



## Pentecost Sunday

# Becket Keys Church of England School

22<sup>nd</sup> May 2020

PENTECOST SUNDAY 31<sup>ST</sup> MAY 2020

IN THIS ISSUE

**Mr Scott-Evans writes ...**

**A clear view of how we are learning at home?**

**Jeremiah 29:11 New International Version (NIV)**

**"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."**

And so, we have arrived at Whitsun! Schools have been partially closed for weeks, and whilst preparations are now well underway for the likelihood that there will be a phased re-opening for some children in primary schools; it is clear that most secondary students will continue to learn at home for the rest of the academic year.

What have we found out about learning at home so far? Well 'hindsight is the best sight'. The year is 2020 which makes us all think of 2020 Vision. Well, in my experience, 2020 Vision only ever comes after the event – with hindsight.

Someone once asked my father how to get to a certain place and he said: "First of all, I wouldn't start from here." He thought that was hilarious, and I did not really understand why at the time, but it is a truism that when we want to reach some of the hardest places, we wish that we could start from a somewhere else!

For opticians, 2020 Vision is perfect eyesight where you can see everything clearly. But I cannot see clearly how all of our students are learning at home. I

.....Contd on Page 2



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### Free School Meals

Update on information for families who are eligible for this service.

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### Biblical Pause

True Colours - He has made everything beautiful in its time.

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can see via Satchel One (Show My Homework) who has logged on. I can see what marks they are being given. I can see how many minutes of work they are being set, and I can see that each teacher is setting work in line with our expectations. However, I do not know what your experience is. How are you making it work? In 1000 different ways!



As well as using Satchel One, we have been calling families to hear from them what it is like at home. Only this week, as a result of one of these conversations, did I realise that families who are just using the Satchel One app can only see when the work is due in rather than when it was set. This was a revelation to me! If the teachers set the work on a variety of days but all with, say Friday 22<sup>nd</sup> May, as the deadline, it can look as if the students have nothing to do until Friday when they will have a multitude of work to do all on one day! Our intention is that it comes to the students spread out over several days helping them to plan their

week. However, if they are only using the app they will not necessarily notice this.

For my daughter, I use a combination of the website and the app. Using the website gives a much clearer view of what is being set and on which day. Mr Shields has recorded a short video: [tinyurl.com/BKYT2020](https://tinyurl.com/BKYT2020) which helpfully shows, in a demo Satchel One account, how best to view the work that is being set. The students also have similar tools and views on their account via the website too.

We want to improve our provision, and by listening to you we will find ways to do that. Hopefully, that simple video will assist in one of the areas you have told us about.

Another way to improve is by looking at what other schools are doing. Some schools set all the work on the Monday due for the Friday. We have steered away from this as we feel it could be overwhelming for students to get it all at once on the Monday and have to try and work out what to do and when. However, it is an option. Our current approach is that the teachers try, as much as possible, to stick to the normal timetable. The teachers programme the activities to 'arrive' for students on each day – so they get it bit by bit – day by day. However, students need to use the calendar view on the website to see this more clearly.

The other problem with work all being set on Monday and handed in on Friday would be that staff would not get as much time to mark it in preparation for the following week's work. However, if it is deemed to be something that would help families, we think we could change to work this way.

