closed, and everyone is here at New Hope. The challenges we are are faced with:

- *we are supposed to spray everywhere, as many times as possible*
- *we need plenty of washing detergents /disinfectants for washing clothes and floors*
- *we need plenty of sanitizers for use by kids, staff and any visitors.*
- *prices for such are high. We are wanting to buy Dettol Soap too for every child. Hand-wash too.*
- *plenty of food is needed now that children are here throughout the day. Huge food stocks may be necessary, due to the fact that factories have been closed down. People have been directed by the Government to work from home. There may be shortage of commodities very soon including foodstuff.*

The measures we have put in place;

- *We are restricting visitors.*
- *Any person entering NH has to wash hands with sanitizer at the gate.*
- *Staff who come daily have to change clothes when they enter our gate.*

Any additional funds will be very helpful, to help us get through this

Many thanks.

Anne





We want you to know that SNAP are here to help families during this difficult time

The SNAP team is committed to ensuring we continue to deliver the best service we possibly can for families - registered and new - during this difficult time. We have always provided comprehensive online support with our [Information Network](#) and [Directory](#) and we will continue to share information, ideas and strategies.

We are researching and producing Information Sheets to help families to navigate these challenging times - please find below links to our first six as part of our [Coronavirus Family Guide](#). More information to follow will cover Anxiety and Activities.

SNAP's phone and email [Helpline](#) will continue to provide that essential listening ear for parents and carers for both registered and new families.

Our parent advisers are happy to book in a phone appointment with any family who needs more in depth support at this time.

This Helpline is open from 9.00am until 5.00pm every Monday to Friday.

01277 211300

familyteam@snapcharity.org

English Department

Mrs Russell's
Book of the Month - April

WHAT'S THE STORY?

Henry "Monty" Montague was born and bred to be a gentleman, but he was never one to be tamed. The finest boarding schools in England and the constant disapproval of his father haven't been able to curb any of his roughish passions—not for gambling halls, late nights spent with a bottle of spirits, or waking up in the arms of women or men.

But as Monty embarks on his Grand Tour of Europe, his quest for a life filled with pleasure and vice is in danger of coming to an end. Not only does his father expect him to take over the family's estate upon his return, but Monty is also nursing an impossible crush on his best friend and traveling companion, Percy.

Still it isn't in Monty's nature to give up. Even with his younger sister, Felicity, in tow, he vows to make this yearlong escapade one last hedonistic hurrah and flirt with Percy from Paris to Rome. But when one of Monty's reckless decisions turns their trip abroad into a harrowing manhunt that spans across Europe, it calls into question everything he knows, including his relationship with the boy he adores.

You can also listen to the audio book here: <https://www.youtube.com/watch?v=nNhU3i7FYvU>

Mrs Russell's
Word of the Week

Empathy

Definition in English:
the ability to identify with another person's feelings.

In sentences:

1. She'd been incapable of **empathy** or remorse.
2. I did not have **empathy** for the characters.
3. The policewoman showed **empathy** with others.

Use the word empathy as many times as possible throughout the week! This can be verbally, in your written work or even when messaging friends and family!



BECKET KEYS
Church of England School

Food Department



Are you feeling like this? ;-)

<https://www.youtube.com/watch?v=TMoCsC7EvDo>

Then the Becket Keys Food Team are here to help. Here are some of the department's favourite recipes that have been revised to take account of what you might have available.

You may have to make substitutions to fit in with what's available in your house and your family's tastes. We hope you will discover some new favourites. As we are unable to demonstrate the method, this document is interactive, follow the links to take you to good clips from YouTube to guide you through the recipes.

Most of the recipes are for one or two people, so you can scale them up easily to feed everyone if you want to. Some recipes are harder and require a few more ingredients so that even older and more advanced students will have something challenging to cook. We hope this will help all of you build up those all-important skills, ready for when we return to school. **Before you start make sure whoever is in charge of cooking in your house is happy for you to cook and ask them to supervise you.**

If you are not able to cook complete dishes and just want to help the person cooking, you could prepare some of the ingredients and practice one of the skills from this website each

week, see page 3 for the most useful skills to practice.

