

Becket Keys Church of England School

22nd January 2021

IN THIS ISSUE

Mr Scott-Evans writes...

What if?

Last week, I wrote to parents offering advice about how to assist with students learning at home. I had so much positive feedback to the article that I used a great deal of it in our detailed explanation of our Remote Learning Approach on our website. You can read this here:

https://www.becketkeys.org/remote-learning.php

We will be running a survey soon to get feedback from students, parents and staff about our approach and I encourage you to respond to that when it comes out. I know our offer is a strong one and I feel that we are pushing everyone as hard as we can at the moment, so I look forward to hearing how it is going from 'the home front'!

Last week, I promised that I would write a more positive article about some of the benefits of lockdown-learning. And so here it is, based on something that Miss Ellis found on Facebook!

All our good efforts with remote learning are designed to help students continue to make excellent progress and to stop them from falling behind. However, without students coming into school and being with their peers of course there is a limit to what can be achieved. Yes, despite all that we do (including those amazing families who are following all the advice in last week's newsletter!) students may still fall behind when it comes to a traditional view of academic success. However...

...... Contd. on Page 2



Free School Meals Information on the vouchers available for those eligible.

Page 5

Food Glorious Food!
A spicy feast for you to try at home this week!

Page 8-9

Art & Textiles Department
Lockdown will not stop the students
being creative!

Page 11-14

Biblical Pause

Let hope be 'Your lighthouse' beckoning you through stormy seas.

Page 15

PE Department

Update on how far we have travelled in the 'Race Around the World'.

Page 16

.....Contd. from Page 1

WHAT IF....

What if instead of falling 'behind' this group of students are advanced in other areas because of this?

What if they have more empathy?

What if they appreciate family connection more?

What if this generation are the ones who can take delight in the simple things more?

What if they are better placed to understand the value of money, possessions and wealth against the value of health, friendship and company?

What if they know more about what is (and is not) important and how to live with less of what we really need and want?

What if they learn the value of being together, eating together, sitting together as a family and with friends?

What if they are more skilled in finding the good to share in the small delights of every day?

What if they learn to 'just be', to be more resilient, to be content?

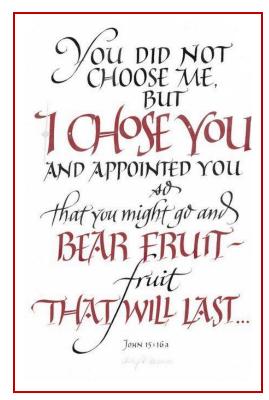
What if boredom leads to creativity?

What if they are the ones to place greater value on the support workers like truck drivers, grocers, logistics, let alone the incredible health care workers?

What if they appreciate school and teachers more?

What if from among these children, a future Prime Minister emerges who had the benefit of this experience to guide his/her leadership?

What if instead of being 'behind' they are 'ahead'?



The Bible verse which summarises my vision for our school is John 15v16 which talks about, 'bearing fruit – fruit that will last'. Lockdown is presenting us with opportunities to bear fruit in different ways. Any gardener will tell you the importance of the seasons and the need to prune and cut back for healthy growth. There is no doubt that this is a difficult season for all of us, however, from this time of difficulty, I am sure that there will be fruitfulness.

We are seeing it in the teaching staff here. We are learning new skills that we will apply to our pedagogy moving forward.

What are you learning? What fruitfulness are you witnessing?

The students continue to inspire us and delight us in so many different ways. One of my favourites from this week is hearing of Year 11 Drama students sending in solo performances from their homes for the teachers to mark and moderate. This commitment to their learning and their responsibilities to gather evidence for their exams is heartwarming and a demonstrable expression of their 'what if' attitude. 'What if' I use this opportunity as positively as I can? 'What if' I show my teacher that I can be resilient and resourceful? 'What if' I am prepared to put myself out there and learn new skills?

Well done everyone! Keep up the good work!

Stay safe.