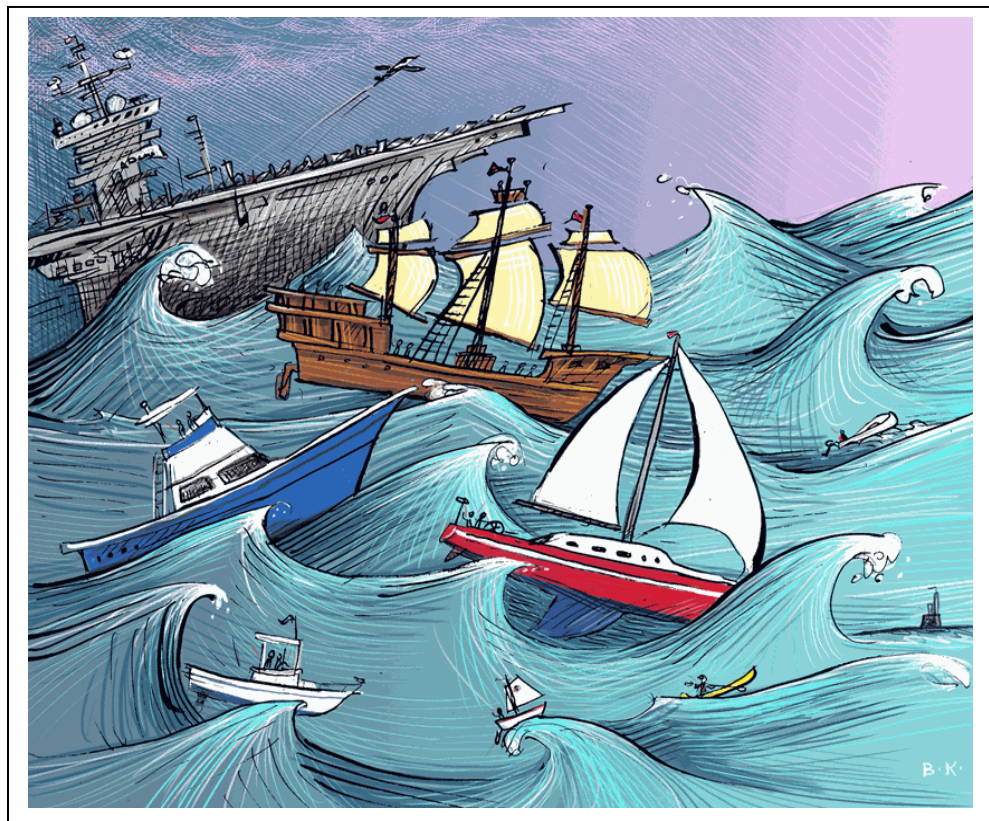
We have also looked at live lessons. This continues to be something that we and the other schools in Brentwood are nervous about. Instead, we are using short clips of recorded footage of teachers that sit alongside activities that need to be completed and submitted. A few problems with live lessons include:

1. They assume everyone can get online at the same time and will not have connection issues
2. They assume that everyone has broadband in good supply
3. They assume teachers can stick to a schedule despite having their own lockdown issues
4. They assume that students will follow along
5. They are time consuming
6. They are difficult to keep secure, despite passwords, because some students are found to share the details with friends outside of school who 'bomb' the session using a name which is similar or the same to a student of the school/class

We do recognise the value for students and teachers though. So, for starters, we continue to encourage students to see each other on-line at times and in ways that suit them. Now they can also meet up one to one outside – we know this is happening we have seen some lovely socially distanced photos on Twitter! With the slow easing of lockdown, and with Scotland announcing that larger groups can see each other outside from 28<sup>th</sup> May onwards, we can expect for things to continue to improve for young people who obviously miss their friends and the social interaction they need.

The teaching profession also recognises there is going to have to be a significant shift in what can be expected when students return: particularly for those approaching exams. Some positive outcomes will be that many students are more resilient and self-motivated; many are better equipped in driving their learning; many parents are better informed than before about what their children are doing at school. However, there are also big problems for students who have not been at school for six months and although all students are “in the same storm – they are in quite different boats!” (Beautifully illustrated by Barbara Kelly – above right).

All we can do each day is listen to families, from their ‘own boats’ and try to offer support. We have 60 staff and 1000 students all in



quite a storm! We are all doing our best.

‘2020 Vison’ is something to strive towards in our current working situation. To improve our insight into what things are like at home we have written a survey for parents. You can fill it in on-line here:

[www.tinyurl.com/BKParentInsight](http://www.tinyurl.com/BKParentInsight)

I am very proud of all the work the students are doing and grateful to our staff who, like you, are juggling home-schooling and other family responsibilities alongside teaching remotely all their students. They are also finishing off the grading process for GCSE and A Level students and volunteering to come in to supervise our Key Worker students in school.

Thank you for all your kind words and best wishes. You are so appreciative; it really is lovely. With your insights, we will use Whitsun to review our approaches and come back stronger after the holiday!

Best wishes for a week of rest and recuperation.

**Mr Scott-Evans**  
Headteacher



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**Free school meals**

**Free  
School  
Meals**

Are you entitled?

## Free School Meals Update

The system has seen significant improvements over the last few weeks allowing parents/carers (as well as us) to access and use the system at once and queues are substantially shorter. We are hoping those receiving FSM are finding the process with Edened a little easier.

