



Becket Keys Church of England School

26th June 2020

JOIN US IN LIGHTING A CANDLE AT 8PM TODAY

IN THIS ISSUE

Mr Scott-Evans writes ...

Galatians 6:2

**"Carry each other's burdens,
and in this way you will fulfil the
law of Christ."**

There have been many social media posts doing the round lately explaining why 2020 has been an awful year so far: a year no-one could have predicted or even have imagined back in December. From Australian wildfires, to devastating winter storms, to the Coronavirus and the tragic death of George Floyd it is impossible to say that it has not been tough. We certainly have not seen a world like this for a very long time. It has been tough specifically for Becket Keys too with the passing of Su Garlick and I have some further difficult news to share on page 3.

Yet amongst it all, amongst the bad news stories and the tragic events, there always continue to be messages of hope and generosity. From the hundreds and thousands of people following in Captain Tom's footsteps and raising money for charities throughout lockdown, to the key workers never stopping, despite the risks to their own lives, to our school and all its community members tirelessly trying to do their best in these difficult circumstances of remote learning and slow unlocking.

The generosity I have seen displayed in our school over the past few months has been tremendous. I have learned about a multitude of big-hearted actions, including teachers working at all hours to try and deliver on-line lessons and

.....Contd on Page 2



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Food Glorious Food!

Great to see our students are still busy in their kitchens. Some more amazing International dishes have been submitted this week!

Page 5 -7

Super-Curricular Activities

Many of our Year 12 students have kept themselves busy during this lockdown period with activities about which they are passionate.

Page 9-10

Sports Day

We do not want to forget Sports Day this year. See how you can participate.

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Biblical Pause

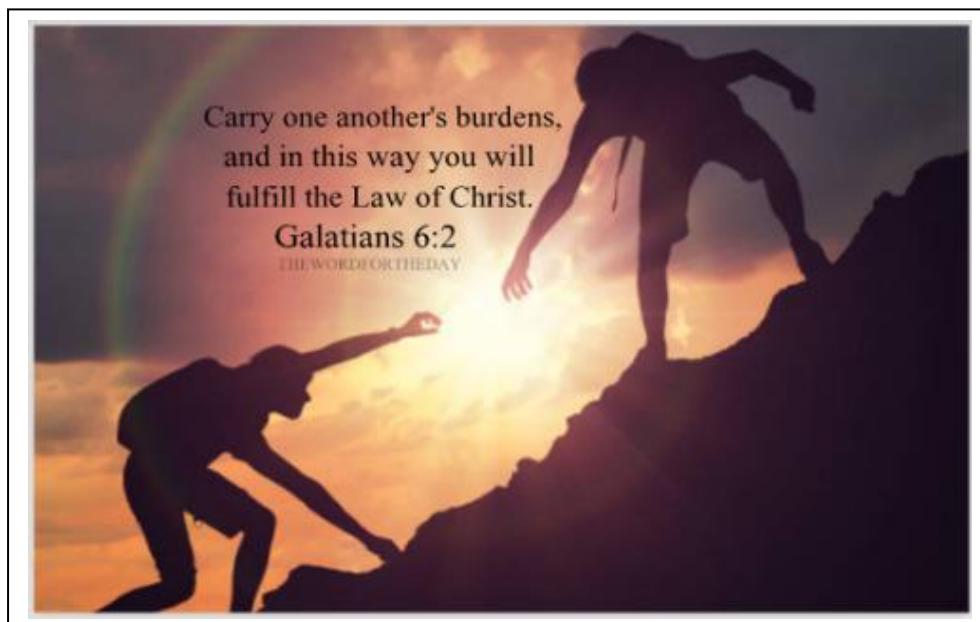
An Everlasting God.

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.....Contd from Page 1

feedback, parents giving up hours of time to support and encourage their children, people buying and distributing food parcels through local networks, the science department donating (and others making) PPE for the NHS, donations of stationery and even laptops/iPads for families, one to one wellbeing telephone support, the rapid upskilling of staff in digital communication technologies, and maintaining a sense of community through: virtual worship, on-line concerts, extra-curricular activities, an on-line sports day, regular newsletters and social media updates. And so much more! We are even reaching out to students who are not here yet through virtual tours of the school, teacher videos and question and answer sessions.

