



**Be a superhero!
Stay home and
save lives**

Becket Keys Church of England School

1st May 2020

IN THIS ISSUE

Mrs Trebess writes ...

"To all those people who are finding it difficult at the moment, the sun will shine on you again, and the clouds will go away."

Captain Tom Moore



I am writing this article on Captain Tom's birthday and want to take the opportunity to say 'thank you Captain Tom!' Not just for raising an incredible amount of money for the NHS (more than £30 million so far) but for raising our spirits as a nation,

for being an inspiration to so many people and a symbol of hope at such a difficult time for all of us. It struck me that Captain Tom embodies many of the qualities we strive for at Becket Keys and indeed we teach through our Christian values... caring, respect, responsibility, honesty and trustworthiness.

It is amazing to see the difference that one person can make. Just take a look at the picture on the next page of some of the 125,000 cards that were sent to him to celebrate his 100th birthday! Incredible! His legacy will live on for years to come.

Captain Tom has inspired us all to be heroes, and as we are all being told daily, the most important way in which we can all be heroes at the moment is to stay home - to save lives and protect the NHS.

.....Contd on Page 2



BECKET KEYS
Church of England School

Meet Another New Staff Member

Although we cannot meet them in person, we are welcoming some new staff to Becket Keys!

Page 4

Department News

We have exciting information and updates from some of our departments this week.

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Biblical Pause

Holding on to Faith.

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Community Assistance

If you, or anyone you know, needs assistance then there are local groups able to help.

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.....Contd from Page 1

I know that our students are working hard at home on the work set for them by their teachers. I know that family situations vary drastically and for some this must be very difficult, particularly if there are lots of siblings at home, not enough computers to go around and little opportunity for quiet and concentration! Please know that we understand all of these things and we know that as families you are doing your best. We hope that the way we are setting work is supporting you. We have published a 'Ways of Working' document on the Covid-19 page of the school website to help you to see how each department is setting work this term and to know in advance which pieces of work should be submitted for teacher feedback this term. Please do have a read.

<https://www.becketkeys.org/Ways%20of%20working.pdf>

I hope that you are all staying safe, staying home and doing whatever you can to help and support others: the old, the vulnerable and our amazing keyworkers. In this way, we can all do our own little bit for the community. And perhaps we can all be just a little bit like Captain Tom.

Mrs Trebess
Deputy Headteacher



Brentwood Foodbank do not think anyone in the community should have to face going hungry. That is why they work hard with their volunteers to provide three days' nutritionally balanced emergency food and support to local people who are referred when in crisis. They are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

BRENTWOOD FOODBANK REQUIREMENTS URGENTLY REQUIRED

- Tinned mixed peas/carrots,
- Tinned Ham
- Rice Pudding
- Fruit
- Spaghetti
- Hot Dogs
- Jams
- Washing Powders/Liquids & Washing Up Liquid
- Pump Antibacterial Soap
- Razors and Shaving Gel/Foam

Many thanks to all those who are able to provide urgent support for the foodbank at this critical time.

<https://brentwood.foodbank.org.uk/>

Funded by
Department
for Education

Select **Edenred**



Free school meals

National free school meals voucher scheme - Update

All parents entitled to claim Free School Meals have received two separate emails with an e-code to claim their eGift card. The next one is due to be sent out on Monday 4th May and will cover the last 3 weeks of this term. If you have not received any of these emails, please contact the school. If you are having any other issues please contact Edenred freeschoolmealsparentscarers@edenred.com

Further guidance from the FSM voucher scheme states that all eCodes will now not expire after

a month as previously stated. The expiry date for all new eCodes sent is now 4 months after the delivery date. Previous eCodes not yet redeemed, have also had their expiry dates extended, so they will also now expire 4 months after the original delivery date.

Aldi eGift cards are now available for parents/ carers to redeem and from 29th April McColls and Martins joined the scheme.

If you have not received an eCode, please check your spam folder or contact the school at office@becketkeys.org. If you are having issues with your eGift card or have not received this please contact freeschoolmealsparentscarers@edenred.com

Lewis Sharp Year 9 Art



I watched someone spray painting whilst in Spain on holiday and have been hoping to try it ever since, but never had the opportunity. Now we are at home, I thought that it would be a good thing to try.

First, I made templates for the planets and mountains and put them onto the paper. I then lightly sprayed over them, so that I knew where they were to be. Next, I took them off and tried different effects to make the planets and mountains look more realistic. I decided to use scrunched paper to get the right effect. I put the templates back down over them and then created the background freehand. Finally, I removed the templates to reveal my final piece.

Meet another New Staff Member



Mr Hogg Media/English Teacher

I grew up in Stanford-Le-Hope in Thurrock and attended the local 'Grant Maintained School' (as they were back then) called Hassenbrook.

My favourite lessons were English and Drama. My English teacher was the reason that I became a teacher myself. I have always loved language and creative writing, and have written stories and poems for as long as I can remember. I also made sure I was in every Drama production that the school put on!

When I went to Palmer's College, I studied BTEC Performing Arts and A Level English Literature – I then furthered this by reading Drama and English Joint Honours at Brunel University, West London.

I have been a teacher for 17 years

and in that time I have taught English, Drama and Media Studies. Media Studies is my passion and you will often find me quoting various films or TV shows. I am also a huge music fan and will listen to most genres according to my mood. I am self-taught on guitar and bass guitar and have gigged with live bands for over 20 years. I am even lucky enough to have a room in my house dedicated to the multitude of instruments and amplifiers I have accumulated over the years (believe me, there are many!)