The next batch of eCodes will be delivered by email to parents on Monday 25<sup>th</sup> May and will be to cover the first 3 weeks of the new term from **1<sup>st</sup> June – 19<sup>th</sup> June**. Please remember to check your spam/junk folder if it has not been received and if you are having any difficulty please contact Edened at

[freeschoolmealsparentscarers@edenred.com](mailto:freeschoolmealsparentscarers@edenred.com)

Your eCode lasts for 4 months so please ensure you exchange this code for an eGift card as soon as possible even if you do not intend to use it immediately. Once you have your eGift card it will then last much longer –

They are also continually updating the [Parent/Carer FAQs](#) with new and helpful information so please also check this for any queries you may have.

Supermarket	Expiry
Sainsbury's	24 months from last transaction
Tesco	5 years from last transaction
Asda	24 months from last transaction
Morrisons	12 months expiry
Waitrose (John Lewis)	24 months from last transaction
M&S food	24 months from last transaction
Aldi	5 years from last transaction
McColl's (including RS McColl's and Martin's)	31/12/2021 expiry

## Student Achievement Pony Club 1500 Mile Challenge



I am a member of the Essex Hunt North pony club and from the 27<sup>th</sup> of April to the 3<sup>rd</sup> of May, the whole pony club's challenge was to run, walk or cycle 1500 miles. (Used to be 500 miles, but that was too easy!)

Mum, dad, Matthew (my brother) and I had a lot of fun walking and cycling to get my miles up. We had a great time exploring new places and we got stuck in the mud on our bikes! Over that week, I managed to walk, run and cycle 24.42 miles! I managed to get, mum, dad, granny, grandad, grandma and gramps to sponsor me.

In total, I managed to raise £123.26 for Haven House children's hospice. As fundraising events like the London Marathon



are cancelled, it is very hard for charities like Haven House who look after children with terrible diseases like cancer. I loved taking part in this challenge for a good cause.



Rebecca Stewart  
Year 7



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## Design & Technology – Sustainable Lockdown

Now, perhaps more than ever, some people are looking for new ways to occupy themselves and keep themselves and others within the home busy, as well as learning new skills.

The KS4 and KS5 Design and Technology students were given a very simple brief of looking around the home and 'making something out of nothing' thinking about sustainability and reusing and recycling old things that would otherwise be thrown away.

Below are only some of the examples I got back, and I am proud of what was produced.



James Crisford in Year 12 managed save a broken bowl from being thrown away by using it as way to make a centrepiece for a table. He has divided it up into three separate sections and created something quite unique.



Oliver Wilson, Year 12 spent a good couple of hours creating this bag out of newspaper by weaving it in and out of each other. Rather than throwing free newspapers away, it was changed into a functional and actually quite stylish item. Thankfully the Great British weather has been ideal for using this!



The gyms are shut and I am sure there are a few people reading this who are a little upset about this. Well, Daniel Brown in Year 12 decided to take action into his

own hands. By filling up 2 litre bottles with sand and binding them together around a pole, Dan has brought the gym to his backyard with what most may see as items to discard. What a great way to stay fit during this time and who knows, cancel that membership for good.



Leo Comer in Year 10 has found a different way of using an old 2 litre bottle. He has cut away the bottom of the bottle and buried the top (cap off) into the soil. This acts as a way of getting the water into the soil from a hose without damaging the leaves and disturbing the soil and smaller plants in the pot.



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Toby Hancock, Year 10 had fitness on the mind as well when he created this DIY exercise bike with old parts knocking around the garage and, a normal bike. The back wheel has been lifted from the ground and placed against a second wheel which actually spins a fan while creating resistance. Again Toby is using the current situation, as all good designers do to his advantage, creating an exercise bike for a fraction of the cost of buying one.

If you, at home, have anything similar, or fancy a challenge over the Whitsun Break, please do get involved and send them in! It is a great opportunity to sit down as a family or individually to think about how to reuse items that have been sitting around for years collecting dust. Give them a new lease of life and have fun while you do it to make something functional and creative.