The world can look pretty tough right now, but working together we can help to bear one another's burdens just as Paul taught us in Galatians. We may all have our own personal load to carry alongside the professional pressures, but we can work together to help ourselves through it. So, if there's one thing you try to squeeze into a busy weekend make it this – pick up the phone and ring another parent from this or from another school, maybe someone you have not spoken to in a while. Pass forward to them some of the generosity, compassion and love that flows across our community knowing that no mountain is too large to climb, and no problem



too difficult to overcome when we work together. Share with a grateful heart some special words of love and affection to that person and also with your own family. You never know what is around the corner, but right now if you have the capacity to love someone else, and help carry some of their burden it may bring a much needed blessing both to them and to you.

Thank you for all your incredible support and good wishes to us as another difficult week draws to a close. With God's help, together, we carry these burdens.

Mr Scott-Evans
Headteacher



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School uniforms to suit you

Although the retail unit of Smarty Pants, our uniform supplier, is unable to open. The company is available online to help you with all enquiries and to assist you to confidently place your order online.

Visit their website for the latest information:

<https://www.smartypantsschoolwear.com/>



Dear Parents/Carers,

It is with great sadness that I have to bring some tragic news. I am afraid that I have to inform you that Mr Sedgley has died. As you know, Mr Sedgley was a wonderful man and fantastic teacher. I am truly sorry to share this awful news with you today.

Mr Sedgley died of a sudden and completely unexpected heart attack on Wednesday evening. He was in school helping with our Key Worker Provision on this day and showed no signs of difficulty. I spent a very enjoyable lunchtime with him and, as usual, he was delightful and excellent company. We had fun with the students and then went back to work. He stayed late setting remote learning activities for his classes to do and responding to their questions and comments. Then, as I understand it, he became unwell at home around dinner time. The ambulance came and they did everything that they could, but it was not possible to save him.

Whenever there is a death of a member of the school community, we would normally do a number of things in school that we are not able to do at the moment. Your children may or may not want to talk about it, but I am sure you will pass on this news and will provide the extra love and support they need from you in the days ahead. In my experience, sometimes younger students are unsure how to respond and may feel anxious about their own parents. It will be important to reassure them that this is an extremely rare and unusual event. Predictable routines and activities at home will be helpful and important, although you may also want to make space and time to say a prayer or light a candle in his memory. We are going to ask all families to light a candle for Mr Sedgley tonight (Friday) at 8pm.

We are also going to open the school chapel on Friday 3rd July from 8:45am to 3:15pm for those who wish to come in to school to light a candle, say a prayer or write in a book of condolence. We will send the book to the family in due course. The chapel will be staffed by members of our chaplaincy team and school staff. Most Year 7, 8 and 9 students will be in on this day anyway. Students in other year groups who knew Mr Sedgley will be welcome in as well.

If you prefer, you can email us with any comments for the book. We will print them out and add

them to the collection. The email address for this is:

bookofcondolence@becketkeys.org

We have enclosed with the newsletter today an information leaflet for you which may be useful at this time.

Trained counsellors and clergy are helping to support us through this difficult time. All of these colleagues will be guided by Mrs Sharp and me in this. Any families who wish to access this support should contact us via the usual means: office@becketkeys.org

We are deeply saddened by this great loss but are trying to keep everything running as normally as possible. Mr Pethers will oversee Mr Sedgley's form and Mrs Blacow will ensure that Mathematics continues to be set for his classes. Our thoughts and prayers are with Mr Sedgley's family at this tragic time and the school community sends them our sincerest love, sympathy and support.

We are in touch with the family regarding their wishes for the school's response and will let you know of any funeral arrangements in due course.

Mr Scott-Evans
Headteacher

Bereavement Support for Students

**Sue Prichard, School
Counsellor (Working4Children)**
– Contact Mrs. Cavalier via email
to SEND@becketkeys.org

HBBS Counselling Brentwood

Call 01277 283199 or email
enquiries@hbbscounselling.org

Cruse Bereavement Care - Essex

<https://www.cruse.org.uk/get-help/local-services/eastern-england/essex>

Tel: 0845 2669710

Email: essex@cruse.org.uk

NHS Bereavement Advice

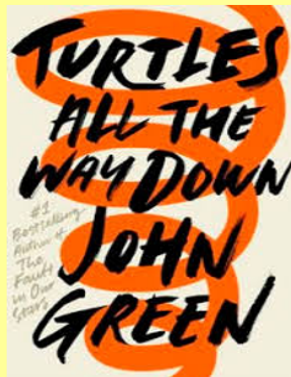
<https://www.nhs.uk/conditions/stress-anxiety-depression/coping-with-bereavement/>

Child Bereavement UK

<https://www.childbereavementuk.org/>



Mrs Russell's Book of the Month - June



WHAT'S THE STORY?