Mr Scott -Evans Headteacher



Apprenticeships – An Appeal for Assistance



We currently have a significant group of Year 13 students who are not planning to attend university next year. Instead, they are applying for higher and degree level apprenticeships of varying formats and in different industries.

As part of the support programme we have put in place, we are after some assistance from members of the Becket Keys community.

These students need help with compiling CVs, writing letters of application, preparing for interviews - and more. If you are someone who has experience in these areas (or similar) and you would be willing to give a student some guidance, please get in touch as outlined below.

Equally, if you would be able to offer some handy hints and tips to these students to make them stand out from the crowd in certain sectors, that would be appreciated. The most common

areas the students are interested in are finance, marketing and engineering.

If you think you would be able to offer some help (no matter how small or large!), please can you contact Mr Peggs (Head of Sixth Form) by emailing him via office@becketkeys.org?

If you could offer a brief outline (a couple of bullets is enough: you will be a busy person!) of how you think you are able to support, Mr Peggs will then get back to you very quickly so your kind offer can be put to good use!

Thank you!





MS Teams Update

Cameras On!

From Monday 25th January, our students will be able to switch on their cameras for lessons. We believe that this will have three key benefits:

- 1. Make a more rewarding experience for all.
- Help teachers to check and manage engagement.
- 3. Speed up feedback especially in practical subjects.

Mr Scott-Evans has written a letter with full details, but rest assured teachers will retain control over the cameras and can switch them all off if they wish to. Students need to blur their background and students should wear school uniform/school PE kit or follow our dress code as stated in the letter.

This weekend please discuss what your son/daughter is going to wear for their and how to blur their background.

We look forward to <u>seeing them</u> on-line on Monday!



Do you know someone who is studying Engineering or IT, who may be interested in an Apprenticeship with Ford?

Particularly, if they would like to join in September 2021.

Please click on the images below and feel free to share the links so that students can register for our Online Information Events during National Apprenticeship Week 2021, to learn more about these opportunities.









Advanced Engineering

IT Degree

Higher Engineering

Information contained during the evening's presentations is subject to change and does not guarantee programmes will run. Please register early to avoid disappointment.

Ford is committed to diversity and equality of opportunity for all and is opposed to any form of less favourable treatment or harassment on the grounds of sex, marital status, civil partnership status, parental status, race, ethnic origin, colour, nationality, national origin, disability, sexual orientation, religion/belief, gender reassignment and gender identity, age and those with caring responsibilities.





For those entitled to Free School Meals, Becket Keys has signed up again to the National Free School Meals Voucher Scheme which is being run by Edenred. Orders have been placed this week for those eligible to cover the period 18th – 29th January 2021. A further voucher will be sent after this date to cover the remaining 2 weeks of term. The system has advised it can take up to 4 days for the emails to be received by parents and to be aware that they will be from the email address noreply@edenred.co.uk. If you do not receive it within the next few days please check your junk mail folder.

The email will contain a 16-digit eCode and a link to the redemption website:

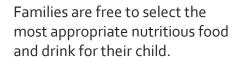
www.freeschoolmeals.co.uk. Further details regarding how eCodes can be redeemed are available in the parent/carer's FAQ document.

Please note you will have <u>1</u>
<u>month</u> to redeem your eCode.
The expiry date for a specific eCode will be included in the

email. eGift cards have different expiry dates.

Once you have received your voucher, you will be able to redeem them in-store at the selected retailer by either:

- presenting the voucher on a smartphone or tablet
- presenting a paper copy of the voucher
- some supermarkets allow you to use the voucher online



If you have any queries regarding this, please refer to the parent/carer's FAQ document.

We hope that these emergency arrangements go some way to ensuring our students continue to receive a healthy meal at this challenging time.



Supermarket	In-store	Online
Sainsbury's	Yes	Yes
Tesco	Yes	No
Asda	Yes	Yes
Morrisons	Yes	No
Waitrose (John Lewis)	Yes	Yes
M&S food	Yes	No
McColl's (including RS McColl's and Martin's)	Yes	No
Aldi	Yes	No
celand	Yes	No
Company Shop Group	Yes	No



We want you to know that SNAP are here to help families during this difficult time

The SNAP team is committed to ensuring we continue to deliver the best service we possibly can for families - registered and new - during this difficult time. We have always provided comprehensive online support with our Information Network and Directory and we will continue to share information, ideas and strategies.

