

# Becket Keys Church of England School

20th November 2020

IN THIS ISSUE

#### Mrs Trebess writes...

# New Hope Children's Centre

We have always had a strong connection to charity at Becket Keys, driven by our Christian Values. During these difficult times, we believe that it is more important than ever to think about others and realise that there are always people who need support in our community.

Thank you SO much for all those students who helped us to raise over £3250 last year. Whether you paid your pound to come to school in non-uniform, contributed to 'Cans for Cancer', purchased doughnuts, cookies or bought hot chocolate or if you did your own fund raising event, WE MADE A DIFFERENCE!

The Charity Committee has decided that we will continue to support these two fantastic charities this year:



## **Cans for Cancer**

Following the fantastic success of this fundraising event last year, we make no apologies for rerunning 'cans for cancer'.

Currently, every form has been asked to clean out an empty can and fill it with spare change.

Whilst so much shopping is currently been done using cards, please have a look to see if you can find some spare change lurking around. Check under the car seat, down the sofa and in the corners of your room.

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If every student in the school brought in just 10p in change, we would raise £100 for cancer research!

## Virtual shoe boxes for New Hope Children's Centre

Meanwhile, New Hope Children's Centre in Kenya continues to care for over 100 children aged between birth and 18 who are either orphans or in exceptionally vulnerable circumstances. The photo shows just a few of these children.

Last year we sent over some money to help the centre pay for some small gifts and the food for a party for the children at Christmas. This year we are asking for individual students to donate £5 to pay for a 'shoebox' for each child. That is 110 shoeboxes. The founder of the centre, Anne Chenge, will buy every child basic toiletries such as soap, a toothbrush, toothpaste, a small treat – perhaps a bottle of nail varnish or a toy, stationery for school and some sweets and biscuits.



All you need to do to take part is to bring £5 in to your form tutor



in an envelope with your name and form written on it. The Charity Committee will then contact you to come and choose which child you are buying the shoe box for. We hope that you will write a Christmas Card for your child and perhaps include a little bit of information about yourself and your family – maybe a photo if you would like. The cards will all be sent over in one big package, whilst the money will be transferred to Anne to buy the items for the children.

## However, all this needs to happen by the end of next week due to delays being caused because of Covid!

If you want more information, then do please email Mrs Ahlner or come to the Library classroom on Tuesday, Wednesday or Thursday.

## Sponsoring a teacher – school to school

New Hope has opened its own school, based in two classrooms at the moment. Because of this, they have been able to offer lessons to all the children during lockdown, whilst all the public schools in Kenya have been closed, which is a fantastic achievement. It costs about £300 a month to pay for a teacher. How fantastic it would be to get 30 families from this school donating £10 a month to pay for a teacher. If any family here in England feels that they could set up a regular monthly donation to help us support a teacher then please contact Mrs Ahlner via the school office email

office@becketkeys.org

Mrs Trebess Deputy Headteacher & Mrs Ahlner English Teacher and Charity Co-Ordinator



Speakers for Schools are pleased to announce that next week, there is an exciting <u>live broadcast</u> from Peers for the Planet. Peers for the Planet is a House of Lords climate and biodiversity action group.

Peers for the Planet have kindly brought together an information PDF for students about the House of Lords in Climate Action: <a href="https://www.peersfortheplanet.org/post/the-role-of-the-house-of-lords-in-climate-action">https://www.peersfortheplanet.org/post/the-role-of-the-house-of-lords-in-climate-action</a>

Date: Wednesday 25th November

Time: 17.00 – 18.00

**Age group:** KS4 & 5/ S4-6

Host: Baroness Helene Hayman.

Panel: Baroness Floella Benjamin, Baroness Rosie Boycott & Lord

**Richard Chartres** 

Join Link: https://bit.ly/38V6xXR

Join Speakers for Schools and Peers for the Planet for an exciting panel discussion. We are delighted to have this broadcast hosted by Baroness Hayman with members of Peers for the Planet on the panel. The Peers will discuss topics including what sparked their interest in climate change and the environment and legislating for change.

The talk will be webinar style and so attendees will not have their cameras or microphones on. There will be a Q+A chat function where students can ask their questions, which will be moderated by SFS staff.