**Mr Bunyan**  
**Head of Design & Technology**

## EDUCATIONAL PSYCHOLOGY SERVICE PARENT HELPLINE

**DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S EDUCATION  
OR DEVELOPMENT THAT YOU WOULD LIKE TO TALK  
THROUGH WITH AN EDUCATIONAL PSYCHOLOGIST (EP)?**

**CALL OUR  
PARENT HELPLINE**

**01245 433293**

**MONDAYS AND WEDNESDAY 1PM – 5PM  
(DURING TERM TIME)**

### **WHAT IS THE PARENT HELPLINE?**

THE HELPLINE IS FOR CARERS AND PARENTS OF CHILDREN AND YOUNG PEOPLE UP TO THE AGE OF 19 WITH CONCERNS ABOUT THEIR CHILDREN'S EDUCATION OR DEVELOPMENT.

### **WHAT WILL HAPPEN DURING A CALL?**

You will talk to a qualified Educational Psychologist who will listen to your concerns and work with you to find a positive way forward.

### **What will happen after a call?**

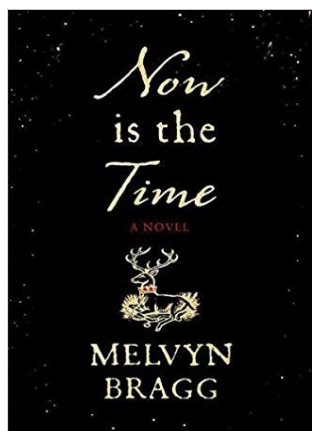
It will be a discrete piece of work with no follow up from the EP.

The helpline is confidential and personal details will not be recorded and nor will information be passed onto other sources.



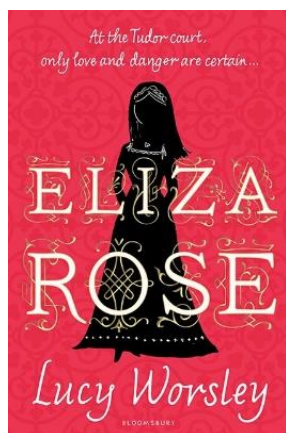
## History Department – Book Club

Please find below some suggested fiction reads that relate to History. Happy reading. Send Mrs Knowles a review once you have read them.



Year 7  
Now is the Time by Melvyn Bragg  
Fictional book based on the Peasants Revolt.

Will help Year 7 with their current work on Satchel One.



Year 8  
Eliza Rose by Lucy Worsley



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### Exercise Books for Students

If your son or daughter requires new exercise books for school work then please do feel free to use whatever books you can get hold of. We are not worried about size or colour, but keeping work together in a book is important. If you are unable to purchase any then please follow the link here to book a "contact free" appointment to collect from school. <https://www.eventbrite.co.uk/e/book-collection-tickets-106392599128>

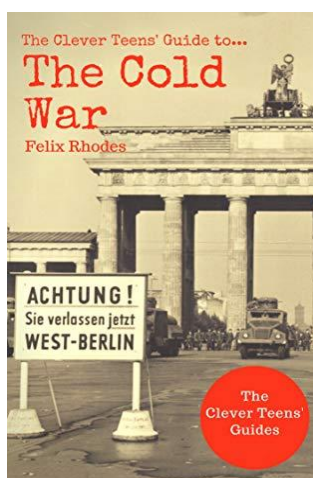
This will help you with your cold war studies.



Year 9  
The Earth is Singing by Vanessa Curtis



Year 11 and upwards



Year 10  
The Clever Teens guide to the Cold War



Young Royals series by Carolyn Meyer

Book 1 – Mary, Bloody Mary

Book 2 – Beware Princess Elizabeth





## HAY FESTIVAL FOUNDATION

For over 30 years Hay has brought readers and writers together to share stories and ideas in live events around the world, from the beaches of Cartagena de Indias to the cities of Beirut and Mumbai, reaching more than five million people across five continents. The festivals inspire, examine and entertain.

This year, the festival will be digital. Attending Hay Festival Digital 2020 online is completely free and could not be easier.

Hay Festival Programme for Schools is available on Hay Player 18–22 May with new events published daily at 8am. Aimed at inspiring creative reading, this programme has events for children in both primary and secondary school and learning resources to accompany the sessions.

