



# Becket Keys Church of England School

24<sup>th</sup> April 2020

IN THIS ISSUE

## Mr Scott-Evans writes...

### Matthew 5 v 4:

In my last article I wrote about the sense of grief that I was feeling and how I was trying to deal with it. Thank you for your comments about the usefulness of the article. Towards the end of it I wrote about a final part of dealing with grief being finding meaning in it.

Today, I want to write a little more about that. I hope that this resonates with you and proves useful. Perhaps Becket Keys families can think about what our longer term response to the Coronavirus is going to be. How will we find meaning? In what ways will our lives be changed?

All of the following 7 points (in one form or another) come from various things I have read and pondered including a letter which

was attributed to Bill Gates but actually was written anonymously and passed round the internet purporting to be from him when it was not!

Whatever you make of what I write here I would encourage you all to pray and to reflect on what God may be saying to you through this time. I have the pleasure of writing an article each week and it certainly helps me to think! What are you doing to reflect and meditate? Marilyn Monroe said in one of her poems, "Think in ink." As I said before, please feel free to write to me if it helps you! I cannot promise to write back to everyone, but I will do my best. Writing my thoughts helps me and seems to help some of you!

.....Contd on Page 2



**BECKET KEYS**  
Church of England School

## Meet the New Staff

Although we cannot meet them in person, we are welcoming some new staff to Becket Keys!

Page 3-4

## Food Glorious Food!

The school community have been busy in their kitchens during the past few weeks.

Page 8-11

## Biblical Pause

Walk with Us. The Road to Emmaus.

Page 16-17

## Community Assistance

If you, or anyone you know, needs assistance then there are local groups able to help.

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.....Contd from Page 1

Point 1: The Coronavirus is reminding us that we are all equally fragile when it comes to fighting it. Perhaps we will come out of this more aware of the fragility of life and remembering that we are all human. We are all part of the same family. Our community mourns with each of you whenever you lose someone close and special. We have prayed for Archie Mowatt's family this week as they lost a much-loved Grandparent.

Point 2. The virus is reminding us that we are all connected; something that affects one person has an effect on another. It is wonderful to see how Brentwood is pulling together in lots of ways through the crisis. I love the 'C-19' nod that we give when we see another person and make a wide berth! The nod says, "Even though we are making a 2 metre distance between us – we are closer together because of this."

Point 3. Covid-19 is reminding us of how precious our health is. I have become much more protective over my one form of outdoor exercise each day! Many of us are thinking more carefully about what we eat, and we are cooking with more fresh ingredients. One of our parents James Hillery has produced 'isolation bakes' – well worth checking out:

<https://www.youtube.com/channel/UCwCDw1b43N278qTPbBj3AeA>

Point 4. It is reminding us of the shortness of life and of what is most important for us to do, which is to 'love our neighbour' and care for those who are old or sick. Our purpose is not to earn more than our neighbour, pass more exams than our neighbour or buy more toilet roll than our neighbour! Love your neighbour!

Point 5. On a similar note, the virus is reminding us of how materialistic our society has become and to consider the essentials that we need (food, water, medicine) as really valuable as opposed to the luxuries that we sometimes unnecessarily give value to.

Point 6. It is reminding us of how important our family and home life is. The virus has us pushed back in our houses. We say, 'home is where the heart is', but it helps to be there too! For some of us it really is not easy! My own three children are having to find ways to get along and through the power of board games, the garden and the sharing of precious IT equipment we are learning to support each other! When have we ever spent this

much time together without a break before?!

Point 7. We have to choose whether to be patient or panic. The response is in our hands. We can either understand that this type of situation has happened many times before in history and will pass, or we can panic and constantly imagine every awful potential outcome and, consequently, cause ourselves more harm than good. How we respond to the crisis is what will define us - not the crisis itself.

I would encourage you to think about what 7 lessons the virus has taught you. What meaning are you making out of this? Like me, you might want to read around and see what other commentators are saying and then try writing your own list. Maybe share it with your family. See what they think. What do the children think?

Through finding meaning we find a way forward. May God bless you as we continue in lockdown and search for meaning.

**Mr Scott-Evans - Headteacher**

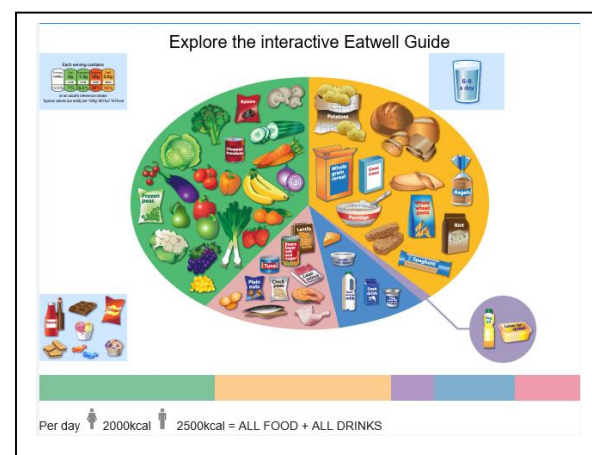






**Free  
School  
Meals**

Are you entitled?



## National free school meals voucher scheme - Update

All parents entitled to claim Free School Meals should now have received two separate emails with an e-code to claim your eGift card. The next one is due to be sent out on Monday 4<sup>th</sup> May and will cover the last 3 weeks of this term. If you have not received any of these emails, please contact the school. If you are having any other issues please contact Edenred at - [freeschoolmealsparentscarers@edenred.com](mailto:freeschoolmealsparentscarers@edenred.com)

Your eCode will expire after 1 month so please ensure you have claimed your eGift card by then. The first code sent will expire on **7<sup>th</sup> May**.

After you have redeemed your eCode, you have the timescales noted in the table in which to use the eGift card.