It all begins with a fugitive billionaire and the promise of a cash reward. *Turtles All the Way Down* is about lifelong friendship, the intimacy of an unexpected reunion, Star Wars fan fiction, and tuatara. But at its heart is Aza Holmes, a young woman navigating daily existence within the ever-tightening spiral of her own thoughts.

In his long-awaited return, John Green shares Aza's story with shattering, unflinching clarity.

You can listen to an extract here: https://www.youtube.com/watch?v=A5j_VSZU1Kc
An online or hard copy can be purchased on Amazon



Word of the Week

Nuance

In sentences:

1. Because she is a chef, she notices every **nuance** of flavour in the meal.
2. He was aware of every **nuance** in her voice.
3. Look closely, and you will notice the **nuance** of colour in the Autumn leaves.

Definition in English:

a subtle difference in meaning or opinion or attitude

Use the word nuance as many times as possible throughout the week! This can be verbally, in your written work or even when messaging friends and family!

Food Department

Thank you to everyone who sent in photographs this week, I had a record number to choose from! I had so many, in fact, that I have had to save some for next week, so if you do not see your dishes here today they will appear next week.

I am going to name this week "The Great Becket Keys Bake Off" as so many of you have been baking impressive looking cakes and pastries. If you like strawberries, which are at their best at this time of year, and you like chocolate (who doesn't?), then you would love Sidney's strawberry and chocolate gateaux!



Abbie Tupper showed impressive piping skills when preparing the meringue on this lemon meringue pie.



Harry Adams made a lemon drizzle cake using his Grandmother's recipe.



Cameron and Sophie had a go at Victoria sponges which are a light summer treat.



Cameron Macarthur



Sophie Kelly

Elizabeth and Demmie made eclairs and profiteroles using choux pastry, a very difficult pastry to get right.



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There was fresh fruit on Matthew and Lucia's pancakes, so obviously there are now healthy as well as delicious!



Matthew Bills



Lucia Da Costa-Smith

The real showstopper for this "bake off" was undoubtedly Izzie's birthday cake which looked better than some of the cakes I have seen made in professional kitchens. Well done Izzie! I look forward to you teaching me how to make that cake, when you start your A level in September!



It wasn't all cakes! Becket Keys students drew on influences from around the world, displaying some real talent. There were some delicious looking Asian dishes, one Year 10 student, who would rather remain anonymous, "wokked" up a Sesame chicken stir fry.



Year 10 Student

Nyssa made Chinese dumplings as seen below.

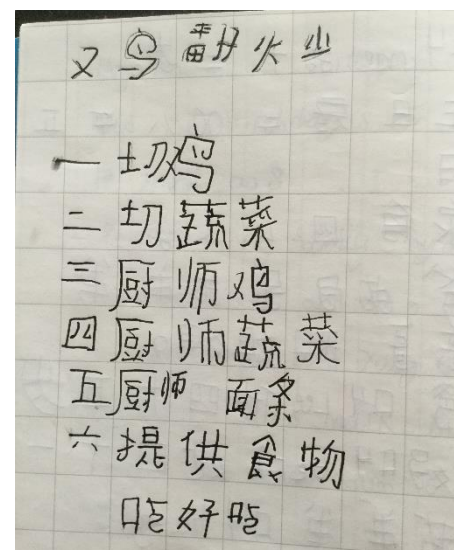


Lowri made a chicken chow mein.



One of my favourites was Mae Blackwell's Mandarin noodles

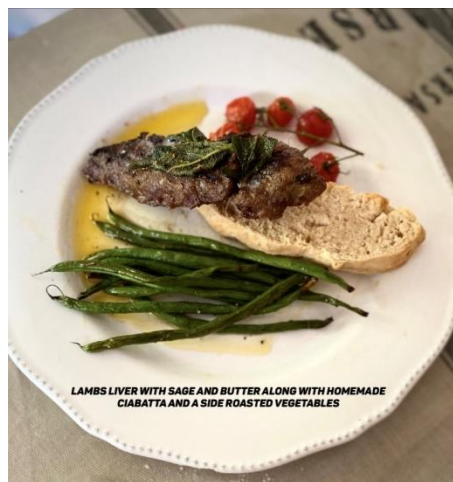
packed full of vegetables and very well presented. If you would like to try this at home you can follow Mae's recipe 😊



Year 10 food students have been putting in a lot of practice cooking at home with some stand out dishes. Jake Holdcroft is producing first class dishes, week after week, and this week was no exception. Here is his sharing platter of salmon pate and flaked marinated salmon, with a selection of homemade crackers. Impressive work Jake.