Outside of school I am passionate about dog rescue and currently have two rescue sighthounds, named Edith and Stanley. They were both badly traumatised by their lives before they ended up in rescue centres and as a result we have had a lot of rehabilitation work to do with them. They were both very destructive when we got them and between them they destroyed a double bed, a corner sofa, various hooded tops, a dining table and my Harry Potter blu-ray collection! Stanley is also terrified of most other dogs, postal workers and delivery people! We are working with an amazing behaviourist though, and we are getting there slowly!

I am really excited to be joining Becket Keys and look forward to meeting you all when the school reopens!



Careers Information

The UK Government, the BBC and Open University have joined forces and come up with some online courses to help people brush up their skills in Mathematics and Tech. They look very good and now may be the time to have a go!

Here is the link

<https://nationalcareers.service.gov.uk/find-a-course/the-skills-toolkit>



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If you wish to find out more about our careers provision, please visit the school website for more information.

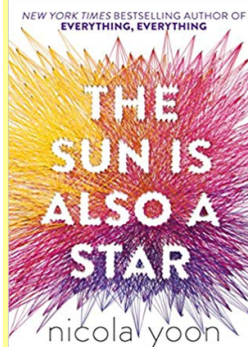
The careers page includes what is provided for each year as well as what we provide outside of the classroom for all year groups. There are links to many other organisations that can assist you with your career path.

<https://www.becketkeys.org/careers.php>

English Department



Mrs Russell's Book of the Month - May



WHAT'S THE STORY?

Natasha: I'm a girl who believes in science and facts. Not fate. Not destiny. Or dreams that will never come true. I'm definitely not the kind of girl who meets a cute boy on a crowded New York City street and falls in love with him. Not when my family is twelve hours away from being deported to Jamaica. Falling in love with him won't be my story.

Daniel: I've always been the good son, the good student, living up to my parents' high expectations. Never the poet. Or the dreamer. But when I see her, I forget about all that. Something about Natasha makes me think that fate has something much more extraordinary in store—for both of us.

The Universe: Every moment in our lives has brought us to this single moment. A million futures lie before us. Which one will come true?

You can watch the trailer here: <https://www.youtube.com/watch?v=3On0BxGnuI>

All books can be purchased on Amazon or you can support your local independent bookseller, www.chickenandfrog.com



Mrs Russell's Word of the Week

Alacrity

Definition in English:

brisk and cheerful readiness.

In sentences:

1. He rose with **alacrity** and moved away.
2. With a bridegroom's fresh **alacrity**, let us address the issues at hand.
3. Having approach the pool with great **alacrity**, Daniel dived into the water.

Use the word alacrity as many times as possible throughout the week! This can be verbally, in your written work or even when messaging friends and family!



We want you to know that SNAP are here to help families during this difficult time

The SNAP team is committed to ensuring we continue to deliver the best service we possibly can for families - registered and new - during this difficult time. We have always provided comprehensive online support with our [Information Network](#) and [Directory](#) and we will continue to share information, ideas and strategies.

We are researching and producing Information Sheets to help families to navigate these challenging times - please find below links to our first six as part of our [Coronavirus Family Guide](#). More information to follow will cover Anxiety and Activities.

SNAP's phone and email [Helpline](#) will continue to provide that essential listening ear for parents and carers for both registered and new families. Our parent advisers are happy to book in a phone appointment with any family who needs more in depth support at this time.

This Helpline is open from 9.00am until 5.00pm every Monday to Friday.

01277 211300

familyteam@snapcharity.org

Poem of the Week

The Walrus & The Carpenter

By Lewis Carroll

*THE sun was shining on the sea,
Shining with all his might;
He did his very best to make
The billows smooth and bright--
And this was odd, because
it was
The middle of the night.*

*The moon was shining sulkily,
Because she thought the sun
Had got no business to be there
After the day was done--
"It's very rude of him," she said,
"To come and spoil the fun!"*

*The sea was wet as wet could be,
The sands were dry as dry.
You could not see a cloud,
because
No cloud was in the sky;
No birds were flying overhead--
There were no birds to fly.*

*The Walrus and the Carpenter
Were walking close at hand;*



*They wept like anything to see
Such quantities of sand--
"If this were only cleared
away,"
They said, "it would be
grand!"*

*"If seven maids with seven
mops
Swept it for half a year,
Do you suppose," the
Walrus said,
"That they could get it
clear?"
"I doubt it," said the
Carpenter,
And shed a bitter tear.
O Oysters, come and walk
with us!"
The Walrus did beseech.
"A Pleasant walk, a
pleasant talk,
Along the briny beach;
We cannot do with more
than four,
To give a hand to each."*

*The eldest Oyster looked at
him,
But never a word he said;
The eldest Oyster winked
his eye,
And shook his heavy head--
Meaning to say he did not
choose
To leave the oyster-bed.*

*But four young Oysters
hurried up,
All eager for the treat;
Their coats were brushed,
their faces washed,
Their shoes were clean and
neat--
And this was odd, because,
you know,
They hadn't any feet.
Four other Oysters
followed them,
And yet another four;
And thick and fast they
came at last,
And more, and more, and
more--*

*All hopping through the
frothy waves,*

*And scrambling to the
shore.*

*The Walrus and the
Carpenter*

*Walked on a mile or so,
And then they rested on a
rock*

*Conveniently low--
And all the little Oysters
stood*

And waited in a row.