<https://www.bbc.co.uk/food/techniques?fbclid=IwAR2H1Gu-1oPQd2lIXnWESf5omllgDSQdKLm7-LUYOMGjIJ4hKRuVsAvDFM>

Whether you are cooking complete meals, or simply learning new techniques, please take photos and upload them on show my homework, as I would love to see what you have all been making.

To really improve your skills try and come up with your own recipe ideas using just the ingredients you have left in your fridge and cupboards. Watch this old episode of "Ready Steady Cook" for inspiration.

<https://www.youtube.com/watch?v=mRPnLiZv6oc&feature=youtu.be>

Techniques to try:

How to dice an onion.

https://www.bbc.co.uk/food/techniques/dicing_onions

How to speed up vegetable preparation.

https://www.bbc.co.uk/food/techniques/how_to_prepare_vegetables_fast

Knife skills & common terms

https://www.bbc.co.uk/food/techniques/knife_skills_explained

Recipes to try at Home

Chilli con Carne



This is delicious served with rice, on a jacket potato, or in a wrap with cooked rice and guacamole to make a burrito. Do not rush the cooking process, chilli is best when it has cooked on a low heat for a few hours to let all the flavours develop.

<https://www.bbcgoodfood.com/videos/techniques/how-cook-rice>

Ingredients.

½ Stick of celery
 ½ Carrot
 ¼ Pepper
 1 garlic clove chopped (wash hands carefully)
 150g Beef Mince
 1 tsp ground cumin
 ½ tsp smoked paprika
 1 tsp tomato puree
 ½ tin tomatoes
 1 tablespoon red kidney beans
 ½ tsp salt
 150g Easy cook long grain rice

Chopped coriander to garnish.

In a pan slowly cook the carrot, onion, celery and pepper for 10 minutes. Then add garlic and chilli and beef and cook for

another 8-10 minutes until the beef is browned. Add the spices, tomato puree, tomatoes and kidney beans and simmer for 30 minutes.

Add rice to pan of boiling water and cook for 15 minutes. Add ½ tsp turmeric to cooking water to turn rice yellow.

Bread and Butter Pudding



This delicious pudding is a great way to use up any stale bread and milk that you may have at home. It is really quick and simple. For a real treat pour over some cream or custard if you have it.

Serves 2

Ingredients

2 slices bread
 15g soft butter
 150 ml milk
 1 egg
 15g Sugar
 1 – 2 tbsp raisins or sultanas
 ½ tsp cinnamon

Method.

Pre heat the oven to 180C/Gas mark 4

Butter the bread on one side and cut into triangles. Put these into

an oven proof dish and scatter the raisins over the top. Mix the milk, egg, cinnamon and sugar together and pour over the bread. Leave this to stand for 30 minutes then bake in the oven for 25 - 30 minutes

Here is a very young Mary Berry making this recipe.

<https://www.youtube.com/watch?v=QZlrz2HaWe8>

A Message from Mrs Noble

To all the Year 11s:

Just a quick message about the prom as I am sure that you are all keen to know what is happening. At this stage, we are still unsure what the future holds and what situation we will be in by June, so at this stage we are just waiting to see the developments. We are in contact with Stockbrook Manor and we will continue to liaise with them regarding your prom. Don't worry – we will have a prom!



Mathematics Department

A message from Mr Sedgley

You will not be expected to do any Mathematics homework during the Easter holidays, but here are a few optional activities for you. See if you can include your families too.