For more information visit their website: speakersforschools.org





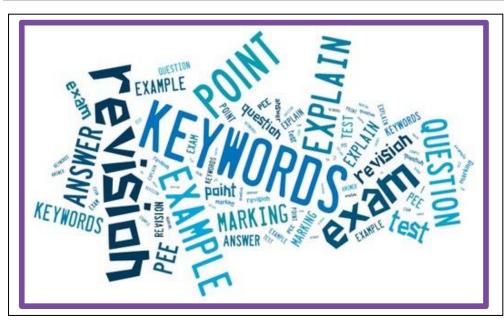
# Student Contact Information

As we are sure you will all appreciate, it is vitally important that we hold accurate records, addresses and contact numbers. We need at least two contact names/numbers in case of an issue with your son/daughter at school. It is also vital that we hold necessary health information about all of our students in the event of a medical emergency.

If you have changed any of your contact details (telephone, email address or home address), please make sure you let us know immediately so that we can update our systems.

Please email through any changes to office becketkeys.org
Many thanks for your cooperation.

## Year 11 Mock Exams



## Attention! Year 11

With the mock exams beginning today it is important for all Year 11 students to be organised, and to know what examinations are happening when. You have all been sent exam timetables. Teachers have been talking to students about what the assessments will be about, what form they will take and how students can revise for them. I suggest that students make a list of what each exam will be in each subject. Students should have a revision timetable to make the revision manageable. They have been working on this during tutor time.

'I don't know how to revise' is a phrase that teachers (and parents) hear often. Revision is different for every subject, but here are seven revision strategies that have been proven to work: Start early. Revise as soon as you know you have an assessment coming up. Decide what revision you are doing on which night. Revise what you find hard, not what you can already do!

Little and often. If you start early, it means that you can do a small amount of revision each day, rather than cramming it all in at the end. This is much more effective in allowing your brain to take in and retain information over time.

Rote learning. Cover, say, check, remember. Repeat, repeat, repeat. Test and quiz until it has gone in! Revisit one week later.

**Flash cards.** Condense a topic onto one side of A4, then onto smaller flash cards. Two or three phrases on small flashcards

should enable students to remember whole topics.
Students can do the same with mind maps and add illustrations to help them to remember.

**Practise** doing Mathematics calculation and problems. Use MathsWatch. All students have their own logins.

Understand the command words that might appear in assessment questions. Some examples include: comment, describe, compare, contrast, identify, summarise, suggest, analyse and evaluate.

**Check Satchel One.** Teachers will be setting revision homework on the school homework website.

Remember, exams are important because they help teachers to know what students do and do not know and therefore teachers can help students make better progress in the future. Students will not always do brilliantly in every exam that they do. As long as they learn from the experience and work out how to do better in the next series of assessments, that is the most important thing.

Keep Learning!

Mrs Trebess Deputy Headteacher

## **Exams**

Please make sure students have all the equipment they will need as we will not be able to lend out equipment due to Covid-19. Equipment required is:

Clear pencil case – no tins Black pens – biros are best (bring spares in case one runs out)

Coloured writing pens (preferably blue) if a student has extra time in exams

**Pencils** 

Highlighters

Ruler

Eraser

Sharpener

Compasses

Protractor

Calculator

Coloured pencils – for use in Food and Design Technology Water bottle – clear bottle only, no labels

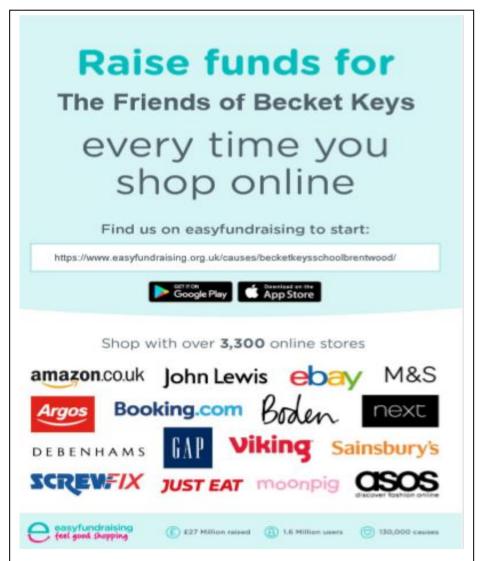
Students must NOT be bringing the following into an exam room:

Mobile phones
Smartwatches
Notes or books
Gel pens or erasable pens
Tippex
Glue sticks

Please make sure students arrive on time for their exams and with the correct equipment. Morning exams will begin at 8.30am and afternoon exams at 1.30pm.