Charlotte Hope used Italy as inspiration for her classic lamb's liver in sage butter, with homemade ciabatta. This is very tricky to get right as liver is so easy to overcook. Charlotte's dishes are always beautifully presented and very well photographed, well done Charlotte!



The busiest chef award has to go to Sebastian who has been keeping his family very well fed, as you can see in this photo of his feast of barbeque burgers.



Sebastian Oxley

This photograph of Sebastian inspired the recipe I will share for you this week, homemade brioche bread rolls to accompany what you cook on your barbeques in this hot summer weather we are enjoying.

Please keep sending in your photos as we really enjoy seeing all the amazing food you are making at home.

Mr Shapland
Head of Food

Cook At Home Cookery Club

The links to this club are posted on Satchel One. If you missed the last one then please follow this link:

<https://www.youtube.com/watch?v=gRz9GfLX5Qc&feature=youtu.be>

You will find the YouTube video so you can try a recipe at home. The recipe is contained in the video.

This week we made we made a healthy couscous salad.

Enjoy!

Mrs English
Food Teacher

Music Department



If you missed Couch Chamber Concert No. 6 you can catch up by clicking on this link:

<https://youtu.be/gvN35DHdhdQ>

Every week, students have been busy preparing performances for us all to enjoy. This week is magical in more ways than one!

If you would like to submit a performance, we would love to hear from you, so please contact Mr Romhany.

Follow @BecketkeysMusic on Twitter for all the latest news from the Music Department.



Recipe to try at home:

Brioche burger buns



Ingredients

200g bread flour
 ½ Teaspoon yeast
 110g warm milk
 1 Egg yolk
 20g butter
 1 teaspoon sugar
 4g salt
 Egg wash (1 Egg beaten together with a splash of milk)
 Sesame seeds

Method

In a medium sized pan warm the milk, butter, sugar, yeast and stir. Add flour and salt and egg yolk. Bring together with a spoon, then tip out and knead for 10 minutes. It is a very wet mix to begin with but it does come together when you knead it, so do not worry.

Put the kneaded dough into an oiled bowl and cover with cling film. Leave this to prove for one hour.

Once the dough has doubled in size, tip it onto a work surface that has a little bit of oil on it, to

stop it sticking, and quickly knead it again. This is called knocking back.

Once you have done this, divide the dough in 4 and shape into burger bun sized dome. Put these on a lightly oiled tray and cover with oiled cling film to stop the air from forming a skin on your dough.

Leave these to prove for 1 to 2 hours until they have roughly doubled in size. Remove the cling film, glaze with the egg wash, sprinkle over the sesame seeds and bake 180°C 20 minutes until golden brown.

Leave to cool on a wire rack then enjoy with grilled meat or vegetables, or my favourite, which is pulled pork.

Have a great week!



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A Message to Year 12 from The Ministry Team



Hello to all Year 12 students! My name is Alison Carmichael and I am part of the Ministry Team attached to your Year Group (along with Holly and Carolyn). I work for a local educational charity called the Brentwood Schools Christian Worker Trust. You may remember that I led your Collective Worship in November with my colleague Ian.

It is a pity that I did not get to meet you all properly before lockdown, but I am looking forward to getting to know you in Year 13. Hopefully, I will be able to come into school to lead Collective Worship in the not too distant future and be around to support you. I hope that you have been coping in these strange times and are benefitting from having some time back at school before the summer.

Year 12 Super-curricular Activities

Throughout their two years in the Sixth Form, students complete a great deal of super-curricular activities outside of the curriculum. These activities are designed to enrich them academically, help them to develop new talents and prepare them for further studies once they leave Becket Keys. Completing these and being able to write about what they have done in their applications to universities will also give them a better chance of being given an offer of a place: universities want to have academically curious and independent students in their numbers.

The idea is that students create or discover super-curricular activities on their own. They look at university websites, explore online courses, plan their own visits (hopefully soon!), speak to academics for recommendations and consult various reading lists. If they wish, they can also follow some of their teachers' suggestions of what to do, read, watch, listen to and visit:

<https://www.becketkeys6th.org/wider-reading.php>. In fact, Year 11 students are currently using these now!