- 1) **Royal institute lectures** – These are a great way of looking at how maths and science work are used in the real world. For example, the first of last year's lectures includes, an analysis of the probability of scoring a goal from every point on the football pitch from Liverpool FC, and a look at the maths behind how disease spreads and whether face masks work (did they see Covid 19 coming?). I would start with that one, and then start exploring. All the lectures are now available online at <https://www.rigb.org/christmas-lectures>
- 2) **Read about Maths in the real world** for example what happens when engineers get the maths wrong often with disastrous consequences. Try 'Humble Pi – Matt Parker' and 'The life changing magic of number – Bobby Seagull'. I've started reading them both this week and am enjoying them.

- 3) **Manga High** – It is especially good to see students exploring the site themselves with independent work accounting for 75% of the total. We clearly have some inquisitive minds!
- 4) **Maths Watch** – Maths watch has been working much better this week, so why not go on and explore some new videos. Use the 'my progress' tab to try to acquire some new skills.
- 5) And finally, if you do want to keep your maths skills topped up – you can use these resources on the school website - <https://www.becketkeys.org/self-isolation-work-for-ks3-students.php>

Manga High

At the end of March, I am so impressed to see that the students of Becket Keys have managed to total just under 130 hours-worth of work on Manga High, including over 2,000 medals achieved!

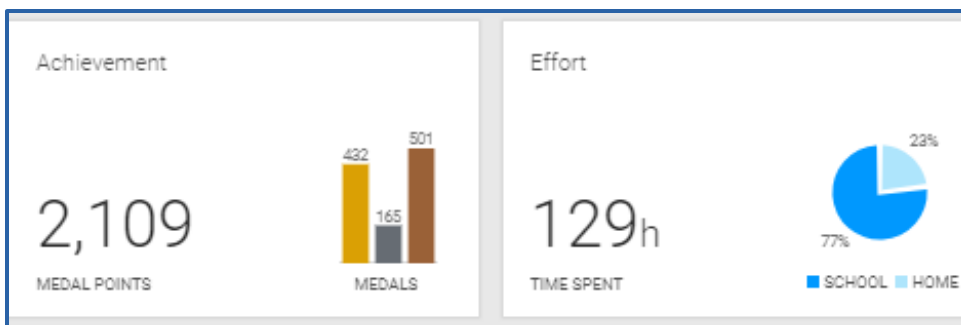
It is heartening to see so many of you logging on and challenging

yourselves to complete games and assignments to help develop your mathematical skills – keep up this hard work!



Puzzle 1: Magic Coins Solution

Moving clockwise around the square pick up the coin in the middle of each side and place it on top of the next corner coin. The result is a square with a pile of two coins at each of its vertices (corners) so four coins on each side.



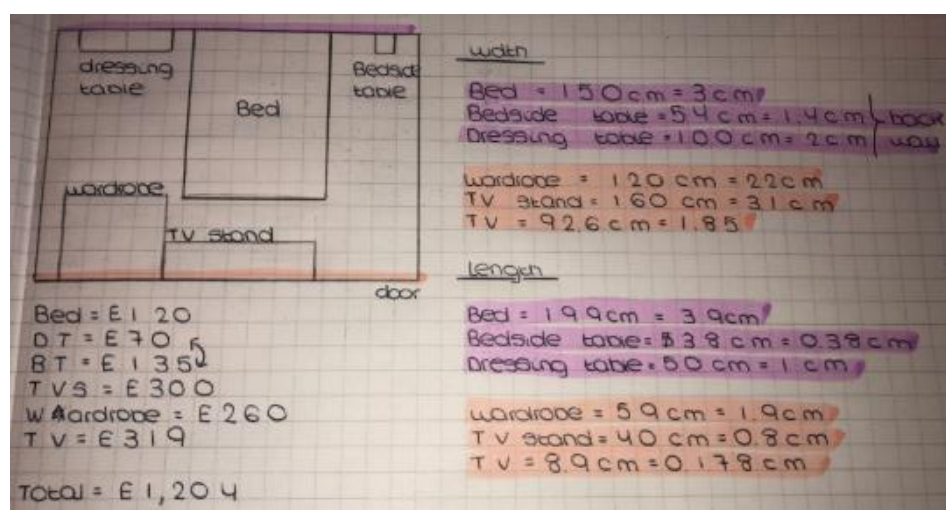
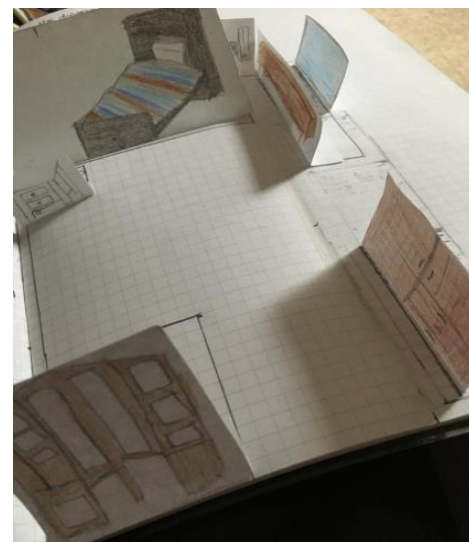
Weekly Challenge