Any delay to an exam starting will result in everyone being delayed in getting back to lessons and therefore missing further valuable teaching time.

## Friends of Becket Keys



Sign up to our school cause on *EasyFundraising* and raise <u>free</u> donations at over 4,000 shops when you shop online. It's really simple and takes less than 5 minutes to register. Once registered, raising free donations is easy!

Either go to <a href="www.easyfundraising.org.uk">www.easyfundraising.org.uk</a> and search for your favourite retailers. Click "Go Shopping," and make your purchase as normal. Alternatively, download the "Donation Reminder" for your computer which will highlight when a free donation is available on over 4,000 sites that you may visit outside of the EasyFundraising Portal. Either way, your everyday purchases will help FoBK raise funds to support the School. We currently have 93 supporters and have raised over £2,300 in free donations!

You can register here:

https://www.easyfundraising.org.uk/causes/becketkeysschoolbrentwood/



## **Vision Zero:**

# No more deaths on Essex roads

How many people dying on the roads in Essex every year do you think is acceptable? ....... 5? 20? 42? (42 is the actual number of people that died on our roads last year). What if some of them were your family, your friends, neighbours, colleagues? When you think of it like this, isn't one person killed one too many? Human beings make mistakes, but is it right that, sometimes, even a small mistake means that someone will not be going home?

This week the Safer Essex Roads Partnership (SERP) has launched Vision Zero. Vision Zero is our ambition to have ZERO road deaths and serious injuries on roads in the Essex, Southend and Thurrock council areas by 2040.

Councillor Lesley Wagland,
Chairman of the SERP
Governance Board said: "I
completely support Vision Zero,
and am urging all leaders of
Councils, emergency services and
businesses, together with the
people of Essex, to prevent these
unacceptable and avoidable
tragedies. As our roads get ever

busier, we must not lose sight of what really matters – people's safety. I know all our partners are totally committed to achieving Vision Zero, but it will only succeed if everyone who uses the roads in Essex is prepared to share this vision and work with us to achieve it".

The Safer Essex Roads
Partnership are looking forward
to working with anyone and
everyone who shares their vision
of zero deaths and serious injuries
on Essex roads. If you would like
to know more or want to
contribute please contact them at
saferessexroads

This is an enormous challenge. To get to zero by 2040, it is necessary to halve the current number of deaths and serious injuries by 2030 which will involve many changes and will require the commitment of all communities and organisations, as well as each individual road user.

The passion behind Vision Zero is captured by the impact of this film from The Transport Accident Commission Victoria (Australia) Towards Zero

We hope you will find it inspiring.



Follow - @saferessexroads

www.essex.gov.uk/highways

http://saferessexroads.org/



## **Uniform**

All students are required to wear smart shoes (and not trainers).

Girls in Year 7-9, should have their hair completely tied up. Year 10-11 – hair can be half up/ half down. Black, purple or neutral coloured hair ties please.

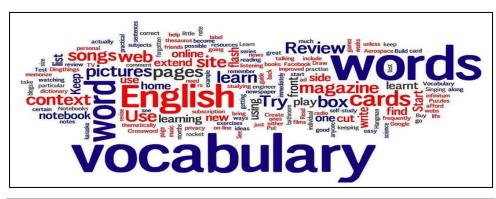
Boys should not have any extreme hairstyles and hair must not be dyed, no shapes cut into the hair e.g. stripes or undercuts and long hair is not permitted in Year 7-11.

Now that the weather is getting colder please remember that all students will be in need of a **COAT** – Plain **BLACK** without coloured flashes, logos or slogans, no 'fashion items', no 'puffer' jackets.

Bags should also be plain black.



Please see the website, if you need more details about the school dress code.



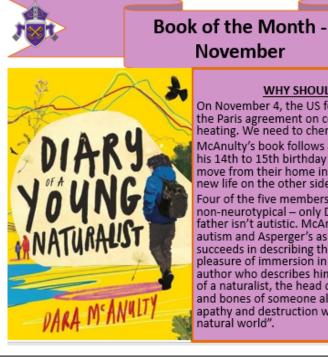


#### In sentences:

- 1. Would you mind giving me your aesthetic opinion of my new handbag?
- I have an aesthetic appreciation of Cooper's looks, personal style and creativity.
- His drawing, on the other hand, did not have any aesthetic properties.