*"The time has come," the
Walrus said,*

*"To talk of many things:
Of shoes -- and ships -- and
sealing-wax --*

*Of cabbages -- and kings --
And why the sea is boiling
hot--*

*And whether pigs have
wings."*

*"But wait a bit," the
Oysters cried,*

*"Before we have our chat;
For some of us are out of
breath,*

And all of us are fat!"

*"No hurry!" said the
Carpenter.*

*They thanked him much
for that.*

*"A loaf of bread," the
Walrus said,*

*"Is what we chiefly need;
Pepper and vinegar
besides*

Are very good indeed--

*Now, if you're ready,
Oysters dear,
We can begin to feed."*

*"But not on us!" the
Oysters cried,*

Turning a little blue.

*"After such kindness, that
would be*

A dismal thing to do!"

*"The night is fine," the
Walrus said.*

"Do you admire the view?"

*"It was so kind of you to
come!*

And you are very nice!"

*The Carpenter said nothing
but,*

"Cut us another slice.

*I wish you were not quite
so deaf--*

I've had to ask you twice!"

*"It seems a shame," the
Walrus said,*

"To play them such a trick.

*After we've brought them
out so far,*

*And made them trot so
quick!"*

*The Carpenter said nothing
but,*

*"The butter's spread too
thick!"*

*"I weep for you," the
Walrus said;*

"I deeply sympathise."

*With sobs and tears he
sorted out*

Those of the largest size,

*Holding his pocket-
handkerchief*

Before his streaming eyes.

*"O Oysters," said the
Carpenter,
"You've had a pleasant
run!
Shall we be trotting home
again?"*
*But answer came there
none--
And this was scarcely odd,
because
They'd eaten every one.*



Daily Bread Pop up Café

Updated Information

Open every day except Sunday

9.45-10.15 for keyworkers

10.15-12.00 for everyone else.

If you know any families that are in need of food or are struggling, please contact the office by telephone or email.

Please phone 01277262864 or email office@huttonparish.com or lisa@huttonparish.com

Food donations will be happily received.

Food Department

It has been another fantastic week receiving student's photos of their completed dishes for their home learning. You really have taken on the challenge of cooking at home, well done! Here are some more photos of our student's fabulous work.



**Ellis Baker
Year 9**



**Pasta and pancakes
Bradley Roast Year 9 &
Demmie Roast Year 7**



**Family favourite
Eloise Hussey Year 9**



**Tuna Pasta with sweetcorn
Katie Robinson Year 9**



**Chocolate chip cookies
Max Parry Year 9**



Chilli beef
Tilly Ried Year 9

ate this with a side salad and garlic ciabatta and thoroughly enjoyed our meal. Next time I think I will add some ham to add some additional protein to the dish.



Chilli Con Carne
Rebecca Lyle Year 9



I really like cooking because it is creative and independent. My favourite food memory is when I had teppanyaki because I really love Japanese culture and as well as food, teppanyaki is a show. For those of you who don't know teppanyaki is a Japanese grill styled meal that is cooked at your table. You can see the food cooked right in front of you. To make it even more interesting the chefs will play tricks with the food and fire. The traditional foods served are steak, shrimp and chicken along with stir fried vegetables.



Macaroni Cheese
with a healthy side salad
Isabel Slaney Year 8

I made 'mac and cheese' using the recipe in the school newsletter. I doubled the ingredients so that I could share it with my sister. We



Apple Crumble
Callum Bendelow Year 9

My favourite chef is Gino D'Acampo he is Italian and makes great food, he is also very funny and makes me laugh! I would really like to try lobster, it is considered to be a posh food but looks nice and I like seafood. I really like cooking for my family as they enjoy trying what I've made and they like NOT having to cook! I have recently cooked chilli, carbonara, cheese stuffed burgers and loaded potato skins. Some other interesting foods I have eaten include a cow's heart, frog's legs, a locust and a scorpion!

Sam Manning
Year 9



Cinnamon Rolls
Joseph Marder (9EW)



Macaroni cheese
Rudy Proctor Year 9

Following on from last Friday's newsletter I decided to ask the staff at Becket Keys if they had a food memory and here is what

Mrs Ahlner shared. I hope it makes you giggle as much as I did. Please do keep your food pictures coming in, it really is great to see them and give you feedback on. Have a great weekend.

Mrs English Food Teacher

Mrs Ahlner writes,

You may be aware that my husband is Swedish.

Surströmming. **Swedish** for "sour herring") is a lightly-salted **fermented** Baltic Sea herring traditional to **Swedish** cuisine since at least the 16th century.

It is traditional to have a party where this fish is eaten: however, it smells so bad when the can is opened that the parties have to be held in the open air. The smell travels for a considerable distance - in some cities you are banned from eating it in public! In my opinion, it doesn't taste any better than it smells either.

If the fish is left for too long in the tin, gradually the fermentation process means that the tin will slowly expand until it bursts open. For this reason, if you want to bring it in a plane, you have to ask for special dispensation to carry it, as if it burst open the plane would be out of commission for some time whilst they tried to get rid of the smell.