Research task:

This week Year 8 have been tackling scale drawings. Here are some of their fantastic drawings of their dream bedroom.

Over the Easter break I would like you to research further into this topic.

- Which careers make use of scale drawings?
- Have your parents ever had to use a scale drawing for anything at home?
- Can you produce a scale drawing of another room in your house, or design an ideal room?



Puzzle 2:

Abbreviations

Challenge

Work out what the abbreviations stand for.

Example, **18 H on a G C** is 18 Holes on a Golf Course.

- 1) 90 D in a R A
- 2) 3 S on a T
- 3) 7 D of the W
- 4) 2, 4, 6 = The F T E N
- 5) 8 L on a S
- 6) 26 L in the A
- 7) 100 = T S
- 8) 6 F on a C
- 9) 10 M in a C
- 10) 5 T on a H F

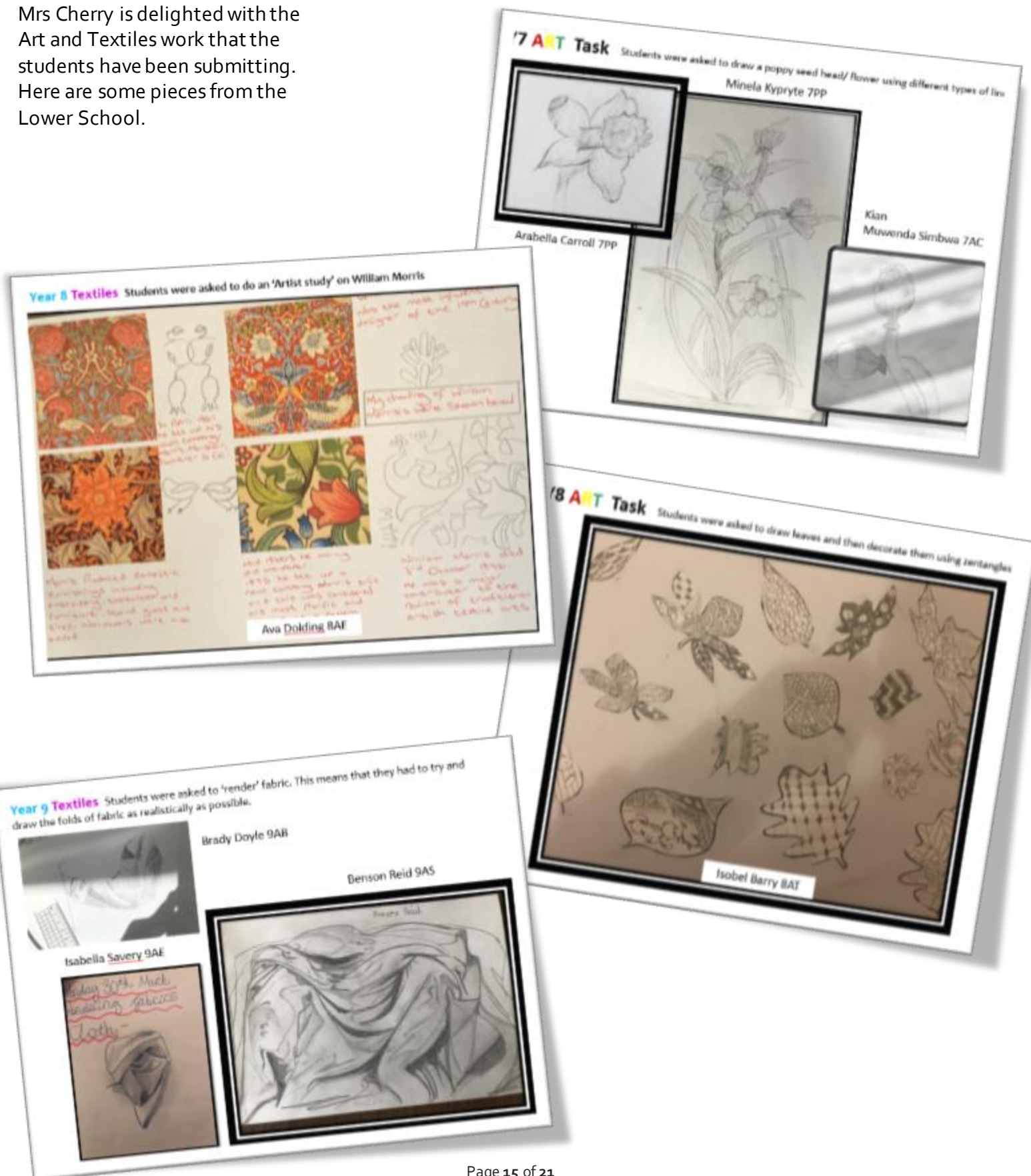
There are 60 questions on this task. The whole document can be found on the school website with the isolation work "Abbreviations Challenge".