Aldi has confirmed this week that it has signed up to the national voucher scheme. The Department for Education continues to work to get more supermarkets to join the scheme.

If you need any further help please follow this link - [https://www.edenred.co.uk/Documents/DfE/DfE\\_FreeSchoolMeals\\_ParentCarerFAQs.pdf](https://www.edenred.co.uk/Documents/DfE/DfE_FreeSchoolMeals_ParentCarerFAQs.pdf)

There are a number of online resources available to support families in preparing healthy and nutritious food, including the [NHS Eat Well website](https://www.nhs.uk/eatwell/).

Supermarket	Expiry
Sainsbury's	24 months from last transaction
Tesco	5 years from last transaction
Asda	24 months from last transaction
Morrisons	12 months expiry
Waitrose (John Lewis)	24 months from last transaction
M&S food	24 months from last transaction

## Welcome to New Becket Keys Staff



### Mr Ioannou Head of Business & Economics

I am very excited to become Head of Department in Business and Economics at Becket Keys this year. I have always had a keen interest in Business since studying this at GCSE & A Level and have always had the aspirations of passing on my passion and knowledge to students.

I'm originally from London and read a degree at Brunel University in Politics and History, which may cause you to question why am I now teaching Business and Economics? I have always had aspirations to set up a small business, a goal I had set myself since a young age, and during my time studying my undergraduate degree I was able to use the skills and attributes gained to begin building a SME within the tennis community as I was head coach at three tennis clubs in Hertfordshire and London.

After many successful years of maintaining my company, I had decided that I wanted to help pass

on my passion for business by teaching this to the younger generation on a full-time basis by going into schools. Once I was given this opportunity, I have not looked back since. I was then based in two schools in London, which were very challenging but rewarding and allowed me to work with a variety of students and get them to reach their full potential.

Joining Becket Keys will allow me to spur on even more students and get them excited about Business and Economics. Seeing students succeed and take on Business related courses in the future will not only make me very proud, but should also be celebrated in our community as we have the potential to create future economists and entrepreneurs at Becket Keys.



### Mrs Brassett Head of Art

I was born in Essex and have taught Art locally for 16 Years. I always enjoyed art as a child. My dad would take me bird watching and I would take a sketchbook and draw all of the wildlife. My family were not

really 'arty' but my grandmother was a dressmaker and would encourage me to draw and cut patterns and create. My grandmother was the person who inspired me to follow my love of art into a career. From School I went on to study a Foundation Course in Art, Design & Textiles, where my love for art and multi-media really grew. I then went onto study for my degree at Somerset College of Arts & Technology on a course of Textiles, Art & Surface Pattern. During my final year at University, I designed interior fabrics for Next and Monsoon. This gave me the opportunity to explore textiles as a career and ultimately decide that I wanted to become an Art Teacher!

I have always enjoyed learning and wanted to work in a career that was exciting, different every day and a place I could use and develop my love for art to inspire others. I completed my teacher training in Essex and then began my career at a Brentwood School where I stayed for 16 years and built up a successful art department and met some wonderful students along the way. I then wanted to learn more and completed a master's degree in Contemporary Art at Goldsmiths University London. This gave me the chance to discover and make a variety of contemporary pieces and take part in large exhibitions, creating work on a large scale. I feel that this course gave me a wider insight into the world of art and extended my skills as a teacher and an artist. I then went on to study for an Educational Psychology Diploma

as felt that this would give me a wider insight into the way students learn and behave.

I then took some time away from teaching to have my daughter Ava Rose who is now seven years old and a budding artist! I truly love teaching art and practice it outside of school too; I sometimes take part in local exhibitions and enjoy creating exciting projects for teaching and learning.

I am originally from Billericay, I went to the Billericay School and this is where I met my husband! We sat together in art and science! We have been together for 23 years, in that time we have completed our degrees, moved house three times, bought two houses, renovated our 1920's house, had our daughter and got our dog, Bahloo!

I am a keen gardener and am proud of what we have achieved at our current home inside and out, the garden was like a forest when we moved in! I enjoy reading and spending time with my family, out on nature walks and watching movies and obviously creating art!

I am really looking forward to being part of Becket Keys and look forward to meeting you all in the future.



## Mr Fish Design & Technology

At school, I studied Resistant Materials, Graphic Products and Media Studies at A Level. I went on to study Film, Radio and Television with Digital Culture, Arts and Media at university. During my degree, I got the opportunity to learn how to use Photoshop and other 2D/3D design software which fueled my passion for Graphic Design. I have always enjoyed designing and making products; therefore, I took my PGCE in Design & Technology. I was fortunate enough to develop my skill set further by training in a variety of subjects which included Resistant Materials, Graphic Design, Textiles and Food Technology.

I have taught Design & Technology in Brentwood for the last 8 years where I have had lots of opportunities to inspire and educate students through Design & Technology and extra-curricular activities. I have led several competitions, activities and residential trips. I am extremely passionate when it comes to designing and enjoy challenging students to stretch their

imagination to develop commercially viable products.

My other passion is sport. I am a qualified Basketball coach and have appreciated coaching teams from Year 7 to Sixth Form. I have had opportunities to coach alongside National Basketball League players and staff which was very rewarding. I also enjoy playing for a six-a-side football team and going to the gym.

In this uncertain time, it is very surreal to be starting a new job, but I am really looking forward to join the Design & Technology department at Becket Keys.



## Student Newsletter

Mr Shields has been busy working on a newsletter especially for students. Remember to share this information with your son/daughter.

Your family can be featured, so please send any contribution to [office@becketkeys.org](mailto:office@becketkeys.org)

The latest issue will be distributed on Monday.