Meaning: adjective that means relating to the enjoyment or study of beauty

Etymology: from the Greek *aisthētikos*, meaning "perceived by the senses"



#### WHY SHOULD I READ IT?

On November 4, the US formally withdraws from the Paris agreement on constraining global heating. We need to cherish the world we have. McAnulty's book follows a year in his life – from his 14th to 15th birthday – as he and his family move from their home in County Fermanagh to a new life on the other side of Northern Ireland. Four of the five members of McAnulty's family are non-neurotypical – only Dara's conservationist father isn't autistic. McAnulty was diagnosed with autism and Asperger's as a child. This book succeeds in describing the deep and complex pleasure of immersion in nature, written by an author who describes himself as having "the heart of a naturalist, the head of a would-be scientist, and bones of someone already wearied by the apathy and destruction wielded against the natural world".



Remember that Homework Club is up and running! Every afternoon after school students can stay until 4.30pm to complete their homework in C11.

Year groups will be 'bubbled' in different areas and if there are a lot of students who wish to make use of this opportunity, we will open other rooms.

Using Homework Club is just one way we provide for students who do not want to leave site at 3.10pm. Avoid the traffic! Stay here for a while!



## Give the Gift of Reading this Christmas

As Christmas Day draws nearer and excitement levels inevitably rise, it is worth taking time to pause and reflect on the true meaning of the season. In an increasingly commercialised and materialistic world, it is often easy to forget the notion of charity and altruism; giving to others in need is far more rewarding than receiving presents oneself, and giving the gift of reading can impact individuals and the community on so many levels.

We would like to appeal to parents, students and staff alike, to donate a book this Christmas. This is the perfect opportunity for people to donate a favourite or inspirational read, whether new or pre-loved and allow others to enjoy the gift of reading. Whether your chosen read is a work of fiction or non-fiction, intended for enjoyment and escapism or to enhance subject knowledge and academia, all types of literary gifts are much welcomed. This year we would particularly appreciate any 19th Century Fiction.

We would also welcome books for the Sixth Form. People can donate more challenging and thought-provoking books – perhaps directly related to one of the many A-level courses being studied. It would be so rewarding and beneficial if we could continue to foster the love for

reading in the Becket Keys community, and what better time to ignite the flame of literacy than during this season? So, please, consider donating a book this Christmas; the gift of reading is one that we should all be able to enjoy. Dracula Mr Fox **Head of English** THOMAS HARDY PENGUIN NORTHANGER ABBEY ROMAN JANE AUSTEN Page 8 of 15

## **Food Department**

This week in the Food
Department we have been
teaching our KS<sub>3</sub> students about
nutrition through the different
life stages. We have had some
great class discussions and the
students have had to think about
many things, often linking them
to their own food choices.

One particular topic I like to discuss involves the types of food that the students like and also those they dislike. One of the most popular 'likes' across my classes is pizza and one of the most common dislikes were mushrooms! I asked students to vote if they would like to see a recipe for mushroom soup or pizza in this week's newsletter. Yes, you guessed it, pizza came out on top.

Below is a healthy option for a flatbread style pizza. I often use shop bought flatbreads if I am rushed for time. However, making your own pizza sauce is a must, as the shop bought ones have added sugar.

You can of course add whatever toppings you like to customize the pizza to your own taste.

Another class discussion I love to have is whether pineapple should go on a pizza!

I hope that you enjoy this recipe!

Mrs English Food Teacher



# Recipe of the Week

# Flatbread Pizza

## For the flatbreads Serves four

350g/120z plain flour, plus extra for dusting salt and black pepper 2 tbsp. olive oil 150-200ml/5-7fl oz. warm water

## For the toppings

1 tbsp. olive oil
2 garlic cloves, finely chopped
1 x 400g/140z tin chopped
tomatoes
½ tsp dried mixed herbs
1 courgette (about 200g/70z),
grated
2 balls mozzarella, drained and
torn
100g/3½oz pepperoni slices

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## Method

For the flatbreads, sieve the flour into a mixing bowl and season with a couple of pinches of salt and a pinch of pepper. Add the olive oil and mix in the warm water - starting with 150ml/5fl oz and adding more if needed to bring the mixture together to form a thick dough. Knead the dough in the bowl to bring it together.