See if you can complete these all as a family over the Easter break!

Send any solutions for the research or puzzle challenges to Mrs Blacow via the "contact staff" function on the school website!

Art & Textiles Department

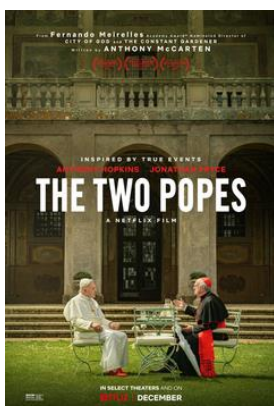
Mrs Cherry is delighted with the Art and Textiles work that the students have been submitting. Here are some pieces from the Lower School.



RP Department Recommendations



BBC iPlayer – Sacred Wonders Series 1 Episode 1 Find out what people do for faith in the most spectacular sacred places.



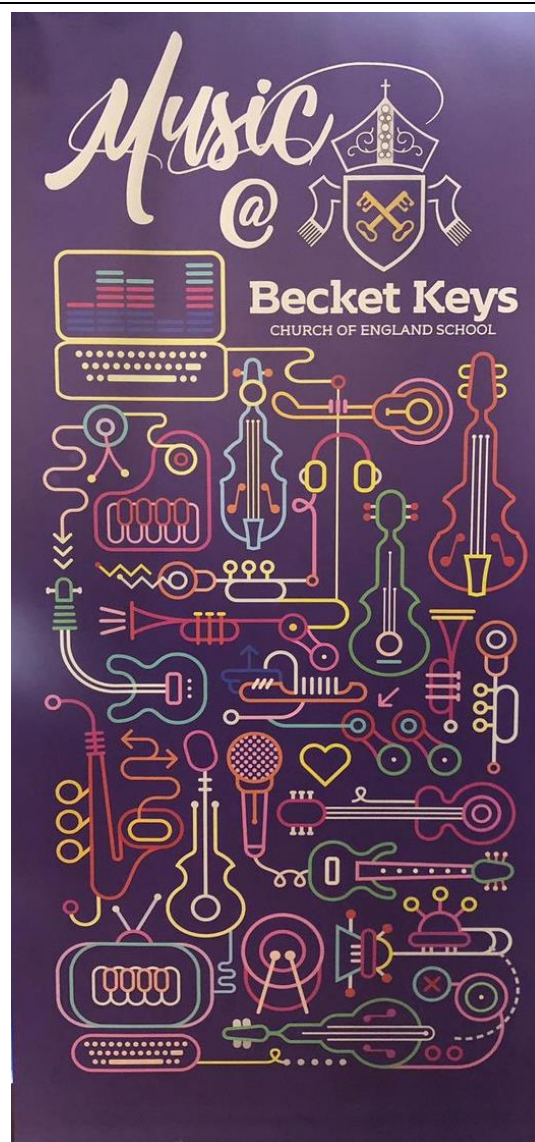
Netflix – The Two Popes

Behind Vatican walls, the conservative Pope Benedict XVI and the liberal future Pope Francis must find common ground to forge a new path for the Catholic Church.



Netflix – Noah

Noah is chosen by God to undertake a momentous mission before an apocalyptic flood cleanses the world.



For your listening pleasure.....

The Music Department will have some suggestions each week for pieces of music to listen to. You may find a genre you did not know you loved!

Ska

A Message to you Rudy – The Specials

<https://youtu.be/cntvEDbagAw>

Baroque

Spring from The Four Seasons

Vivaldi (performed by Anne Sophie Mutter)

<https://youtu.be/1G6doQH23NQ>

PAUSE

God's Easter Promise for You

'By his power God raised the Lord from the dead, and he will raise us also.'

1 Corinthians 6:14

'For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.'

John 3:16

Millions and millions of Christians around the world celebrate Easter every year. However, for far too many of us the story has become boring and rote. We have the basic facts down. Jesus was arrested. He was crucified. And three days later, God raised him from the dead.

Secular/commercial celebrations may also dominate. Easter eggs have their place in celebrating Easter day, but they lose their symbolism when they are eaten from New Year's Day onwards!

We can so easily miss something very important by not engaging fully in the Easter story. We can miss what makes Easter a life-transforming way of life. The