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# 60 Daily Tasks



## Here is the plan for the Last 30 Days



<b>Day 31 –</b> Find three inspirational quotes and write them down <input type="checkbox"/>	<b>Day 32</b> Create a digital photo collage using 5 images <input type="checkbox"/>	<b>Day 33</b> Write a letter or send a card (Email or E-Card) to an elderly relative <input type="checkbox"/>	<b>Day 34</b> Leave three happy notes for someone else to find in your house. <input type="checkbox"/>	<b>Day 35</b> Make a list of 10 things you want to do <input type="checkbox"/>	<b>Day 36</b> Go on YouTube and try...  <input type="checkbox"/>
<b>Day 37</b> Create a gratitude list of everything you are thankful for <input type="checkbox"/>	<b>Day 38</b> Do something nice for a sibling or parent/carer. <input type="checkbox"/>	<b>Day 39</b> Create your own Playing card with your favourite number and suit <input type="checkbox"/>	<b>Day 40</b> Find a learning podcast and try it out! <input type="checkbox"/>	<b>Day 41</b> Ensure you have 5 fruit and Veg today <input type="checkbox"/>	<b>Day 42</b> Do something helpful for a friend or family member today. <input type="checkbox"/>
<b>Day 43</b> Write down five positive things about yourself on Post-It-Notes <input type="checkbox"/>	<b>Day 44</b> Tag your friends in a pic that brings you happy memories <input type="checkbox"/>	<b>Day 45</b> Visit a virtual museum! Go online and explore the collections online <input type="checkbox"/>	<b>Day 46</b> Try to go to bed 1 hour early. <input type="checkbox"/>	<b>Day 47</b> Wake up early to watch the sun rise and see how beautiful it is <input type="checkbox"/>	<b>Day 48</b> Find a documentary on BBC iPlayer and watch it <input type="checkbox"/>
<b>Day 49</b> Do the washing up today <input type="checkbox"/>	<b>Day 50</b> Look up origami and make a crane <input type="checkbox"/>	<b>Day 51</b> Play an old computer game you haven't played for ages <input type="checkbox"/>	<b>Day 52</b> Use 10 French or Spanish words today <input type="checkbox"/>	<b>Day 53</b> Research the minimum wage in the UK for different ages <input type="checkbox"/>	<b>Day 54</b> Design a new school logo for your school <input type="checkbox"/>
<b>Day 55</b> Learn some British Sign Language with Charlie  <input type="checkbox"/>	<b>Day 56</b> Make a playlist of your top 10 songs and send to a friend <input type="checkbox"/>	<b>Day 57</b> Check in with your favourite YouTuber and see how they are doing <input type="checkbox"/>	<b>Day 58</b> Build the tallest Tower you can with a single piece of A4 Paper <input type="checkbox"/>	<b>Day 59</b> How many different words can you make from these letters: "CREATIVE RESOURCES" <input type="checkbox"/>	<b>Day 60</b> Wear your favourite items of clothing that make you feel great <input type="checkbox"/>

## The Body Coach

### Workout

Joe Wicks aka 'The Body Coach' continues to hold a daily workout that students can do from home whilst they are not at school to make sure they are getting some high quality exercise.

Every single day a live workout called 'PE with Joe' is broadcast on YouTube.

Joe says, "I'm going to get your kids moving, feeling energised, positive and optimistic."

Join in at 9.00am every day!

<https://www.youtube.com/watch?v=K6r9gN3kXME>

## Touch Typing



A really important skill that students will need now and beyond school is that of typing accurately and at speed. This is a great opportunity for students to practise these skills and to learn to touch type. Here is a great free resource – it is designed for KS3 students.

<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

This one provides free software to download and offers more advanced training:

<http://www.mavisbeaconfree.com>



We want you to know that SNAP are here to help families during this difficult time

The SNAP team is committed to ensuring we continue to deliver the best service we possibly can for families - registered and new - during this difficult time. We have always provided comprehensive online support with our [Information Network](#) and [Directory](#) and we will continue to share information, ideas and strategies.

We are researching and producing Information Sheets to help families to navigate these challenging times - please find below links to our first six as part of our [Coronavirus Family Guide](#). More information to follow will cover Anxiety and Activities.

SNAP's phone and email [Helpline](#) will continue to provide that essential listening ear for parents and carers for both registered and new families.

Our parent advisers are happy to book in a phone appointment with any family who needs more in depth support at this time.

**This Helpline is open from 9.00am until 5.00pm every Monday to Friday.**

**01277 211300**

[familyteam@snapcharity.org](mailto:familyteam@snapcharity.org)

## English Department

Mrs Russell's  
**Book of the Month - April**

**WHAT'S THE STORY?**

Henry "Monty" Montague was born and bred to be a gentleman, but he was never one to be tamed. The finest boarding schools in England and the constant disapproval of his father haven't been able to curb any of his roughish passions—not for gambling halls, late nights spent with a bottle of spirits, or waking up in the arms of women or men.

But as Monty embarks on his Grand Tour of Europe, his quest for a life filled with pleasure and vice is in danger of coming to an end. Not only does his father expect him to take over the family's estate upon his return, but Monty is also nursing an impossible crush on his best friend and traveling companion, Percy.

Still it isn't in Monty's nature to give up. Even with his younger sister, Felicity, in tow, he vows to make this yearlong escapade one last hedonistic hurrah and flirt with Percy from Paris to Rome. But when one of Monty's reckless decisions turns their trip abroad into a harrowing manhunt that spans across Europe, it calls into question everything he knows, including his relationship with the boy he adores.

You can also listen to the audio book here: <https://www.youtube.com/watch?v=NhU3i7FYU>

Mrs Russell's  
**Word of the Week**

**Amiable**

Definition in English:  
the quality of being friendly or good-natured

**In sentences:**

1. She had an **amiable** personality, always ready with a kind word and a smile.
2. There are times, so they say, when he also looks **amiable**.
3. He was an **amiable** chap, who wouldn't give any profit forecasts.

Use the word **amiable** as many times as possible throughout the week! This can be verbally, in your written work or even when messaging friends and family!