It has been really interesting to hear what lots of our Year 12 students have been up to over the past few months. Three students have kindly shared their experiences:

Mr Peggs
Head of Sixth Form

Millie Double



I took part in the North London Festival of Music and Drama's one-minute monologue competition, for which I wrote and performed a short monologue called "Off the Ceiling". It had to be about happiness, family or lockdown - mine was about family.

The competition was so popular that they ran a Zoom session to announce the results, which was great as it meant we got to see the other people who had competed. They also played the winning monologues in each category.

I really enjoyed it and am looking forward to their next competition!



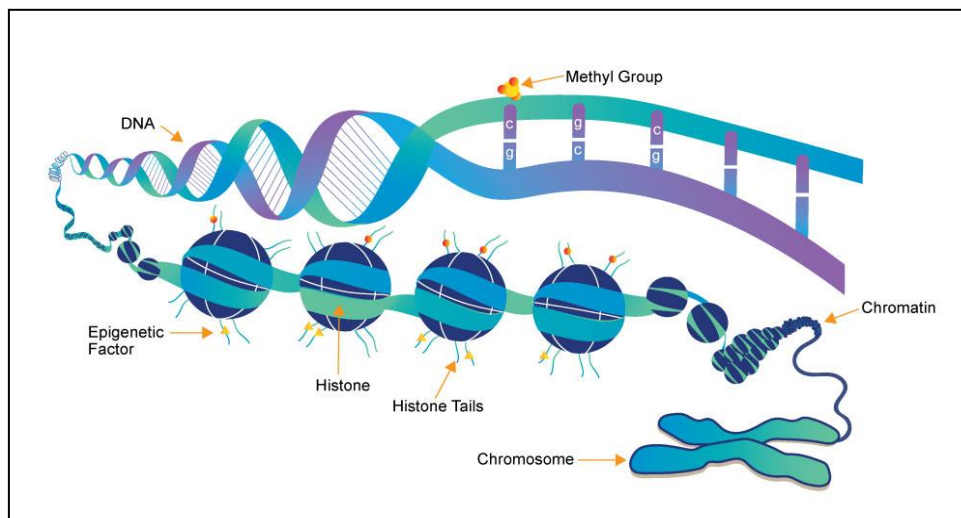
Lola Webb

Due to my interest in biology, my super-curricular activities have mainly been focused on current scientific and medical developments and discoveries.

For example, recently, I completed a MOOC (a Massive Open Online Course) from the University of Bath called 'Inside Cancer'. Over the four weeks, I went from learning how different cell pathways can cause tumours to develop, to finding out about some potential future treatments for the disease. I found this really interesting as it linked well with another topic I have done some of my own research into: epigenetics. This describes how genes are expressed and the MOOC introduced me to the idea that epigenetic drugs can be used to ensure that the correct genes can be turned on or off in cells to prevent them becoming cancerous.

Throughout the last few months I have also been reading magazines such as New Scientist

and BBC Science Focus to keep up to date with discoveries relating to the Coronavirus. I read an article explaining how a vaccine for the virus may be created by adding its specific protein 'spike' to a chimpanzee adenovirus, which would act as a vector and deliver the vaccine to the human body cells. I followed this up by researching the difficulties of creating a vaccine and why it is taking such a long time, as well as what alternative drugs and treatments there may be to a vaccine.



have taken with my camera while taking a break from school.

Instagram:

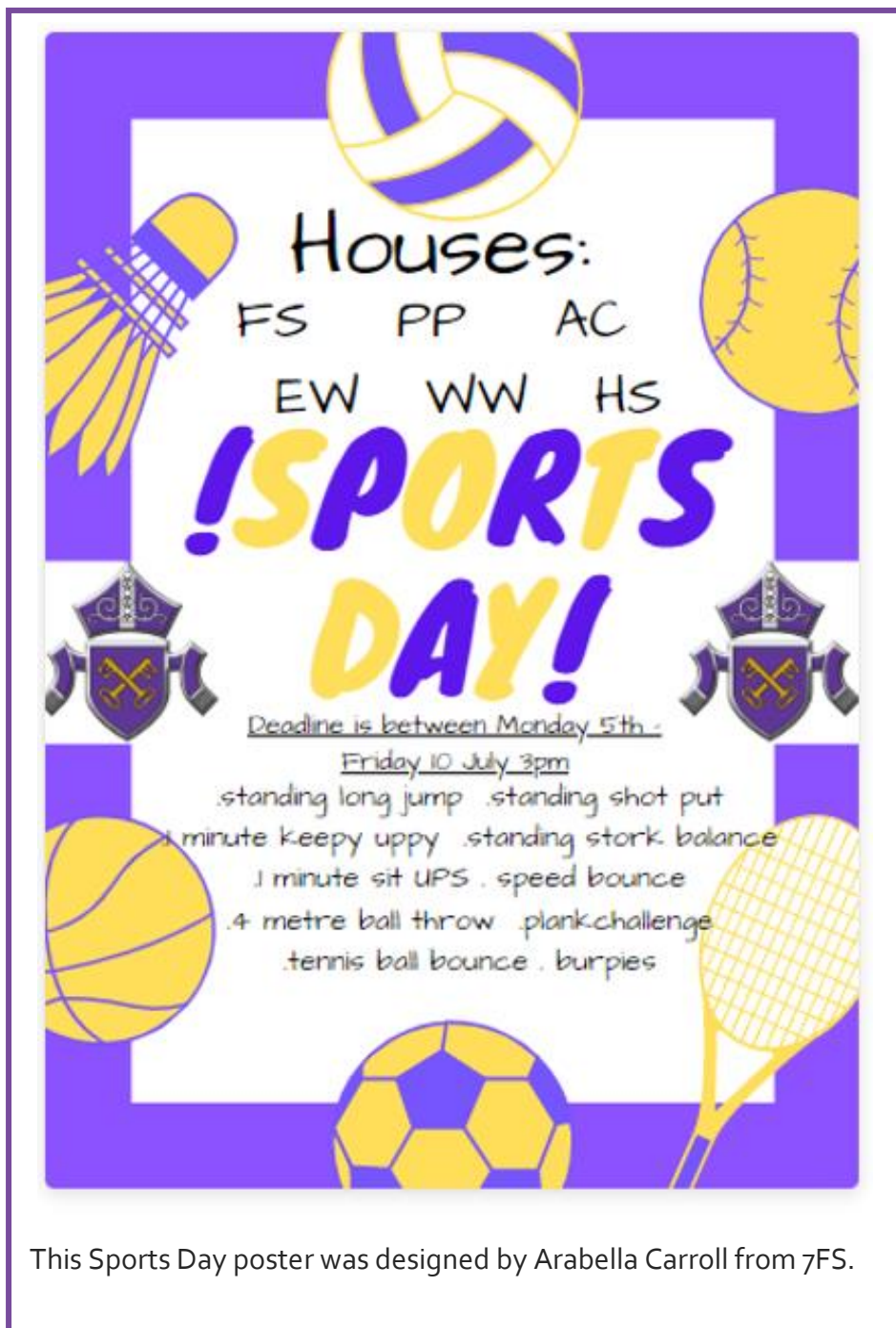
@abbiestone_photography



Abbie Stone

With my photography business, I usually focus on portraits and family photoshoots in natural locations. Obviously, this has not been possible during lockdown and so I returned to my original focus of nature, which was where I started my business in 2017. Here are some photographs that I





This Sports Day poster was designed by Arabella Carroll from 7FS.



The PE department have been working tirelessly to ensure that the 2020 Sports Day does not get forgotten. After thorough thinking and careful planning, we have decided on the idea that we are going to be running a virtual sports day with 10 activities that can be performed from home without needing any equipment!

This year, sports day is not just aimed at students we are hoping that staff will represent their houses, and forms, by competing too. As seen in this short promo video:

<https://youtu.be/7S0oo7pwlxQ>

There are points on offer for taking part so we expect to have the same enthusiastic approach to this as we would see in PE lessons. Stay tuned for more details as we will release the information for any possible questions you may have in the coming days.

Keep safe everyone!

Mr Lane
PE Teacher



Art & Textiles

It has been another at good week of home learning for Art & Textiles. We are very proud of all the work you are creating! |

Star Artist for Art

Free drawing and portraiture lessons every Sunday! Follow the link or on YouTube.

<https://rawumberstudios.com/online-portrait-drawing/>



Cordelia Hoxa
Year 10

Well done to Cordelia Hoxa in Year 10 for her fantastic hand study. Great progress for GCSE Art!

Special mention to Katie Stephens Year 12 for her commitment in improving her artwork over the past few weeks. Well done Katie!

Isabel Evans Yr 9

Katie Stephens Yr 12



@becketkeysart

In Textiles this week

...more great work from home learning in
Textiles!
Star Designer for Textiles

Calling any budding fashion designers out there!