story of the Resurrection is not just Jesus' story, *it is our story as well*. We are a part of the Resurrection. Jesus' death and Resurrection did not just prove there was life after death. The Resurrection proves *you* can have life after death, that there is life beyond *your* grave. Jesus says, if you trust in him, death becomes a transition, not an ending point. God made you to last forever! Through Jesus' sacrifice for us upon the cross more than 2,000 years ago, we have hope and the promise of eternal life. This is the promise of Easter.

Consider the words of this hymn:

Blessed assurance, Jesus is mine!
O what a foretaste of glory divine!
Heir of salvation, purchase of God,
Born of His Spirit, washed in His blood.
This is my story, this is my song,
Praising my Saviour, all the day long;
This is my story, this is my song,
Praising my Saviour all the day long.

This is our story, this is our song!
Let our lives be touched by Jesus' love, transformed by His love, a love which is to Easter in us. As Jesus promised in blessing and sending out His disciples, He is with us always, to the end of the age.

Reflection:

- Why do you think the story of Jesus' Resurrection grows stale for many believers?
- How does internalising "the promise of Easter" transform how you live your life?
- How can you help others understand how they can have eternal life through Jesus' Resurrection this Easter season?

What next?

Worship @ Home

Make sure that you engage fully with the story this Easter and beyond!



I hope you have had the opportunity to use the first 'Worship@Home' materials sent earlier in the week. I will be writing family acts of worship once a week to support our school community at this challenging time. The first edition came with a Parents' guide to aid preparations for worship at home.

To recognise the significance of Holy Week, and to help us hold on to the promise of Easter, I have written additional daily acts of worship for Palm Sunday through to Easter Day.