How do I know this? My husband bought a can to England. It sat in the cupboard and I could see it,

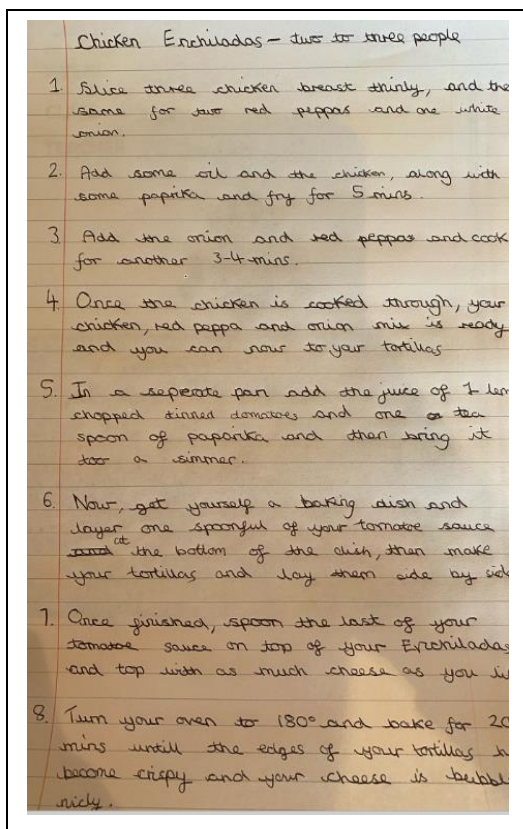
month after month, gradually expanding. In the end, I panicked and without thinking threw it out with the rubbish. I have no idea if the teeth of the garbage lorry broke it open or if it made it to the waste site intact and at some later point burst open. Whichever it was, I am using this newsletter to apologise to anyone who might have then had the misfortune to smell it!

Recipes to Try at Home



Last week's recipe to try at home was Mac and Cheese and we were sent lots of photos of you trying this at home which is great, well done to all of you that had a go at making this. Here is Joe Sherwin's Mac and Cheese that he made for all the family. I am sure his household was pleased to have that to eat!

This week's recipe to try at home actually comes from Emilia Latham in Year 8, who has created this recipe for you to try to make.



like online if you want to have a go. I hope you enjoy making these and remember to take photos. Please email office@becketkeys.org photos of food you are making at home and we will feature the best pictures here next week. Here are some from last week:



Cheese Scones
Alexander Keefe Year 7



Spaghetti Bolognese
Connie Gibson Year 8



If you are feeling really ambitious you can even make your own tortillas using just flour and hot water, try and find a recipe you



Chicken Curry
Arabella Carroll Year 7

Remember: Keep active, stay calm and get cooking!

Mr Shapland
Head of Food



Meatballs
Poppy Dommett Year 10

PE Department

Year 7 & 8 have been busy working on their home fitness projects for PE. Look at some of their fantastic posters!



Mathematics Department



Congratulations to everybody who has been working hard on Mathswatch over the last two weeks!

Here is the up to date league table for April!

Mathswatch points are based on number of questions completed, the number videos watched and how many minutes you have spent using this resource! A particular well done to anyone who has been using Mathswatch this week to support your own learning!

Name	Class	MW points
Folarin Olukoya	8M2b	3240
Ambrose Taylor	8 M1a	1527
Sam Manning	9M2c	740
Charlie Paulus	7t3	737
Sheridan Mathews	8M3	647
Elizabeth Thompson	7t1	645
Toby Bennett	9M1b	483
William Gemmill	8M2b	460
Ben Shelton	8 M1a	428
Luke Morris	8M1b	426
Milly Cordwell	9M1b	400
Emmanuel Mulungi	9M2a	376
Henry Russell	10 2A	376
Rebecca Lyle	9M1a	363
Abigail Lee	8M3	362
Frankie Lodge	10 2A	359
Alfie Clark	8M2a	334
Isobel Moynihan-Price	8M2b	323
William Charters	8 M1a	317

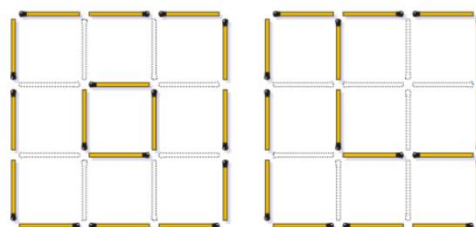
Weekly Challenge

Research task: "Perfect numbers"

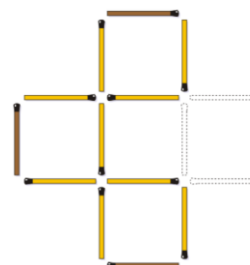
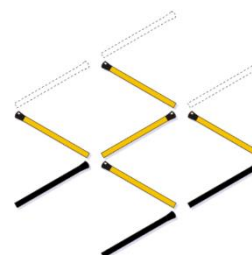
Have you ever heard of perfect numbers? These rare numbers have some unique properties. Check out this video to find out more. How many perfect numbers can you discover?

<https://www.youtube.com/watch?v=ToxKHwQH-4I>

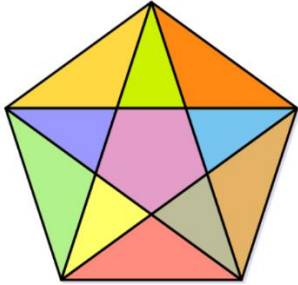
Maths Puzzle 2 Solutions: Matchsticks



Two of the possible solutions.



Maths Puzzle 3: How many triangles?