<https://www.hayfestival.com/home>



### Mrs Russell's Book of the Month - May



#### WHAT'S THE STORY?

**Natasha:** I'm a girl who believes in science and facts. Not fate. Not destiny. Or dreams that will never come true. I'm definitely not the kind of girl who meets a cute boy on a crowded New York City street and falls in love with him. Not when my family is twelve hours away from being deported to Jamaica. Falling in love with him won't be my story.

**Daniel:** I've always been the good son, the good student, living up to my parents' high expectations. Never the poet. Or the dreamer. But when I see her, I forget about all that. Something about Natasha makes me think that fate has something much more extraordinary in store—for both of us.

**The Universe:** Every moment in our lives has brought us to this single moment. A million futures lie before us. Which one will come true?

You can watch the trailer here: <https://www.youtube.com/watch?v=3OnOBXzGnuI>

All books can be purchased on Amazon or you can support your local independent bookseller. [www.chickenandfrog.com](http://www.chickenandfrog.com)



### Mrs Russell's Word of the Week

**Illicit**

#### In sentences:

1. In the 18th century land grants and **illicit** trade led to serious disturbances.
2. I accuse nobody without proof, because I realize it's just as bad to accuse someone frivolously as to do something **illicit**.
3. The fight against the **illicit** traffic in cultural property. The extent of **illicit** trafficking has never been greater.

#### Definition in English:

forbidden by law, rules, or custom.

Use the word **illicit** as many times as possible throughout the week! This can be verbally, in your written work or even when messaging friends and family!

## Food Department



**Cookies by Oscar Smith Year 7**

Once again, it is my pleasure to show off the latest students' cooking pictures from their home learning set over eight weeks ago. It has been a pleasure to receive these and give you feedback on them. After Whitsun break, we will venture on other projects with food. However, if you are still cooking - please do send your pictures in!

Please stay safe and enjoy a well-deserved rest. Take care!

**Mrs English.**  
Food Teacher



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**Homemade Pizza**  
Lucy O'Hare Year 9

Megan Goldsborough made some delicious looking mini quiches, always a great thing to have at a picnic!



Dylan English made this 'stand out' paella! Wow!



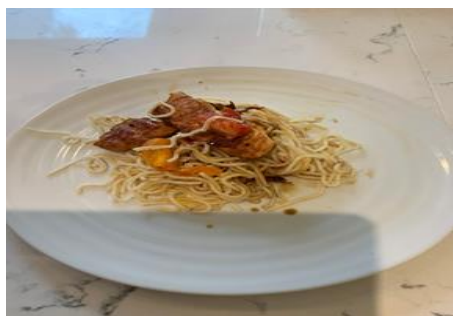
This looks fantastic and everything was made from scratch. Well done Dylan! Brilliant dish! I am looking forward to seeing what you all make over the Whitsun Holiday.



I also liked Rebecca Stewart's NHS cake, made for her mum who works for the NHS. Well done Rebecca, and thank you Mrs. Stewart!



This week, why not try making food from another culture? Harry Adams made salmon teriyaki last week and kindly sent in the recipe, so you can try to recreate this at home.

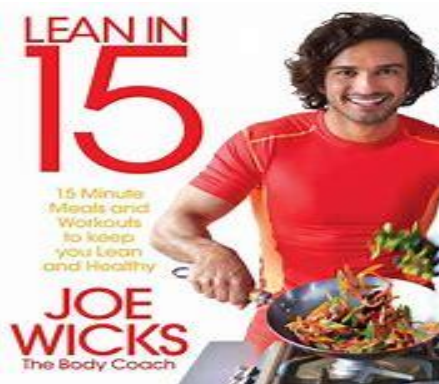


Remember to keep sending in photographs of the food you make at home; we really like to see what you have all been making. Enjoy your Whitsun Holiday!

**Mr Shapland**  
**Head of Food**

## Recipe to try at Home

### Joe Wicks Salmon Teriyaki



#### Ingredients (feeds 4)

2 tsp coconut oil (use olive oil if not)  
8 spring onions  
8cm ginger finely chopped  
8 tbsp light soy sauce  
4 tbsp honey  
2 tbsp rice wine vinegar  
16 cherry tomatoes, cut in half  
4 courgettes spiralized to make noodles (or just regular noodles)  
8 tsp sesame oil  
960 g salmon – 4 fillets

#### Method

Heat half of the coconut oil in a frying pan over medium to high heat. When the oil is melted and hot, slide in the salmon and fry for 2-3 minutes on each side or until lightly browned and almost cooked through.