We are researching and producing Information Sheets to help families to navigate these challenging times - please find below links to our first six as part of our <u>Coronavirus Family Guide</u>. More information to follow will cover Anxiety and Activities.

SNAP's phone and email <u>Helpline</u> will continue to provide that essential listening ear for parents and carers for both registered and new families.

Our parent advisers are happy to book in a phone appointment with any family who needs more in depth support at this time.

This Helpline is open from 9.00am until 5.00pm every Monday to Friday.

01277 211300

familyteam@snapcharity.org



A reminder from the Music Department that if you would like to appear in the next online "Virtual Concert" then you need to send your recording to Mr Romhany by Friday January 29th.

Please refer to the instructions given out via Satchel One earlier in the week.

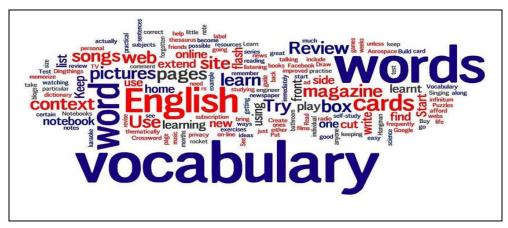


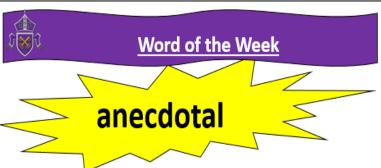
Although the students are not physically in school, registers are being taken for all online lessons. If your son/daughter is unwell or has to attend a medical appointment please let the Admin team know by emailing:

office@becketkeys.org

Please do not call the absence line during this time, the office is running on a skeleton staff and your message may not be picked up.

Thank you





In sentences:

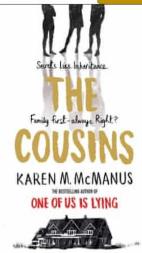
- Science teachers may not like anecdotal evidence to support a scientific claim.
- Consumer reviews can often be anecdotal rather than factual.
- He was good company, with lots of anecdotal stories.

Meaning: based on stories or rumours, not on facts or careful study

Etymology: from Greek *anekdota* meaning 'things unpublished



Book of the Month -January



WHY SHOULD I READ IT?

Brought up in luxury on their island off the east coast of America, the three Story children led charmed lives until their mother cut them off with a cryptic note, reading simply: "You know what you did." A generation on, and the banished siblings' children, 18-year-old cousins Aubrey, Milly and Jonah, are urgently invited to the island by their grandmother. What does she want from them – and what will happen if they pry into the family mystery?

If you read Karen McManus's debut thriller *One of Us Is Lying*, you will find this a highly readable treat (and if you didn't, read that too!)



During lockdown, why not try something new? Explore different styles of music, learn to play an instrument, write your own music and set up a sound cloud page, record yourself singing or playing your favourite song and submit for our online concerts.

Here are some more ideas:

Showcase Music School runs a free <u>Virtual Youth</u>

<u>Orchestra</u> each week. Sign up and access the music <u>here</u>. The school also runs <u>Sing With Us</u> – a free weekly virtual singing assembly from 9.10-9.30am on Wednesdays.

https://showcasemusicschool.co m/virtualorchestra

The Benedetti Foundation has a <u>YouTube playlist</u> of 'General Musicianship Warm Ups' for children to try at home.

https://youtube.com/playlist?list =PLpKffHOzsdGY_lpZwgRoKPb EWcWJ6ioon

Food Glorious Food!



Hello all, I hope that you are all well and are looking after yourselves while staying at home.