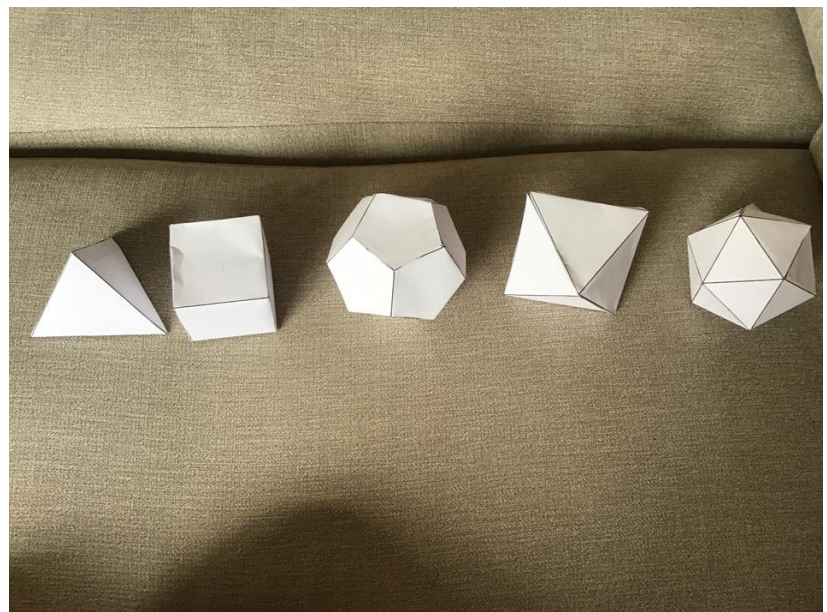
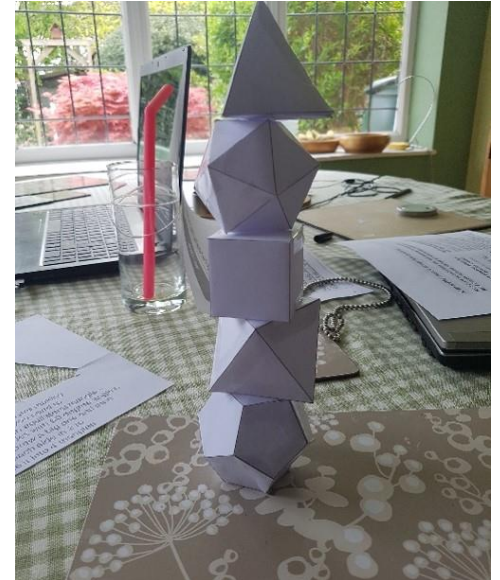
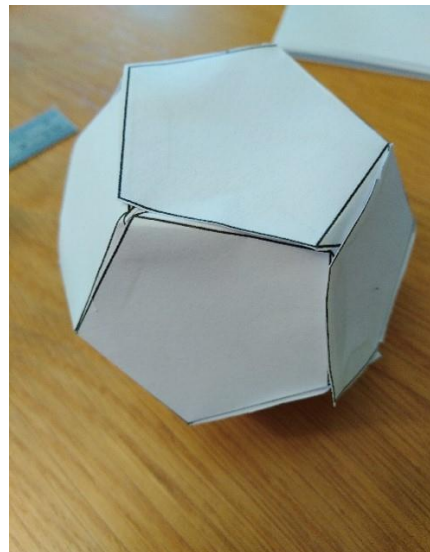
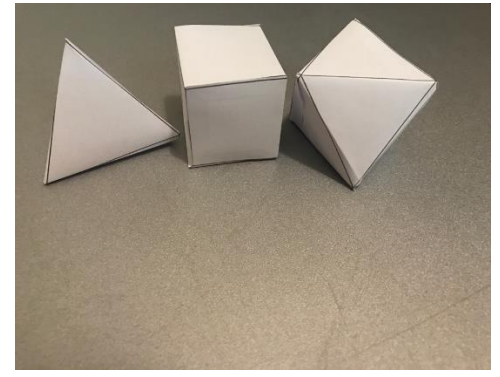
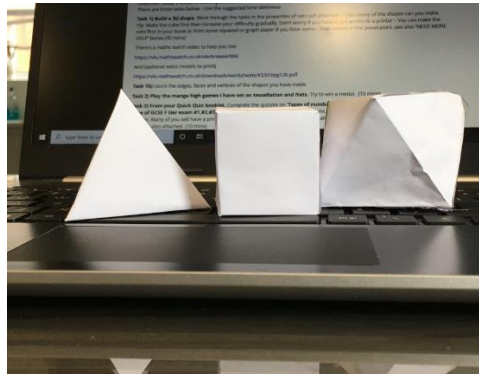
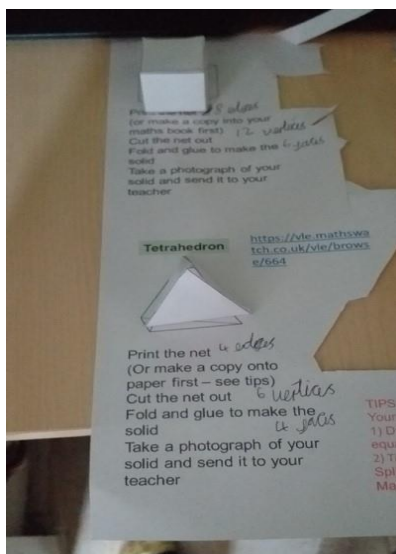


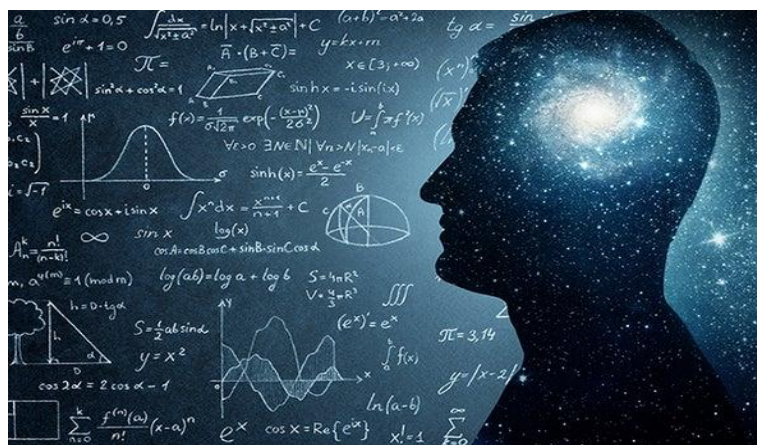
How many different triangles are hidden in this figure?