Meanwhile, mix together the spring onions, ginger, soy sauce, honey and vinegar to make a teriyaki sauce. Pour this into the pan with salmon and let it bubble up, then remove the pan from the heat.

In another frying pan, heat the remaining coconut oil over a high heat. Tumble in the tomatoes and stir-fry for one minute. Gently add the courgette noodles (or regular noodles) and lightly toss for one minute just too warm through.

Plate up the noodles and tomatoes, then top with the teriyaki salmon. Finish with a little drizzle of sesame sauce.

### The Body Coach Workout

Joe Wicks aka 'The Body Coach' continues to hold a daily workout that students can do from home whilst they are not at school to make sure they are getting some high quality exercise.

Every single day a live workout called 'PE with Joe' is broadcast on YouTube.

Join in at 9.00am every day.

<https://www.youtube.com/watch?v=K6r9gN3kXME>



# READY STEADY COOK



Ready Steady Cook is a BBC daytime TV cooking game show. It debuted on **24 October 1994** and the last original edition was broadcast on 2 February 2010. The programme was hosted by Fern Britton from 1994 until 2000 when celebrity chef Ainsley Harriott became the new host.

Ready Steady Cook is back for a brand new series this year, it started in March and is continuing after lockdown. Episodes will air each weekday at 4:30PM on BBC One. The format involves two teams of contestants each paired up with a professional chef challenged to create meals from mystery ingredients.

Mr Shapland and Mrs English would like to bring Ready steady Cook to Becket Keys School lockdown style! The way we would like to achieve this is we will attach a random list of ingredients in the newsletter, students and their families are to create a virtual recipe and send it in via email to the food department by Wednesday 2<sup>nd</sup> June. Mr Fenn will then choose at random two of your recipes for Mr Shapland and Mrs English to cook. We will then post a picture of the dishes in the following weeks newsletter.

We look forward to receiving your recipe ideas, Ready? Steady Cook!

## Ingredients

Onions

Pasta

Chicken breast

Cheddar cheese

Peppers

Apples

Full use of pantry's herbs and spices.

Milk

Butter

Fresh Coriander

Potatoes

Peas

Flour

Eggs

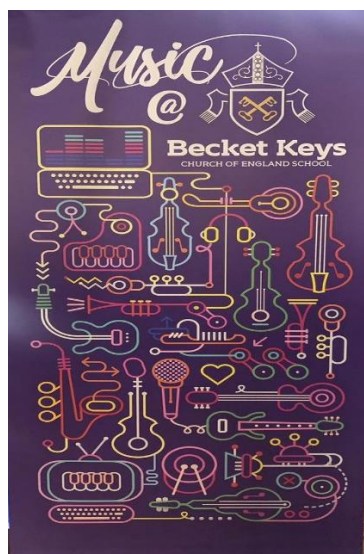
Tomatoes

Carrots

Garlic

Sweetcorn

Celery



## Music Department

For your listening pleasure this week .....

The Music Department put together their first ever 'couch concert' with amazing performances by our students. The concert was a live stream on Wednesday evening, however you can catch up here:


<https://youtu.be/TXL4AfZw-ZE>

Look out for more concerts in the future. Follow @BecketkeysMusic




## Mathematics Department

### Magna High Challenge

1  Elizabeth Thompson

2  Cameron Beaken

3  Kristin Van Heerden

4  Archie James

5  Madeleine Earle

6  Phillip Davies

7  Neza Copar

8  Folarin Olukoya

9  Tom Morrison-Rees

10  Jeremiah Ajanlekoko

This week sees the end of our Manga High trial. Well done to all the students who have been regularly using this resource to help improve their Mathematics!

I have been so impressed to see so many of you, from a variety of different year groups, regularly logging on to use Manga High! As a school, we have spent over 250 hours on this resource over the last two months!

### Mathematics Enrichment

Please do not forget to keep checking the Mathematics Enrichment Padlet <https://padlet.com/teresarobinson/RET>, for enrichment and extension resources which can be used by everyone at home.