Knead the dough on a floured work surface for 3-4 minutes, or until the dough is slightly elastic.

Cover and leave to rest while you prepare the rest of the dish.

For the toppings, place the tomatoes, garlic, mixed herb in a jug and blend together with a stick blender to form a smooth paste.

Preheat the oven to 200c and place a non-stick baking tray in the oven to heat.

For the flatbreads, divide the dough into four balls and roll each ball out on a floured surface until about 5mm/½ in thick. Lightly oil the hot baking tray, place the flatbread pizza bases on top and cook in the hot oven for 2-3 minutes (you may need to do this in batches if you don't have room to do them all at once).

Turn the flatbread pizza bases over. Taste the tomato sauce and add salt and pepper to taste. Divide the tomato mixture between the four flatbread pizza bases, spreading out until you almost reach the edges but leaving a 2cm/3/4in border around the edge.

Sprinkle over the grated courgette, top with the torn mozzarella, pepperoni slices and onion. Season with salt and pepper and place back into the hot oven for 6-7 minutes, or until the base is cooked through and the cheese is melting and turning golden-brown.

Serve with a side salad and enjoy!



## Friends of Becket Keys



Christmas will soon be here! In order to assist with your preparations, we are delighted to be offering Christmas Trees again as part of FoBK fundraising initiatives for this year. All trees are sustainably grown, and are a top quality Nordman Fir variety.

We are selling various sizes with collection from school or via our local delivery service. All profits go to the School. Last order date is **27**<sup>th</sup> **November**. You can purchase your tree here:

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#### Pta-events/fobk

We have several sizes available but please note that overall size may vary and these are meant as a guide. If you require anything larger than 8 ft then please contact us at fobk@becketkeys.org.

You will need to pre-order your tree with collection from the school carpark on Saturday 5<sup>th</sup> December, delivery will also be on this day (times tbc).



It has been another successful week in Art.

Well done for all the great work Year 10, you are making

fantastic progress!

# Star Artist for Art Cydney Etchells Yr 10

Cydney has produced some wonderful pieces of coursework for GCSE Art. Exploring portraiture. We are looking forward to seeing Cydney's future pieces.



## Samantha Pain



**Hannah Thomas** 







# What are we longing for? What are we waiting for?

The more we walk around with these questions and let them penetrate through the layers of distraction of this time, the more powerfully we will experience Advent. The season of preparing for the coming of Christ and of celebrating His birth begins in 9 days.

Listen to the words of the Prophet Isaiah:

## Joy of the Redeemed

35 The desert and the parched land will be glad;

the wilderness will rejoice and blossom.

Like the crocus, 2 it will burst into bloom;

it will rejoice greatly and shout for joy.

The glory of Lebanon will be

given to it, the splendour of Carmel and Sharon; they will see the glory of the Lord,

the splendour of our God.

3 Strengthen the feeble hands, steady the knees that give way;
 4 say to those with fearful hearts, "Be strong, do not fear;
 your God will come, he will come with vengeance;
 with divine retribution he will come to save you."

<sup>5</sup> Then will the eyes of the blind be opened

and the ears of the deaf unstopped.

<sup>6</sup> Then will the lame leap like a deer,

and the mute tongue shout for joy.

Water will gush forth in the wilderness

and streams in the desert.

<sup>7</sup> The burning sand will become a pool,

the thirsty ground bubbling

springs.

In the haunts where jackals once lay,

grass and reeds and papyrus will grow.

<sup>8</sup> And a highway will be there; it will be called the Way of Holiness;

it will be for those who walk on that Way.

The unclean will not journey on it; wicked fools will not go about on it.

<sup>9</sup> No lion will be there, nor any ravenous beast; they will not be found there. But only the redeemed will walk there,

<sup>10</sup> and those the Lord has rescued will return.

They will enter Zion with singing; everlasting joy will crown their heads.

Gladness and joy will overtake them,

and sorrow and sighing will flee away.

These words help us re-enter the ancient tradition of a people longing for a Saviour. The contrasting imagery is powerful. The darkness, gloom and parched deserts capture a sense of what we feel when we are distant from God. Yet the hunger, thirst and vulnerability are replaced by God's salvation; blooms in the desert, healing and rejoicing, a time when tears are wiped away. In fact, the message of Christmas is in the waiting, if we just take the time in all the busyness and confusion to look for it.