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## Food Department



I'm sure like me, you have all been thinking about food quite often:

- What three meals can we have today?
- How can I make the only thing I *can* control interesting and healthy (at least sometimes!)?
- What can I make with what is left in my fridge and cupboards?!
- I want to share pictures with family and friends of my latest cooking attempts
- I just want to cook as it's one of the things I love to do and it makes my family happy! 😊

Well I can see you all have been, as I have been inundated with pictures and messages of students cooking at home and creating dishes that they and their families enjoy. It has been absolutely wonderful to receive these pictures, so thank you very much. I can see how you are building on your skills in the kitchen and trying new things. Here are a few pictures sent in.



**Prawn Jambalaya**  
**Jaden Thompson Year 8**



**Chocolate Cake**  
**Thomas Heyes Year 9**



**Lemon Drizzle Cake**  
**Mae Blackwell Year 7**

I have also been very impressed by Josianne Pouadjeu Kammani who has created a YouTube account with step by step videos on how to cook a lovely lasagne



and cakes. I asked Josianne what inspired her to do this and here is what she said:

*'What inspired me to start my videos was the opportunity to share my passion with others and the fact that I could develop new skills. What inspires me to cook is knowing that food can create memories. Just knowing that taking the first bite has the ability to transport people to another time and place or that your cooking leaves a good memory and taste for someone really is amazing and makes me feel happy. My favourite chef is Gordon Ramsay because he is so motivated to make the whole world a tastier place with all his cooking shows.'*

*'My parents really inspire me to cook as they can both cook well and that motivates me to try and be as good as them. They also invest time in helping me to learn different recipes and I would not be able to do what I do without them.'*

**Josiane Pouadjeu Kammani**  
**Year 9**

After reading what Josiane wrote I totally felt her passion and connected with what she wrote about food memories. My favourite food memory is eating Pad Thai on a beach in Koh Lanta, Thailand and is a dish I often cook at home to take me back to that food memory. Please do check out Josiane's latest recipe on YouTube and send me a picture if you try her dishes.

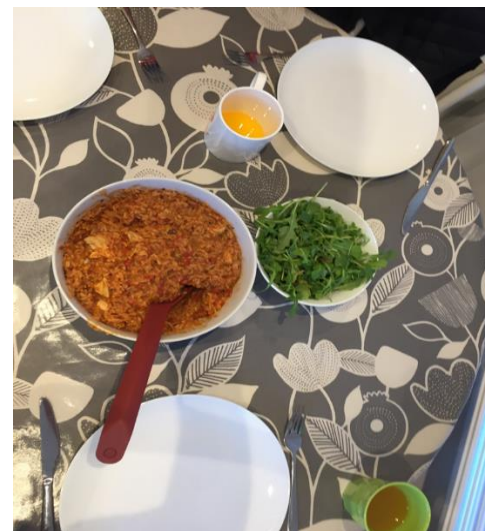
<https://youtu.be/ifenKmUCNww>

This week Mr Shapland and I have set some home learning for

students to cook a dish or two from the recipe book uploaded on SMHW. If you want to use one of your own family recipes instead that would be great too! We just want you to get cooking to continue on building the skills you have developed in school so far. Please do ask permission first before you venture into the kitchen and promise to clean up everything afterwards! ☺ We will look forward to receiving pictures of your food as and when you cook, but in the meantime please enjoy these photos of student's work. They have already taken to the challenge of cooking at home. You are all really are doing an amazing job - keep it up!



**Mushroom, Spring Onion And  
Pea Risotto.**  
**Alfie Driscoll Year 8**



**Jambalaya with rocket salad**  
**Ryan O'Flaherty Year 8**



**Macaroni Cheese**  
**Alfred Clark Year 8**

Alfred's mum is a Carer for a 92-year-old man, who will be enjoying Alfred's Macaroni Cheese for his lunch. They are also going to make Mr Thorpe's Sausage casserole at the weekend, watch this space for pictures!

**Mrs English**  
**Food Teacher**

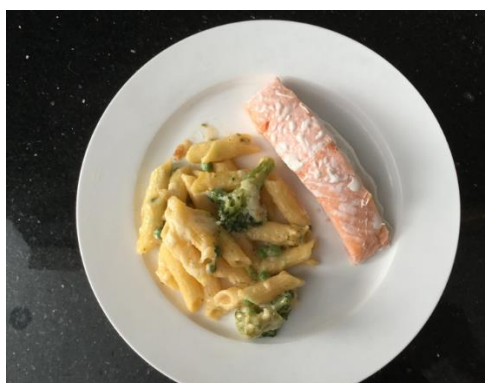


Chicken, mash and broccoli with a mushroom and marsala sauce.  
Taylor Jamieson Year 7



Egg, Pea, Red Pepper, Feta and Mint Muffins for Lunch while my mum worked!

Hannah Thomas Year 9



Salmon with Cheesy Broccoli and Pasta Bake.  
Mae Blackwell Year 7



Last week's recipe was for bread and butter pudding and GCSE Food student Teddy Potter had a go at making it and as you can see it turned out really well.



Homemade salmon and cod fish cakes with vegetables.  
Ronnie English Year 7



Apple Crumble & Scotch Pancakes with fruit.  
Edith Johnstone Year 7

Daily Bread Pop up Cafe are open every day except Sunday for food, 9.45-10.15 am for Key workers, 10.15am-12.00 pm everyone else.

Please phone 01277262864 or email [office@huttonparish.com](mailto:office@huttonparish.com) for enquiries. They also accept food donations.



## Recipes to Try at Home

### Macaroni Cheese



This versatile recipe can be served as a side dish, or you can have it as a meal in itself. I often add a variety of different ingredients to boost the veg content and use up things I have in the fridge. You can choose from cauliflower, tomatoes, peas, broccoli, chopped onions, leek or mushrooms. It also works with a wide range of cheese if you haven't got cheddar. Serves 1.