A level mathematics students can use this different padlet to help with their revision <https://padlet.com/hbarnes1070/n921s1xhu9oeya>

### Practical mathematics

Last week, Year 8 have been working with ratio and proportion. Some of our students applied their learning and got creative in their kitchens. Well done to everybody who took part, we hope that many more of you will enjoy cooking and sharing good food with your families during Whitsun.

#### Ellison Randle



#### Isobel Barry



#### Frankie Peet



### Weekly Challenge: Mrs Moffatt's design task

We need a new design for our KS3 book covers. The three winning designs will be used for all Year 7, 8 and 9 books next year.

This week, all KS3 students have been set the task to start this process. The cover may be produced digitally or by hand. Students have worked hard to produce a draft version of their design, and we are looking forward to seeing all of these

after Whitsun, and selecting the winning designs!

### Maths Puzzle 4: How old are they?

Reversing the digits of grandfather Arthur's age gives that of his son Brian. The difference of their ages is three times that of Arthur's grandson Christopher, which in turn is a seventh of his grandfather's age. Neither Arthur nor Brian were teenage fathers.

How old are they?

### Maths Puzzle 4 Solution: How old are they?

There are two possible solutions:

Arthur 84, Brian 48, Christopher 12

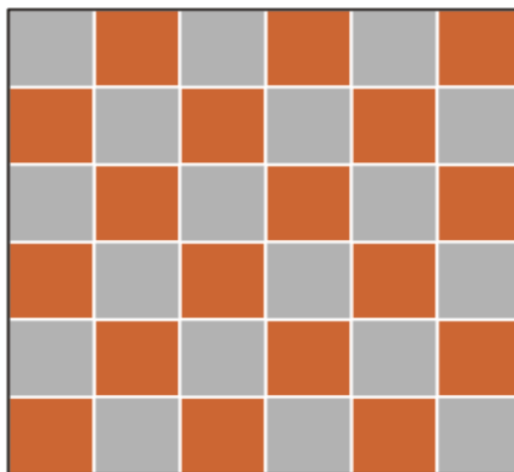
Arthur 63, Brian 36, Christopher 9

## Maths Puzzle 5: Knights Move

Place three chess queens on a 6x6 board so that all empty cells are attacked? An empty cell is considered to be attacked when it is in the same row, column or diagonal with at least one of the queens.



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## Biblical Dingbats



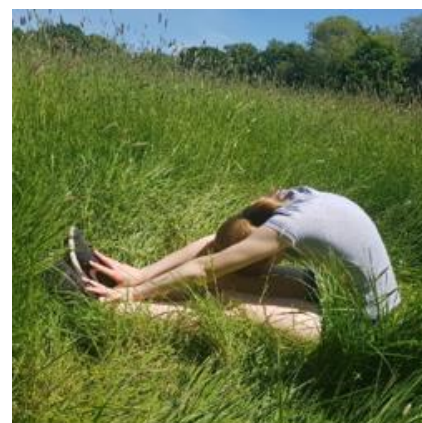
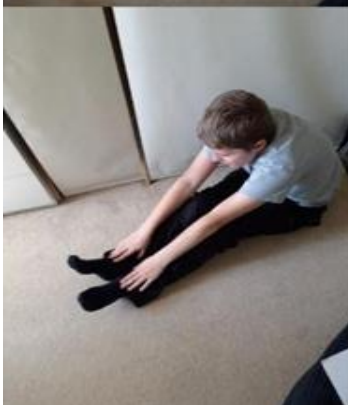


## PE Department

Here we have the progress of a number of our students during the 'Flexibility for All' task. Some of our students found this incredibly difficult and made them realise the importance of it within their lives. Others really pushed themselves to achieve their best.

We also have our Year 9 student, Emily, who is a budding trampolinist. She spent her time on the extension task and the results are fantastic! Well done to all students who saw progress and 'stretched' themselves to be their best!

**Miss Schafer**  
**PE Teacher**





# Art & Textiles

★ It has been another fantastic week of home learning for Art & Textiles. Well done for all of the brilliant work submitted to Mrs Cherry & Mrs Brassett.

## Star Artist for Art

Free drawing and portraiture lessons every Sunday! Follow the link or on YouTube.

<https://www.umberstudios.com/online-portrait-drawing/>



Year 9

Jess Martin

Well done to Jess Martin in Year 9 for her fantastic Surreal Portrait piece.