Mrs Blacow
Head of Mathematics

The Year 7 Mathematics students have been working on exploring, drawing and visualising 3D shapes. One lesson involved making a 3D shape out of its 2D net. The students had to follow careful instructions to do this and submit a photo of their work. Some even accurately made their own nets out of resources they had available at home. Here's some of our favourite ones so far....

Mr Sedgley
Mathematics Teacher





The Mathematics of Coronavirus

A question sometimes asked in Mathematics classrooms “But when will we ever need this in the real world?” especially when it comes to things like exponential curves. Well right now, Mathematics is at the centre of the fight against Coronavirus, modelling the likely path of the outbreak in different scenarios. The world’s media is awash with data, information and misinformation (more commonly known as ‘fake news’). For the scientists, Government and for us as individuals, the ability to interpret statistics is key, something we practise a lot in the Mathematics classroom. I am sure, like me, many of you are watching the Government’s daily briefing and trying to interpret the charts and data.

There have been really interesting programmes about how the world’s leading mathematicians and scientists are working to mitigate the impact. If you want to find out more, watch this Horizon programme looking at this click here:

<https://www.bbc.co.uk/iplayer/episode/m000h3nm/horizon-2020-9-coronavirus-special-part-1>

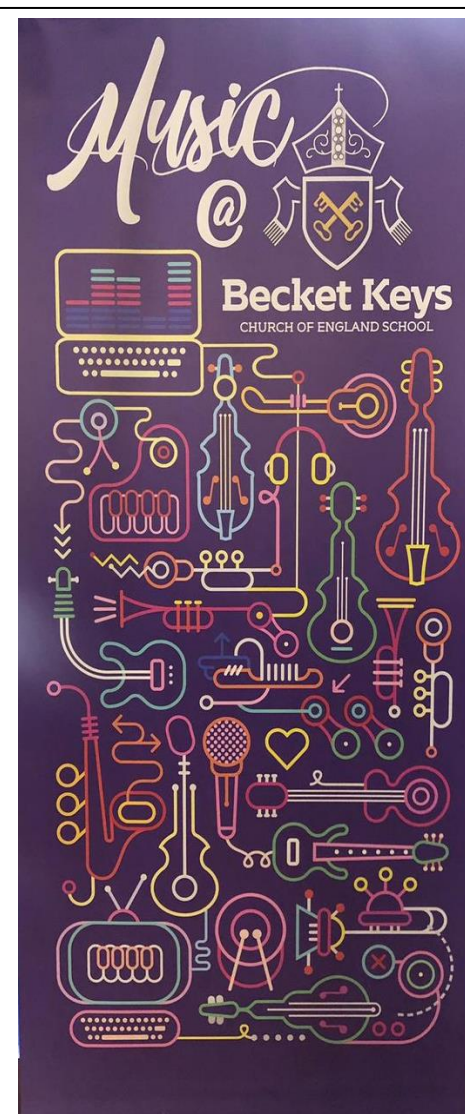
earlier in April. In fact, some of the country’s best mathematicians had been exploring the impact of a pandemic, even before we had heard of Coronavirus. The original BBC programme, simulating an outbreak in an English town, first broadcast in 2018, is here:

<https://www.youtube.com/watch?v=RmGiDUczhqQ>.

I found it remarkable how they predicted what has subsequently happened – although their numbers were some way off. There were some ideas that were pioneered and discussed then which are at the forefront of the actual response now, such as contact tracing, social distancing and the impact of vaccines. Finally, there’s an excellent podcast looking at the strengths and weaknesses of using Mathematics to help fight pandemics.

<https://www.numberphile.com/podcast/hannah-fry-coronavirus>

Mr Sedgley
Mathematics Teacher



For your listening pleasure.....

The Music Department will have some suggestions each week for pieces of music to listen to. You may find a genre you did not know you loved!

Classical

Rondo Alla Turca – Mozart

<https://youtu.be/quxTnEEETbo>

Latin

Chan Chan - Buena Vista Social Club

BIBLE DINGBATS

Created by BiblePuzzles.org.uk

The fun Say-What-You-See rebus puzzles! We have cunningly hidden phrases, names or sayings that are linked to the Bible in the boxes below. The answer can be hidden in many ways. It could be the size, position or direction for example. Sometimes you might need to do some counting or look at the shape, but all you really need to do is say what you see! Remember these Dingbat (or Whatzit?) puzzles are connected with the Bible. Have fun!!

Answers

Daniel in the Lions Den	See Eye to Eye	Coat of Many Colours
Sermon on the Mount	Solomon	Noah's Ark
Crystal Clear	High Priest	Ten Commandments
Food News	Eternal Life	Faint Hearted
Heavy Heart	Forbidden Fruit	Wise Men



Speakers for Schools Inspiration Programme provides a network of today's most inspiring figures across business, arts, politics and more donating their time to help inspire students to fuel their ambition. They are passionate about providing a high quality and personal service, making it seamless for speakers, educators and organisations to get involved.

Speakers in the network range from CEOs of major companies to notable national journalists, arts people, scientists, leading entrepreneurs and academics. You can check who is coming up this week here.