<https://www.youtube.com/watch?v=J4io30FtTuo>



Saffron Wilson
Y12

Y12 Textiles: Here, Saffron has combined different materials and techniques to make her own unique fabric. Saffron then used this fabric to construct a sleeve inspired by a variety of historical periods.

Special mention to **Holly Keefe** who has made significant progress in her Y10 Textiles coursework. *Well done Holly!*



Alex Thompson Y7



Lily Brooks Y9



Beltran Gracia – Martin Y8



@becketkeysart

Becket Keys Virtual Extra-Curricular Clubs


In the remaining few weeks of term, staff will be running extra-curricular clubs aimed at our Year 7-9 students who will not be returning this academic year (however all students are welcome to have a go). These activities are not compulsory and sit outside of the normal timetable and are meant to be fun and engaging for those who find something of interest. Staff will be uploading their clubs to YouTube so they can be watched at any time that is convenient. Staff will then promote their clubs via SMHW by attaching it as an “announcement” on the notice board function. This may also be emailed home to you as well.

If you have any suggestions for a club you would like to see, please do not hesitate to contact your Head of Year who will pass suggestions on! However, for now, enjoy our first set of clubs that started on the 15th June!

Monday	Tuesday	Wednesday	Thursday	Friday
Drumming for beginners – with Mr Scott-Evans	Cooking fun – With Mrs English	Couch Chamber Concert – with Mr Romhany (7pm)	Art and Textiles Virtual Club – with Mrs Brassett and Mrs Cherry	Fitness Fridays – with Mr Lane

As well as Becket Keys Virtual Extra-Curricular clubs, Essex County Council are running a variety of online clubs via Zoom. Students, with parental permission can access these live activities by booking a place using the information below. These clubs are updated on a weekly basis so check out the new timetable, which is released every Friday. These clubs are not run by Becket Keys staff, so if you have any questions please contact Essex County Council using the links below.



Online activities for
week commencing 22nd June 2020 via 

You can access
Zoom via the
internet or
download the app

*Note our new age
categories!*

Online Activities for young people aged 13-19 years, or up to 25 with additional needs (some activities for younger people where stated).

The UK's at home, but Essex Youth Service is Open!

Ages	Monday 22 nd June	Tuesday 23 rd June	Wednesday 24 th June	Thursday 25 th June	Friday 26 th June	Saturday 27 th June
7-12	4pm Baking with Emma 4.30pm Smoothie Making (rotate ages)	5pm Talk Disney share your love of all things Disney	3pm Nature crafts 5pm Junior Quiz Night		4pm Bike maintenance	12.00 Bingo!
13-15	4pm Learn some magic tricks	3pm Maths Club 4pm Talk Disney - share your love of all things Disney 4.30pm Fitness & street dance with Fusion Dance	4pm Baking with Emma 6.30pm Relax 7pm Video gaming 8pm Catchphrase	5pm Stretch and lyrical dance with Fusion Dance 5pm Quiz Night 6pm Scavenger Hunt 7pm Live Chat: Share your ideas for keeping yourself well 8.15pm Sign Language Basics – new course starting, open to beginners	6pm Hangman	1pm How to Cook when you Can't Cook
16-19	8pm Ask Sue – any questions for Auntie Sue? Or help Sue come up with good solutions to relationship dilemmas	3.30-4pm Maths Club 5pm Working in the music business 6pm Bingo 7pm Video gaming 8pm Other things to do online	1pm CLIP sound and music 5pm Challenge Me, Challenge You		5pm Football chat 8pm Film chat	1pm Weekend Quiz 2pm How to Cook when you Can't Cook

*Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. video streaming and audio content.
You have the option of turning off your camera and microphone if you wish.*

To book your place, please contact
youth.work@essex.gov.uk with:

- Full name and age
- Where you heard about the session or who told you about it
- Name date and time of session/s you would like to attend.

Once you are booked on, you will receive an email with a link to your session. Bookings only taken Mon-Fri 8am-3pm

We also have many other regular clubs which you may be interested in joining (see below). Email youth.work@essex.gov.uk letting us know where you live and we will put you in touch with the Youth Worker.