Special mention to David Kirk Year 10 for his commitment in improving his artwork over the past few weeks.

Well done David!

...more great pieces from  
home learning in Art



Elisabeth  
Dixon  
Yr8



Josiane Pouadjeu  
Kammani

Yr9



@becketkeysart



# In Textiles this week

Thank you for the fantastic entries for the 'Upcycling Challenge'! Please keep them coming in! Mrs Cherry & Mrs Brassett are extremely proud of everything you are doing in Art & Textiles - well done!

## Star Designer for Textiles

Remember to explore the stunning ONLINE collections from the V&A museum.

<https://www.vam.ac.uk/collections>



**Yasmin Garner**  
Year 10

Very professional fashion sketch by Yasmin Garner!

Special mention to Olivia James who not only upcycled some winter pyjamas into summer ones but she revamped her playhouse using 100% recycled materials! See pictures on the school twitter site – Becket Keys Art and Textiles department @BecketKeysArt

...more great pieces

from home learning in Textiles



**Rhianna**

**Tingay**

**Yr8**

**Ruby Cole**

**Yr9**



@becketkeysart





## True Colours

*He has made everything beautiful in its time.*

Ecclesiastes 3:11a

This is what the Lord says (the Creator of the heavens, who stretches them out, who spreads out the earth with all that springs from it, who gives breath to its people, and life to those who walk on it): 'I, the Lord, have called you in righteousness; I will take hold of your hand' (Isaiah 42:5-6).

Despite this challenging time, the colours of the blossoms and flowers have been and still are so beautiful, spectacular even. They are perhaps even more treasured and noticed. Have you ever tried to visualise a world without colour? The beauty of the rose; the thrill of a breath-taking sunset; the unfolding of carpets of green; a charm of goldfinches. Again, consider the rainbow, skillfully painted from the spectrum of colours contained in God's glorious palette. Warm colours encircling us, embracing this earth, with a promise, a reminder, of His covenant with all of creation. Such love, eternal and everlasting.



Have you ever reflected upon the fact that from early childhood, God indelibly impresses colour on our mind? Through these windows, we believe there is a purpose. In fact, God has given it to us so that, if we should wish it, we have a foundation on which to grow. We know that a rainbow is a promise and can be a prayer. We know that The Bible begins with a rainbow and ends with a rainbow. In the Book of Genesis, it says: The Rainbow of God's Promise shines across the world. In the Book of Revelation, it says: The Emerald Rainbow shines around the Throne of God in Heaven. As we observe the rainbow and the colours of our world, we have a whole life time of prayers ready to go! So, with the start of the Whitsun holidays, let us take the time to spend a little longer reflecting on this comforting theme. Take time to rest in the Lord's presence,

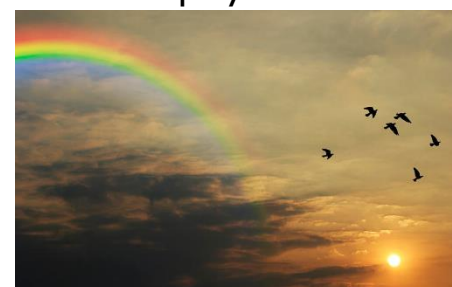
reassured by His promises and love for us all.

### Let us pray:

Dear Heavenly Father,

Thank you once again for your rainbow and the promises you make with each colour. Help us to remember that you love us and will see us through each storm. Help us to also remember that you are with us in times of joy and thanks giving too. Thank you, creating God for the beauty of the rainbow and the beauty of your love. Amen.

**Mrs Sharp**  
**Deputy Headteacher**



## The Essex Child and Family Wellbeing Service will be contacting all students in Year 9 from 24 May 2020.

Do you have a young person who is in Year 9 (Aged 13/14)?

If so, within the summer term, a member of the Essex Child and Family Wellbeing Service will be in contact with you. Together we will discuss how we can support your young person in starting to take responsibility for their own health and wellbeing, and anything we can do to support you as a family.

As part of this, we will be asking to speak to your 13/14 year old directly to share any appropriate health information and ask if there is anything we can do to support them. If you have any further questions, then please contact your local Healthy Family Team.

<https://essexfamilywellbeing.co.uk/>



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