<https://www.speakersforschools.org/inspiration/vtals/upcoming-vtals/>

BBC
Bitesize
Daily lessons

The BBC have also released a wealth of information to support students. Our teachers may direct you to some of these to support your home learning or you can have a browse yourself.

<https://www.bbc.co.uk/bitesize/dailylessons>

PAUSE

Doubt as a sign of faith



Jesus Appears to His Disciples

On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!" After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven."

Jesus Appears to Thomas

Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, "We have seen the Lord!"

But he said to them, "Unless I see the nail marks in his hands and put my finger where the nails

were, and put my hand into his side, I will not believe."

A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!" Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe."

Thomas said to him, "My Lord and my God!"

Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed."

(John 20:1-29)

This is another account of one of Christ's appearances to the disciples after the Resurrection. Thomas doubted no longer! He went out to preach the Christian message of love and forgiveness. In interpreting this passage, many have said Thomas did not doubt that the disciples had seen

something, but he could not grasp the reality of their experience. Jesus could have left Thomas struggling to believe, but, in His great love, for Thomas and humanity, He merely says, 'Do not disbelieve, but believe.'

What message does this have for us today? The challenging time in which we find ourselves could so easily pose a threat to our faith and our relationship with God. I wonder what St. Thomas would say to us? Maybe he would tell his story of how Jesus' life had intercepted his own. Maybe he would tell us of his fears and hesitations to believe, but would then recount his joy of seeing and knowing the risen Jesus himself. Maybe he would tell us to have faith. In fact, this turns the story into one about gratitude replacing fear and thanksgiving replacing grief, not a story about doubt at all.

Be reassured that no one has perfect faith and, in fact, our doubts can lead to stronger faith. Doubt gives room for faith to grow. Sometimes we simply want

all the answers before we commit to something. While God has revealed so much to us, we may never fully understand the Trinity or how God created everything out of nothing, but we can comprehend enough for us to rest in God when mystery arises. Paul told the Corinthians that he brought to them things 'of first importance' (1 Cor. 15:3). He went on to speak about the death and resurrection of Christ as the central truth of our faith. This can never be outweighed by doubt.

Faith cannot block out darkness or doubt. When on the cross, Jesus did not cry out "Here I come!" but "My God, why have you forsaken me?" We have also seen that His disciples brimmed with doubts and misgivings. However, just as courage is persisting in the face of fear, so faith is persisting in the presence of doubt. Doubt is therefore not just a vulnerability; it can also be seen as a strength. Doubt acknowledges our own limitations and confirms or challenges fundamental beliefs. Doubt can, therefore, be seen as a crucial part of faith, rather than something which detracts from it.

Doubt is not lack of belief. Things are challenging at the moment and we simply do not know how to process what has happened, will happen or is yet to be. We must live according to the little faith we have, not turn away from it. Instead of turning away, we must pray, face God and rest awhile in His loving arms. He will embrace us in compassion, accepting us as we are and in so

doing, deepen our faith, regardless of our doubts and insecurities. He will drive out fear, replacing it with courage and hope.

Let us pray:

Our Lord and God,
during these challenging times,
may we draw closer to You.
Strengthen our faith in the
knowledge that
You are with us always as the
way,
the truth and the life.
Amen.

Mrs Sharp
Deputy Headteacher



BECKET KEYS
Church of England School

Candle in the Window

The Becket Keys Community are placing a lit candle in their window each evening at 7.00pm

Please tweet us a picture
@BecketKeys using the
hashtags #CandleInTheWindow
#CandleofHope



Miriam Hall Year 12

Miriam has decided to take up the 2.6 challenge mentioned by Mr Shields in the Student Newsletter. She is preparing to run 26km in 2.6 days in a few week's time and is supporting Cancer Research.

This is a fantastic idea and we hope that Miriam's efforts will encourage and inspire other students to begin their own challenge or to simply donate to existing challenges. Should you want to help Miriam meet her fundraising target you can donate via Just Giving.

<https://www.justgiving.com/fundraising/miriam-s-2-6-challenge1344>

60 Daily Tasks



Here is the plan for the Last 30 Days



Day 31 – Find three inspirational quotes and write them down <input type="checkbox"/>	Day 32 Create a digital photo collage using 5 images <input type="checkbox"/>	Day 33 Write a letter or send a card (Email or E-Card) to an elderly relative <input type="checkbox"/>	Day 34 Leave three happy notes for someone else to find in your house. <input type="checkbox"/>	Day 35 Make a list of 10 things you want to do <input type="checkbox"/>	Day 36 Go on YouTube and try...  <input type="checkbox"/>
Day 37 Create a gratitude list of everything you are thankful for <input type="checkbox"/>	Day 38 Do something nice for a sibling or parent/carer. <input type="checkbox"/>	Day 39 Create your own Playing card with your favourite number and suit <input type="checkbox"/>	Day 40 Find a learning podcast and try it out! <input type="checkbox"/>	Day 41 Ensure you have 5 fruit and Veg today <input type="checkbox"/>	Day 42 Do something helpful for a friend or family member today. <input type="checkbox"/>
Day 43 Write down five positive things about yourself on Post-It-Notes <input type="checkbox"/>	Day 44 Tag your friends in a pic that brings you happy memories <input type="checkbox"/>	Day 45 Visit a virtual museum! Go online and explore the collections online <input type="checkbox"/>	Day 46 Try to go bed 1 hour early. <input type="checkbox"/>	Day 47 Wake up early to watch the sun rise and see how beautiful it is <input type="checkbox"/>	Day 48 Find a documentary on BBC iPlayer and watch it <input type="checkbox"/>
Day 49 Do the washing up today <input type="checkbox"/>	Day 50 Look up origami and make a crane <input type="checkbox"/>	Day 51 Play an old computer game you haven't played for ages <input type="checkbox"/>	Day 52 Use 10 French or Spanish words today <input type="checkbox"/>	Day 53 Research the minimum wage in the UK for different ages <input type="checkbox"/>	Day 54 Design a new school logo for your school <input type="checkbox"/>
Day 55 Learn some British Sign Language with Charlie  <input type="checkbox"/>	Day 56 Make a playlist of your top 10 songs and send to a friend <input type="checkbox"/>	Day 57 Check in with your favourite YouTuber and see how they are doing <input type="checkbox"/>	Day 68 Build the tallest Tower you can with a single piece of A4 Paper <input type="checkbox"/>	Day 59 How many different words can you make from these letters: "CREATIVE RESOURCES" <input type="checkbox"/>	Day 60 Wear your favourite items of clothing that make you feel great <input type="checkbox"/>