These are available with this Newsletter. Typically, the arrival of new materials will be announced on our Twitter feed and the Acts of Worship will appear on our website. There is a Worship@Home tab in 'The School' drop down menu, for your convenience. I hope you find these materials useful for your spiritual growth and wellbeing.

I pray that we will all be with Jesus in thought and prayer throughout the remaining days of

Lent and into Holy Week, as he demonstrates His total love for us. May we live in the wonder of this goodness and marvel at his endless grace forever. May we see the cross in the light of Easter, as the place where the glory of God shines out. May we and our families be blessed as we celebrate the true meaning of Easter; from the reflection of Holy Week and Good Friday to the joy of Easter Sunday. May we rejoice in the promise of eternal life.

Mrs Sharp
Deputy Headteacher



BECKET KEYS
Church of England School

Candle in the Window

The Becket Keys Community are placing a lit candle in their window each evening at 7.00pm

Please tweet us a picture @BecketKeys using the hashtags #CandleInTheWindow #CandleofHope





Shine a light for Coronavirus

IN THE TIME OF QUIET

*No one's told the daffodils
about the pause to Spring*

*And no one's told the
birds to roost and asked
them not to sing*

*No one's asked the lazy
bee to cease his bumbling
round*

*And no one's stopped the
bright green shoots
emerging through the
ground*

*No one's told the sap to
rest, deep within the
wood*

*And stop the sleepy trees
from waking, wreathed
about in bud*

*No one's told the sky to
douse its brightest shades
of blue*

*And stop the scudding
clouds from puffing
headlong into view*

*No one's asked the lambs
to still the springs
beneath their feet,*

*To stop their rapid rush
and quell each joyful
bleat*

*No one's told the stream
to halt its gurgle or its
flow*

*And warned the playful
breezes, not to gust and
blow*

*No one's asked the
raindrops not to fall upon
the earth*

*And fail to quench the
soil in the season of
rebirth*

*No one's locked the sun
down, or dimmed the*

shimmer of the moon

*And even in the darkest
night, the stars are still
immune*

*Remember what you
value, remember who is
dear*

*Close the doors to danger
and keep your family
near*

*In the quiet all around us
take the time to sit and
stare*

*And wonder at the glory
unfurling everywhere*

*Look towards the future,
after the ordeal*

*And keep faith in Mother
Nature's power and will
to heal*

Anon.

Brentwood – Community Support

Organisation	Support Available	Support Available
Brentwood Covid 19 Mutual Aid	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.
Brentwood CVS	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council
Nisa 141 Kings Road CM14 4DR	Priority and home deliveries for the over 70s	01277 205816
Manna Meals	Offering Emergency Care Bags – groceries, chopped tomatoes, soup, soap, biscuits, toilet roll, tinned pulses and tuna. Also offering a phone friend service	07814855494
Ashlyn Farm Deliveries		01277 890411
Daily Bread Café St Peters Church CM13 1JS	Open for food collection on Tuesdays 9.00am-12.00pm, Thursday eves 8.00-9.00pm and Sundays 10.30-11.30am. If you are unable to collect food for yourself and need it delivered or would like someone to chat to.	Contact lisa@huttonparish.com or andy@huttonparish.com or phone 01277 262864 or 01277 514896.
Breakthru Church The Christian Centre 165 Hanging Hill Lane Hutton CM13 2QH	Food bank available Monday 10am- 12pm Thursday 10am-12pm	01277 229189
Doddinghurst Road Community Church 56-60 Doddinghurst Rd Brentwood CM15 9EH	Food bank available Tuesday 11am-1pm Wednesday 11am-1pm	www.brentwood.foodbank.org.uk

You will also find details of other organisations from CVS attached with this newsletter.



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[@MrScottEvans](https://twitter.com/MrScottEvans)

[@BecketKeysMusic](https://twitter.com/BecketKeysMusic)

[@BecketKeysPE](https://twitter.com/BecketKeysPE)

Facebook: [Becket Keys Church School](https://www.facebook.com/BecketKeysChurchSchool)