Here is Huw, the "Kitchen Daddy", making a luxury Mac and Cheese

<https://www.youtube.com/watch?v=OD32Lfa6H2M>

### Ingredients

75g Macaroni  
10g Butter or Marg  
15g Butter  
15g Flour  
150ml Milk  
40g grated cheddar  
¼ teaspoon mustard  
Grated parmesan (optional)

### Method

Pre-heat the oven to 220C or Gas mark 7.

Boil the pasta in salted water for 10 minutes and set aside.

In a cold pan mix the flour, butter and milk and start to warm on a medium heat. Make sure you stir this constantly to avoid lumps.

Add 2/3rds of the grated cheese, and season with pepper and mustard. It may also need salt, depending on how salty the cheese is, so taste and add anything more you think the sauce needs. Tip in the cooked pasta and stir to coat.

Put the mixture into an oven proof dish and bake for 15 minutes until golden and bubbling. You can finish with grated parmesan - if you have it.

For those with a sweet tooth, why not try this recipe? This is inspired by Mairéad Jordan, another Food GCSE student, who made these delicious looking chocolate brownies. She made them using chocolate left over from her Easter eggs, which I think shows great willpower!



### Mairéad's Chocolate Brownie Recipe

### Brownies

200g Chocolate  
175g Butter  
325g Sugar  
150g Plain flour  
3 Eggs

### Method

Melt the chocolate and butter in a bowl over a simmering pan of water.

Stir until smooth.

Add sugar and stir until dissolved.

Add flour and stir until incorporated.

Add eggs one at a time and stir well until incorporated.

Pour mixture into a tin lined with baking paper.

Cook for approx 30-35 minutes at 180° C

Leave for 10 minutes once out of the oven and cut into squares.

Sprinkle with icing sugar if desired.

I hope you enjoy making these. Please email [office@becketkeys.org](mailto:office@becketkeys.org) photos of food you are making at home and I will feature the best ones here next week.

Remember: Keep active, stay calm and get cooking!

**Mr Shapland**  
**Head of Food**



# Mathematics Department

## Mathswatch

Looking at the Mathswatch statistics so far for this month, it is wonderful to see so many of you making excellent use of this resource! I am especially impressed with Year 8 students who have watched the highest number of interactive videos and have completed the most “practice questions”! This proactive attitude is vital as we continue to work independently from home. I can see some great determination to succeed from all the students who have chosen to watch videos or complete practice questions to help develop their mathematical skills!

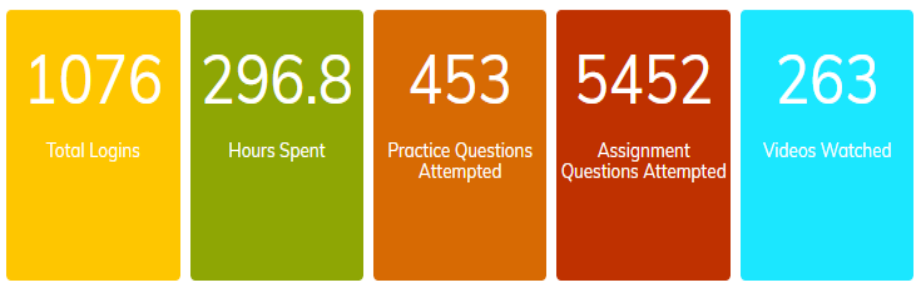
### Weekly Challenge

#### Research task: “Mathematical Alphabet”

Looking around your home and garden what can you count? This week I would like families to see if they can rise to the challenge of counting the items at home, can you find exact numbers of items up to 10? What is the largest number of one single type of item that you have? You could compete this with your siblings!

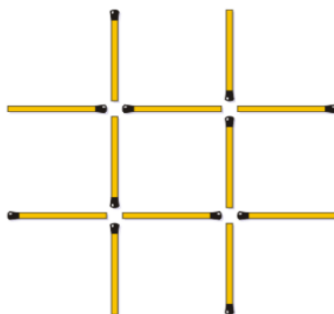
For example, in my home I have the following:

- 1: Sofa-bed
- 2: Cats
- 3: Framed maps
- 4: Fancy coffee mugs



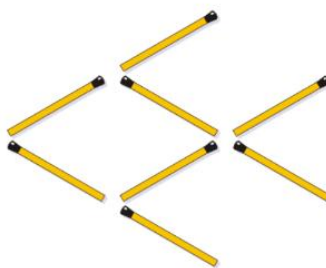
5: Dining chairs  
etc

#### Maths Puzzle 2: Matchsticks



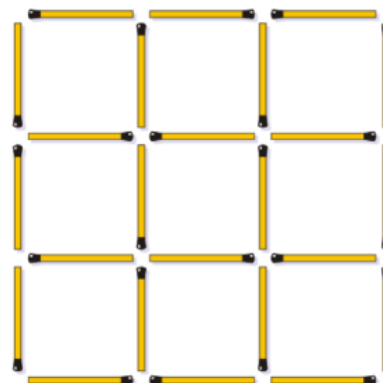
Take twelve matchsticks and arrange them into the grid shown above.

Now move only three matchsticks so that you get exactly three perfect squares.



Arrange 8 matchsticks to form the fish swimming left as shown in the illustration.

The object of the puzzle is to move 3 matchsticks to make the fish swim in the opposite direction, i.e. to the right.



24 matchsticks are used to form the figure in the illustration.

Remove 8 matchsticks and end up with just two squares

As always, any solutions can be sent to me via the school website or in an email to [office@becketkeys.org](mailto:office@becketkeys.org).

**Mrs Blacow**  
**Head of Mathematics**

Created by BiblePuzzles.org.uk

The image shows three boxes. The first box contains the word "DANIEL" in bold black letters, surrounded by a border of the words "LION" and "NOIT" repeated. The second box contains the list "c i ii" in a simple black font. The third box contains the word "COAT" in large, colorful, blocky letters.