The Body Coach

Workout

Joe Wicks aka 'The Body Coach' continues to hold a daily workout that students can do from home whilst they are not at school to make sure they are getting some high quality exercise.

Every single day a live workout called 'PE with Joe' is broadcast on YouTube.

Joe says, "I'm going to get your kids moving, feeling energised, positive and optimistic."

Join in at 9.00am every day!

<https://www.youtube.com/watch?v=K6rg9N3kXME>

Touch Typing



A really important skill that students will need now and beyond school is that of typing accurately and at speed. This is a great opportunity for students to practise these skills and to learn to touch type. Here is a great free resource – it is designed for KS3 students.

<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

This one provides free software to download and offers more advanced training:

<http://www.mavisbeaconfree.com>

Brentwood – Community Support

Organisation	Support Available	Support Available
Brentwood Covid 19 Mutual Aid	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.	This group is set up to be self-organising, sharing resources, and connecting local volunteers to neighbours in need in this difficult time.
Brentwood CVS	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council	<u>Community Help Hubs</u> Blackmore & Stondon Massey – St Laurence Church Doddinghurst – All Saints Church Kelvedon Hatch – Kelvedon Hatch Good Neighbourhood Scheme Ingatestone & Fryerning – Ingatestone & Fryerning Parish Council Mountnessing – Mountnessing Parish Council Pilgrims Hatch – St Georges Church Brentwood – Sawyers Church Doddinghurst Road Community Church Brentwood West – Brentwood Baptist Church Hutton – St Peters Church Warley – Christ Church Warley Herongate & Ingrave – St Nicholas Church Little Warley & Childerditch – Little Warley & Childerditch Village Committee South Weald – St Peters Church West Horndon – West Horndon Parish Council
Nisa 141 Kings Road CM14 4DR	Priority and home deliveries for the over 70s	01277 205816
Manna Meals	Offering Emergency Care Bags – groceries, chopped tomatoes, soup, soap, biscuits, toilet roll, tinned pulses and tuna. Also offering a phone friend service	07814855494
Ashlyn Farm Deliveries		01277 890411
Daily Bread Café St Peters Church CM13 1JS	Open for food collection on Tuesdays 9.00am-12.00pm, Thursday eves 8.00-9.00pm and Sundays 10.30-11.30am. If you are unable to collect food for yourself and need it delivered or would like someone to chat to.	Contact lisa@huttonparish.com or andy@huttonparish.com or phone 01277 262864 or 01277 514896.
Breakthru Church The Christian Centre 165 Hanging Hill Lane Hutton CM13 2QH	Food bank available Monday 10am- 12pm Thursday 10am-12pm	01277 229189
Doddinghurst Road Community Church 56-60 Doddinghurst Rd Brentwood CM15 9EH	Food bank available Tuesday 11am-1pm Wednesday 11am-1pm	www.brentwood.foodbank.org.uk

New Things to Learn in Isolation

Your task is to try and complete as many of these items below in 2 weeks. If you can already do them tick them off, if not, let the challenge begin. We would love to be able to see evidence of your growing talents and therefore, where possible, please send in photos of you completing these fun challenges.]

- 1) Keepy-Uppy – 10 keep-ups. Use a football or if you do not have one use a toilet roll.
- 2) Juggling – Juggle for 7 seconds. Use screwed up socks to make three even balls.
- 3) Hand stand – Hold for 5 seconds (must be freestanding).
- 4) Bottle flips – Land 7 consecutive bottle flips.
- 5) Learn a dance move – This can be ANY new dance move.
- 6) Cut an A4 sheet of paper so that you can walk through it.
- 7) One hand catching – Have someone throw a tennis ball and catch one handed 15 left and 15 right.
- 8) Throw one handed – Throw to someone using both your left and right hand.
- 9) Throw a ball in the air and clap 10 times and before catching the ball

- 10) Learn to whistle using your fingers
- 11) Stand up from being flat on your back without using your arms or hands
- 12) Learn how to do 3 household chores – Examples: Hoovering, dusting, washing up, laundry, cleaning pet, cleaning car or walking the dog
- 13) Stand on 1 leg for 20 seconds
- 14) Standing jump 150cm – From standing jump 1.5meters
- 15) Create an elite paper aeroplane and assess its flight distance
- 16) Self-defence – take part in the '5 self-defence moves everyone can learn' tutorial
- 17) Learn how to shuffle a deck of cards or learn a magic trick



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