This week in the Food Department we have been teaching students how to joint a whole chicken.

https://www.bbcgoodfood.com/videos/techniques/how-joint-raw-chicken-video

This is an important skill to learn, as the students found out. It is much cheaper to buy a whole chicken to portion yourself, rather than purchasing shop bought precut pieces that cost more.

Students had to come up with their own dish designs to match every portion. We had some great recipes and ideas submitted. Jerk Chicken, rice and peas was one of them.

This dish takes me back to my first job, working in a butcher's in Hackney at the age of sixteen. It was so much fun! It was not just chicken that I was dealing with there, I also got to learn how to section half a cow and learned about all the different cuts of beef. I learnt how to make

sausages, brine hams and to skin rabbits. It really was a diverse job for a teenager.

One of the most popular products we sold was Marinaded Jerk Chicken. This flavour reminds me of many childhood memories of school fetes, carnivals, and fairs, which were so much fun to attend.

So, this week why not have a go at making this jerk chicken recipe that I found on BBC Good Food and enjoy a carnival supper? Put some music on, dress up the table, put on a colourful outfit rather than that lounge wear you have been wearing! Turn the music up and dance away eating Jerk Chicken rice and peas. I hope you enjoy the recipe, and party hard at home ©

Mrs English Food Teacher



Recipe of the week Jerk Chicken

Ingredients

- 12 chicken thighs, bone in
- 1 lime, halved Page 8 of 17

 hot sauce, to serve (optional)

For the marinade:

- 1 big bunch spring onions, roughly chopped
- thumb-sized piece ginger, roughly chopped
- 3 garlic cloves
- ½ a small onion
- 3 scotch bonnet chillies, deseeded if you want less heat
- ½ tsp dried thyme, or 1 tbsp thyme leaves
- 1 lime, juiced
- 2 tbsp soy sauce
- 2 tbsp vegetable oil
- 3 tbsp brown sugar
- 1 tbsp ground allspice

For the rice & peas:

- 200g basmati rice
- 400g can coconut milk
- 1 bunch spring onions, sliced
- 2 large thyme sprigs
- 2 garlic cloves, finely chopped
- 1 tsp ground allspice
- 2 x 410g cans kidney beans, drained

Method

To make the jerk marinade, combine the spring onions, ginger, garlic, onion, scotch bonnet chillies, dried thyme, lime juice, soy sauce, vegetable oil, brown sugar and ground

allspice in a food processor along with 1 tsp salt, and blend to a purée. If you are having trouble getting it to blend, just keep turning off the blender, stirring the mixture, and trying again. Eventually it will start to blend up – don't be tempted to add water, as you want a thick paste.

Taste the jerk mixture for seasoning – it should taste pretty salty, but not unpleasantly, puckering salty. You can now throw in more chillies if it's not spicy enough for you. If it tastes too salty and sour, try adding in a bit more brown sugar until the mixture tastes well balanced.

Make a few slashes in 12 chicken thighs and pour the marinade over the meat, rubbing it into all the crevices. Cover and leave to marinate overnight in the fridge.

If you want to barbecue your chicken, get the coals burning 1 hr or so before you're ready to cook. Authentic jerked meats are not exactly grilled as we think of grilling, but sort of smokegrilled. To get a more authentic jerk experience, add some wood chips to your barbecue, and cook your chicken over slow, indirect heat for 30 mins.

To cook in the oven, heat to 18oC/16oC fan/gas 4. Put the chicken pieces in a roasting tin with the halved lime and cook for 45 mins until tender and cooked through.

While the chicken is cooking, prepare the rice & peas. Rinse the

basmati rice in plenty of cold water, then tip it into a large saucepan. Add the coconut milk, spring onions, thyme sprigs, garlic and ground allspice.

Season with salt, add 300ml cold water and set over a high heat. Once the rice begins to boil, turn it down to a medium heat, cover and cook for 10 mins. Add the kidney beans to the rice, then cover with a lid. Leave off the heat for 5 mins until all the liquid is absorbed.

Squeeze the roasted lime over the chicken and serve with the rice & peas, and some hot sauce if you like it really spicy.