SPEECH EVEREST	MON ↑ MON MON MON MON	NOAH NOAH
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CRYSTAL	PRIEST	LISTEN! WAIT! JUMP! START! STAND! Go! FETCH! STOP! LOOK! SIT!
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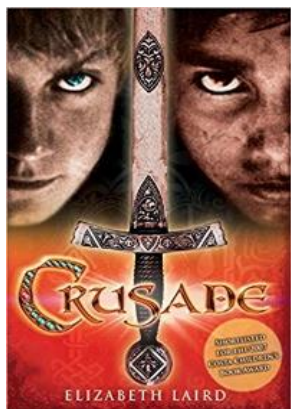


This is God's world and we are stewards of God's world. Reflect on the words of this poem. Feel inspired to take action. This is not a single day. It is a way of life.

(Ganga White)

## History Department

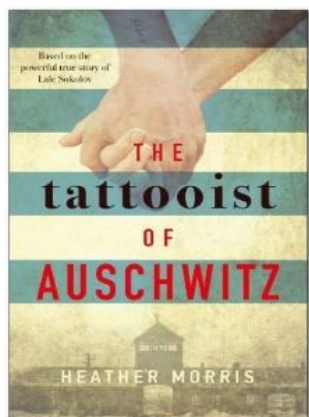
Please find below some suggested fiction reads that relate to History. Happy reading!



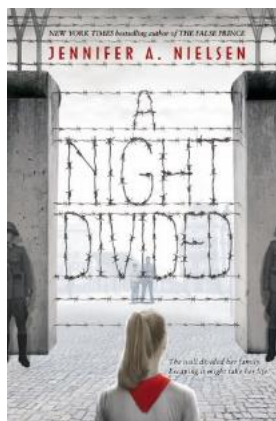
Year 7  
Crusade by Elizabeth Laird



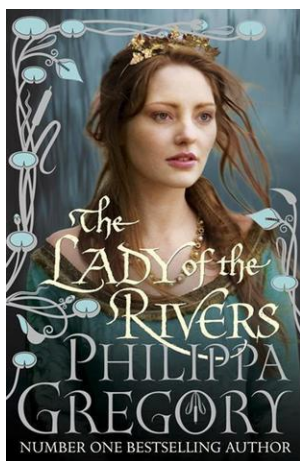
Year 8  
Freedom by Catherine Johnson



Year 9 The Tattooist of Auschwitz by Heather Morris



Year 10  
A Night Divided by Jennifer A. Nielsen (Good preparation for Cold War)



Year 11 and upwards  
The Lady of the Rivers by Philippa Gregory

(First of a series on the Plantagenets)

Why not write and send a review to Mrs Knowles?



**IWM** IMPERIAL WAR MUSEUMS

'Our museums may be temporarily closed, but we'll continue to send you handpicked stories that resonate in remarkable times for your enjoyment at home. Your support - as ever - is appreciated.'

<https://www.iwm.org.uk/visits/iwm-london>



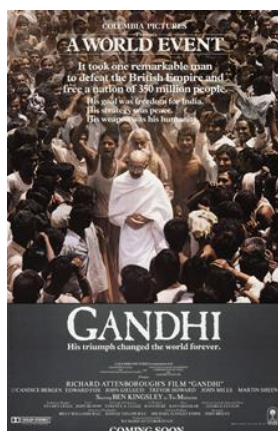
### GET READY FOR TAKE-OFF!

Calling all adventurers! Watch yesterday's **Adventures in History on YouTube**, or **join CBBC's Ben Shires** for a new Family Mission on Friday, only on Facebook. Our theme this week is aviation.

[https://www.iwm.org.uk/learning?utm\\_source=IWM&utm\\_campaign=dd18b3302-2020\\_4\\_23\\_Mosquito&utm\\_medium=email&utm\\_term=0\\_f618c86a94-ddd18b3302-106402557](https://www.iwm.org.uk/learning?utm_source=IWM&utm_campaign=dd18b3302-2020_4_23_Mosquito&utm_medium=email&utm_term=0_f618c86a94-ddd18b3302-106402557)



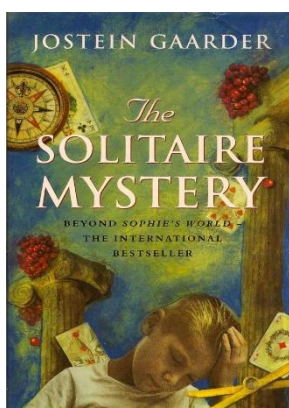
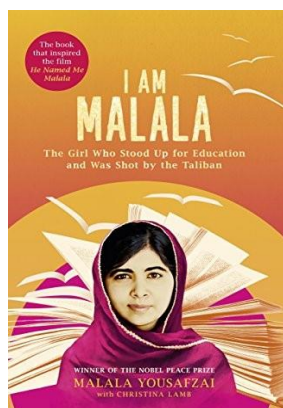
## RP Department Recommendations



### Recommended Films:

Gandhi – Good watch for Year 8 to support your home learning.