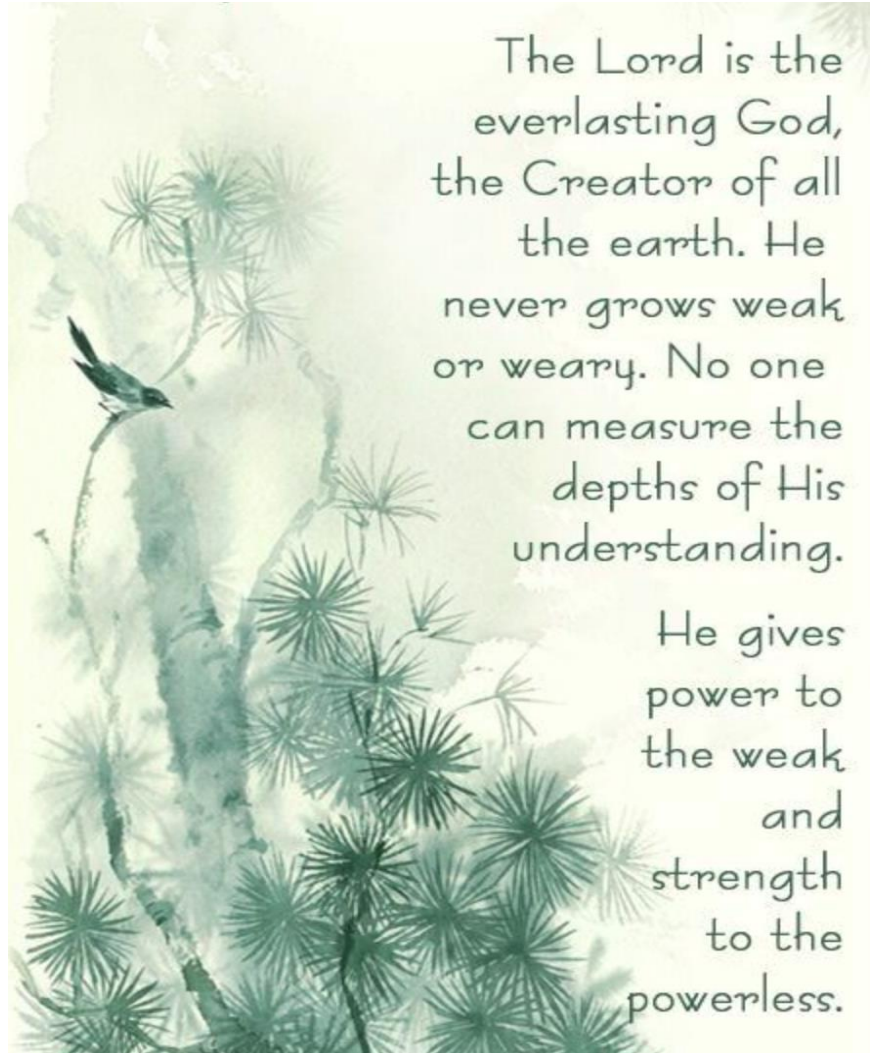
Young Carers, primary & secondary groups
Young Adult Carers
Young Essex Assembly
Young Volunteers
Young Commissioners
Rochford Youth Council
Nexus
Laughs at the Lodge

Saved by the Bell
The Quirky Squad
NCS Grads
South Gateway
Basildon Youth Council
SEND Volunteer Support
Hermit Drop In
Hermit Young Volunteers

Find out more about these groups on our website: Search for Essex Youth Service, Online Activities

**YOUTH
SERVICE**


Essex County Council



An everlasting God

These words from Isaiah 40:28-29 are a special message of hope and strength. The Lord is forever working on our behalf to ensure that we benefit from His care. What provision are you most in need of today? What image offers you peace? What words offer you hope? Turn to God; wait on Him. Open His Word and remind yourself of His strength, power and love.

Let us pray:


Lord, we come before You and confess we are weak without You. But thank You for reminding us here in Isaiah that You are the everlasting God, that You do not grow weary. We ask that You be with us today and always. Renew our strength day in and day out we pray. Draw near to us and give us your peace; a peace which surpasses all understanding. Amen.

Mrs Sharp
Deputy Headteacher

An opportunity to remember Mr. Sedgley and write a special message for his family

The John Wraw Chapel (Justin Welby Building) will be open to students and staff for prayer, quiet reflection and the signing a Book of Condolence from 8.45am – 3.15pm on Friday 3rd July 2020. A member of our Ministry Team will be there throughout the day.

Memories



Calling all Year 13 students



It's not goodbye!
We want to keep in touch with every Becket Keys
former student...



Please take a few minutes to sign up to the following to stay in touch!

<https://networks.futurefirst.org.uk/signup/becketkeys>

Follow us:



@becketkeysalumni



Becket Keys Alumni

Becket Keys Church of England School

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