Light a candle, listen and reflect on the words of 'Mary, did you know?', by the Pentatonix. <a href="http://www.viewpure.com/ifCWN">http://www.viewpure.com/ifCWN</a> 5pJGIE?start=o&end=o

This is that we are waiting for! This is the Christian message of hope.

These are very precious days for us to come into intimate contact with our own personal need for salvation. It is a time to make friends with our tears, our darkness, our hunger and

thirst. A time to recognise what is missing. Where do we need a peace that the world cannot give?

Coming to know where we need a Saviour is how we can prepare for Advent. Prepare to listen to the promises. Listen to the richness of biblical texts announcing the liberation we can truly long for. When our hearts are open, when our hands are open, when our mouth are open and ready to ask for freedom, healing and peace, we are ready to begin Advent. 'Be strong, do not fear', Comfort and Joy is coming!

Heavenly Lord,
Prepare us for Advent.
Stir us from apathy and
revive in us new hope for the
future.

Bring comfort and joy to all through Jesus Christ our Lord. **Amen.** 

Mrs. Sharp Deputy Headteacher





Face coverings are now absolutely compulsory for students in the following areas:

- Stairwells
- Corridors
- Circulation Spaces
- Communal toilets

Please provide your son/daughter with a face covering (where possible in school colours: black, purple, gold, grey or white). A few spares in the school bag are also needed

If we all do our bit between lessons as well as following all our other guidance, we can slow the spread of this virus and therefore keep our school open!





5th Oct. 2nd Nov. 23rd Nov. 14th Dec

## WEEK THREE



#### MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## TRADITIONAL

Penne Pasta with Lashings of Chefs home made Bolognaise Sauce

Pasta Bolognaise

Chicken Shawarma

Arabic spiced chicken, flatbread with red Cabbage

Butchers Sausages & Yorkshire Pudding

Served with roast potatoes & vegetables

Dopiaza Chicken sauce served with

Battered Fish Fillet Pangasius fillet in Chicken cooked in home made batter a coconut spiced served with chips and beans

# VEGGIE

DISH

#### Quornadilla

### Spicy Asian Noodles

Spicy Quorn and Tofu and vegetables bean layered tortilla in a spicy sauce wrap with street served with noodles corn and fajita wedge

## with Yorkshire

## Pudding

Served with roast potatoes & vegetables

## Quorn Sausages Vegetable Paella

naan bread

Served with a house Pasta in Loads of salad

Macaroni Cheese

cheesy creamy white sauce oven baked



DELICIOUS DESSERTS Our Hot Deli Range includes fresh doughs, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Italian Crumble Cake

Chocolate Sponge

Sticky Toffee Pudding

Apple Flapjack Ice Cream Tub

## **Bistro & Orangery**

Although the Bistro is currently unable to offer its full range of food, there are still some delicious dishes to try. Check out next week's menu!

The catering staff are working very hard in order to make sure that the food offered is individually packaged and safe, but please remind your son/daughter that if they pick up any item they are then required to buy it and their account will be charged.

Please make sure that you check and top-up your ParentPay account regularly.



## DATES FOR YOUR DIARY

#### YEAR 11 MOCK EXAMS

FRIDAY 20<sup>TH</sup> NOVEMBER –

FRIDAY 27<sup>TH</sup> NOVEMBER

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STUDENT HALF DAY

FRIDAY 18<sup>TH</sup> DECEMBER

\*

**CHRISTMAS HOLIDAY** 

MONDAY 21<sup>ST</sup> DECEMBER 2020 -

FRIDAY 1<sup>ST</sup> JANUARY 2021

\*

**INSET DAY** 

(NO STUDENTS IN SCHOOL)

MONDAY 4<sup>TH</sup> JANUARY 2021

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**LENT HOLIDAY** 

MONDAY 15<sup>TH</sup> – FRIDAY 19<sup>TH</sup> FEBRUARY

\*

**INSET DAY** 

(NO STUDENTS IN SCHOOL)

MONDAY 22<sup>ND</sup> FEBRUARY 2021

# Becket Keys Church of England School

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- @BecketKeysMusic
- @BecketKeysPE
- @BecketKeysArt

Facebook: Becket Keys Church School