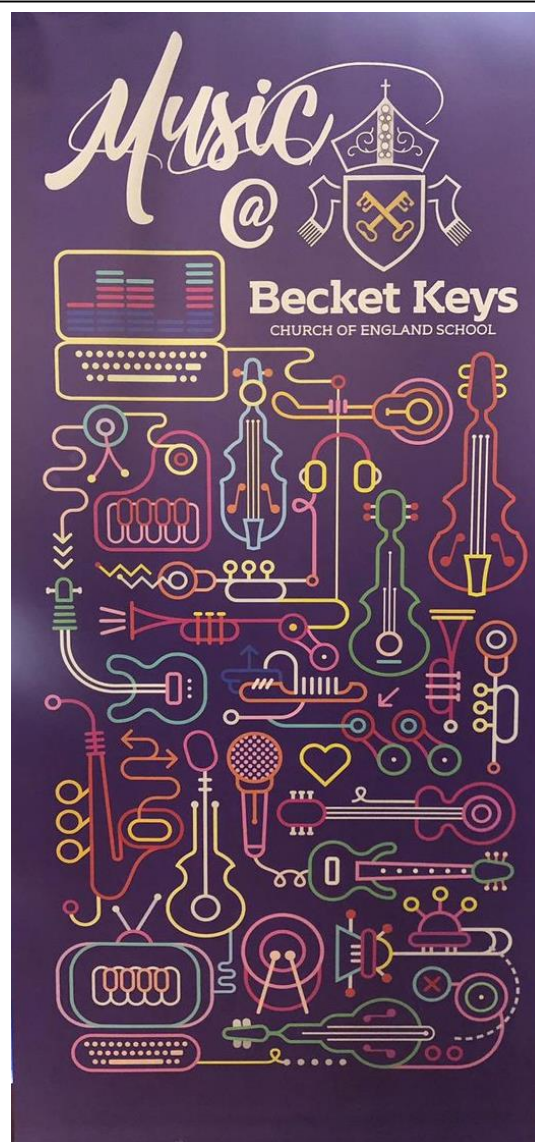
East is East (15) - Will support GCSE students with Islam



### Recommended books:

I am Malala

The Solitaire Mystery – Jostein Gaarder (Young Adult)



For your listening pleasure.....

The Music Department will have some suggestions each week for pieces of music to listen to. You may find a genre you did not know you loved!

### Indie

This Charming Man – The Smiths  
<https://youtu.be/cJRP3LRcUFg>

### Jazz

So What – Miles Davis  
<https://youtu.be/Tcg2Do13RJc>

# PAUSE

In the Bible, there are many moments of revelation. Likewise, in our lives, there may be many glimpses of God's truth. In these 50 days of Easter, we are drawn to scripture accounts of Christ's appearances to the disciples after the Resurrection. **'The Road to Emmaus'** (like many of the accounts) involves a story and we must begin by telling it!

On that same day two of Jesus' followers were going to a village named Emmaus, about seven miles from Jerusalem, and they were talking to each other about all the things that had happened. As they talked and discussed, Jesus himself drew near and walked along with them; they saw him, but somehow did not recognise him. Jesus said to them, "What are you talking about to each other, as you walk along?"

They stood still, with sad faces. One of them, named Cleopas, asked him, "Are you the only visitor in Jerusalem who doesn't know the things that have been happening there these last few days?"

"What things?" he asked.

"The things that happened to Jesus of Nazareth," they answered. "This man was a

prophet and was considered by God and by all the people to be powerful in everything he said and did. Our chief priests and rulers handed him over to be sentenced to death, and he was crucified. And we had hoped that he would be the one who was going to set Israel free! Besides all that, this is now the third day since it happened. Some of the women of our group surprised us; they went at dawn to the tomb but could not find his body. They came back saying they had seen a vision of angels who told them that he is alive. Some of our group went to the tomb and found it exactly as the women had said, but they did not see him."

Then Jesus said to them, "How foolish you are, how slow you are to believe everything the prophets said! Was it not necessary for the Messiah to suffer these things and then to enter his glory?" And Jesus explained to them what was said about himself in all the Scriptures, beginning with the

books of Moses and the writings of all the prophets.

As they came near the village to which they were going, Jesus acted as if he were going farther; but they held him back, saying, "Stay with us; the day is almost over and it is getting dark." So, he went in to stay with them. He sat down to eat with them, took the bread, and said the blessing; then he broke the bread and gave it to them. Then their eyes were opened and they recognised him, but he disappeared from their sight. They said to each other, "Wasn't it like a fire burning in us when he talked to us on the road and explained the Scriptures to us?"

They got up at once and went back to Jerusalem, where they found the eleven disciples gathered together with the others and saying, "The Lord is risen indeed! He has appeared to Simon!"

The two then explained to them what had happened on the road,



and how they had recognised the Lord when he broke the bread.

**Luke 24:13-35**

The gift of story is significant in the way the Scriptures have been written and shared. They began as a faithful retelling of stories from generation to generation: around a fire, walking along the road, and then written down for us to hold onto today. In this account, Jesus begins to reframe the experience of the two disciples on the road by explaining God's story, told through the Scriptures. It is as if this unknown teacher takes their isolated beads of knowledge and re-strings them into a different sequence, revealing a new pattern: God's story. We see within Scripture the imperative and the power of sharing God's story. As Jesus walked along the road, the disciples did not realise who he was until Jesus recited his own words, and their eyes were opened. There is power in God's Word and the faithful proclamation of it. We are all called to be witnesses of Christ and the **reality of the resurrection is the greatest story we can tell**. It is a story that changes lives.

Who might we share this story with? Look for the chance to spend time (i.e. by phone or video link) with someone who may feel alone at this time. Take time to listen to them and pray for an opportunity to share a story of what Jesus has done for you.

### Let us pray:

Father, we thank you that you meet us where we are. We thank you that you walk the road with us, that you treat us as an equal, even when we fail to recognise you. You always love us, you always care for us, you always want to eat and drink with us – such is your love. Thank you, Lord, that you are not a stranger, but our friend. **Amen.**

An introduction and the first edition of our new 'Worship@Home' series accompanies this newsletter. The series focuses on 'putting on' the clothes of Christ, so that we can live faithfully and be a reflection of Him, regardless of the challenging times we currently find ourselves in.

**Mrs Sharp**  
**Deputy Headteacher**

## Candle in the Window

The Becket Keys Community are placing a lit candle in their window each evening at 7.00pm

Please tweet us a picture @BecketKeys using the hashtags #CandleInTheWindow #CandleofHope



### New 'Worship@Home' series

An introduction and the first edition of our new 'Worship@Home' series accompanies this newsletter. The series focuses on 'putting on' the clothes of Christ, so that we can live faithfully and be a reflection of Him, regardless of the challenging times we currently find ourselves in.



## Brentwood – Community Support

Organisation	Support Available	Support Available
Brentwood Covid 19 Mutual Aid	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.
Brentwood CVS	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church  Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church  Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church  Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church  Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council
Nisa 141 Kings Road CM14 4DR	Priority and home deliveries for the over 70s	01277 205816
Manna Meals	Offering Emergency Care Bags – groceries, chopped tomatoes, soup, soap, biscuits, toilet roll, tinned pulses and tuna. Also offering a phone friend service	07814855494
Ashlyn Farm Deliveries		01277 890411
Daily Bread Café St Peters Church CM13 1JS	Open for food collection on Tuesdays 9.00am-12.00pm, Thursday eves 8.00-9.00pm and Sundays 10.30-11.30am. If you are unable to collect food for yourself and need it delivered or would like someone to chat to.	Contact lisa@huttonparish.com or andy@huttonparish.com or phone 01277 262864 or 01277 514896.
Breakthru Church The Christian Centre 165 Hanging Hill Lane Hutton CM13 2QH	Food bank available Monday 10am- 12pm Thursday 10am-12pm	01277 229189
Doddinghurst Road Community Church 56-60 Doddinghurst Rd Brentwood CM15 9EH	Food bank available Tuesday 11am-1pm Wednesday 11am-1pm	<a href="http://www.brentwood.foodbank.org.uk">www.brentwood.foodbank.org.uk</a>



### Weekly Schools Bulletin

A resource to support schools and families throughout the COVID-19 pandemic

**Audience:** Essex Schools  
**Author:** Essex Child and Family Wellbeing Service  
**Issue:** 3.

Your ECPWS Healthy Schools and Public Health Team are coordinating family friendly activities, advice and guidance for teachers and parents covering themes outlined within national curriculum guidance on Personal Social Health and Economic (PSHE) education. We will be sharing these in the coming weeks on our Facebook pages, which can be found via our [website](#). These resources are easily adaptable at home, school or in 'virtual' classrooms. Teachers and parents are encouraged to visit our [COVID-19 Pandemic Resource Hub](#) for support and guidance during this time. We urge you to share this bulletin with your whole school community.

#### PSHE activities (Ideas to support emotional and physical health)

<b>Title:</b>	<b>Safely keeping Children and Young People connected</b>
<b>Content:</b>	With schools out for the foreseeable, it is inevitable the children and young people will be missing their friends. <a href="#">Internet Matters</a> has some brilliant advice on how to set up virtual play dates so everyone can feel connected. For <b>younger children</b> it supports you to video chat, set up parent groups and more. For <b>older children</b> you can access all the information you need to understand apps like Houseparty and advice regarding cyber bullying.
<b>Title:</b>	<b>Emerging Minds</b>
<b>Content:</b>	Emerging Minds COVID-19 webinar series has been developed in collaboration with the Mental Elf. It is running a series of webinars on a range of topics focussed on children and young people's mental health and wellbeing at this time. You can access the timetable and details of how to join <a href="#">here</a> .

#### Did you know...

Axel Scheffler, the award-winning, internationally-acclaimed illustrator of some of the most well-loved children's books (such as *The Gruffalo*) has illustrated a [digital book](#) for primary school age children. The book is free for anyone to read on screen or print out, about the coronavirus and the measures taken to control it.

The 20 – 26 April is Stalking awareness week. **Stalking** is defined as fixated, obsessive, unwanted and repeated behaviour. It may seem normal and ordinary in isolation, for example receiving a text or phone call, but when it is repeated and alongside other unwanted behaviour it may cause alarm and distress for the victim. Resources from the 2019 campaign can be used by partner agencies to support the 2020 awareness week and can be found on the SETDAB [website](#).

#### Adrenalin Auto-Injectors (AAI) Update:

The manufacturers of Emerade, Pharnaswiss Ceska Republik s.r.o., are recalling all unexpired Emerade 150 and 300 micrograms pre-filled syringes containing adrenalin which are used in the emergency

treatment of anaphylaxis. This recall is due to an error in one component of the auto-injector believed to cause some pre-filled syringes to fail to activate and deliver adrenaline. GPs and Pharmacies are in the process of contacting by letter those patients who have been prescribed these products, advising them to contact their doctor (via telephone, where appropriate, following COVID-19 social distancing and shielding advice) now to get replacements.

This information is cascaded widely, however not everyone is aware. If your school holds these devices either prescribed for individual pupils or obtained under the 'Spare Pens In Schools' scheme please either contact the parent if prescribed or the Pharmacy who supply the 'Spare Pen In Schools' to you to arrange an alternative.

For more information on the recall see link to [Allergy UK website](#).

#### Do you need support regarding a particular child or young person?

Your School Nurse is available to support you with the Health and Wellbeing needs of any child, young person or family you may have concerns about. Please contact your local team for further information:

Mid Essex Tel: 0300 247 0014  
 North Essex Tel: 0300 247 0015  
 South Essex Tel: 0300 247 0013  
 West Essex Tel: 0300 247 0122

**CHAT Health:** Our texting service remains active and is well resources with highly skilled School Nurses. Young People have the opportunity to contact us directly.

Mid Essex School Nursing Service	07520 615731
South Essex School Nursing Service	07520 615732
West Essex School Nursing Service	07520 615733
North East Essex School Nursing Service	07520 615734

Checkout our website and search engine for services local to schools and your communities:

[www.essexfamilywellbeing.co.uk](http://www.essexfamilywellbeing.co.uk)

# Becket Keys Church of England School

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