Full details can be found here: https://www.bbcgoodfood.com/r ecipes/jerk-chicken-rice-peas







Student Contact Information

As we are sure you will all appreciate, it is vitally important that we hold accurate records, addresses and contact numbers. We need at least 2 contact names/numbers in case of an issue with your son/daughter at school. It is also vital that we hold necessary health information about all our students in the event of a medical emergency.

If you have changed any of your contact details (phone, email address or home address), please make sure you let us know immediately so we can update our systems.

Please email through any changes to office@becketkeys.org
Many thanks for your cooperation.



Mathematics Department

In this new lockdown I have been pleased to see the return of Dr Hannah Fry to our television sets in her new series "Magic numbers: Hannah Fry's Mysterious World of Maths" https://www.bbc.co.uk/program mes/bobnodth which has been included in the BBC homeschooling schedule. There are three episodes to this mini-serieseach with a different focus. If you have time this weekend, why not expand your mathematical knowledge and find out how we can use mathematics outside of the classroom?

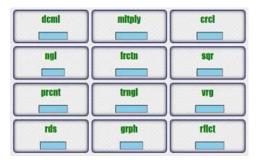
While we are working at home, I know that many more of us will be making good use of MathsWatch. A huge congratulations from me to all of our students who are using this resource to help with their lessons, as well as completing their own revision. As always, I am so impressed at the extra effort we can see here, especially from our "top" students this month!

Mrs Blacow Head of Mathematics

Puzzle of the week: Solutions to follow next week!

The words have their vowels missing. Can you figure out what they might be?

Level 1: easy



Level 2: Medium



Level 3: Challenge

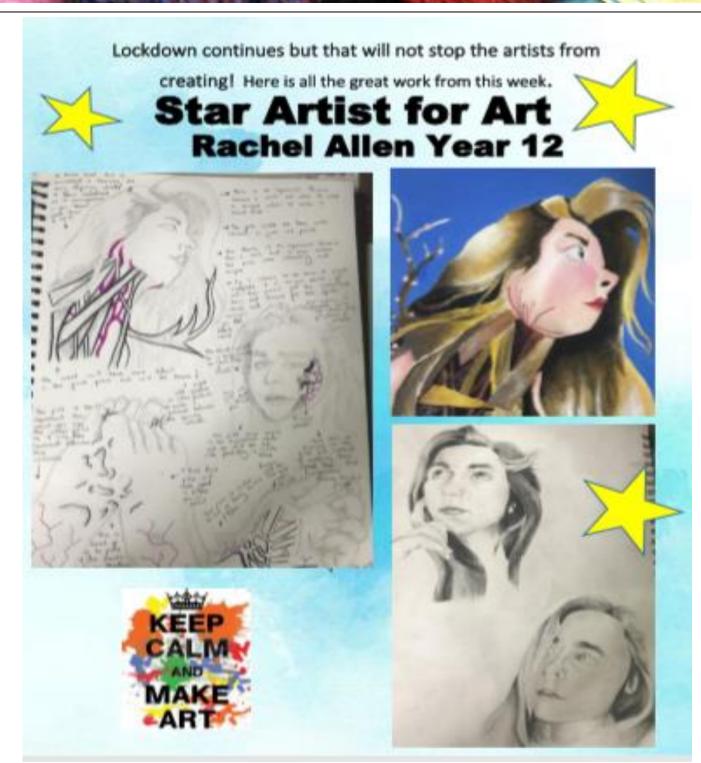




MathsWatch

Cameron	Beaken Year 9		1662		
Folarin	Olukoya	Year 9	1101		
Норе	Lawrence	Lawrence Year 11			
Charlie	Paulus	Year 8	909		
Luke	Morris	Year 9	806		
Fahmid	Chowdhury	Year 11	570		
Harry	Adams	Year 9	526		
Faith	Kunle-Adenuga	Year 11	526		
Aryan	George	Year 7	449		
Avidan	George	Year 7	418		
Lorenzo	Samuel	Year 9 390			









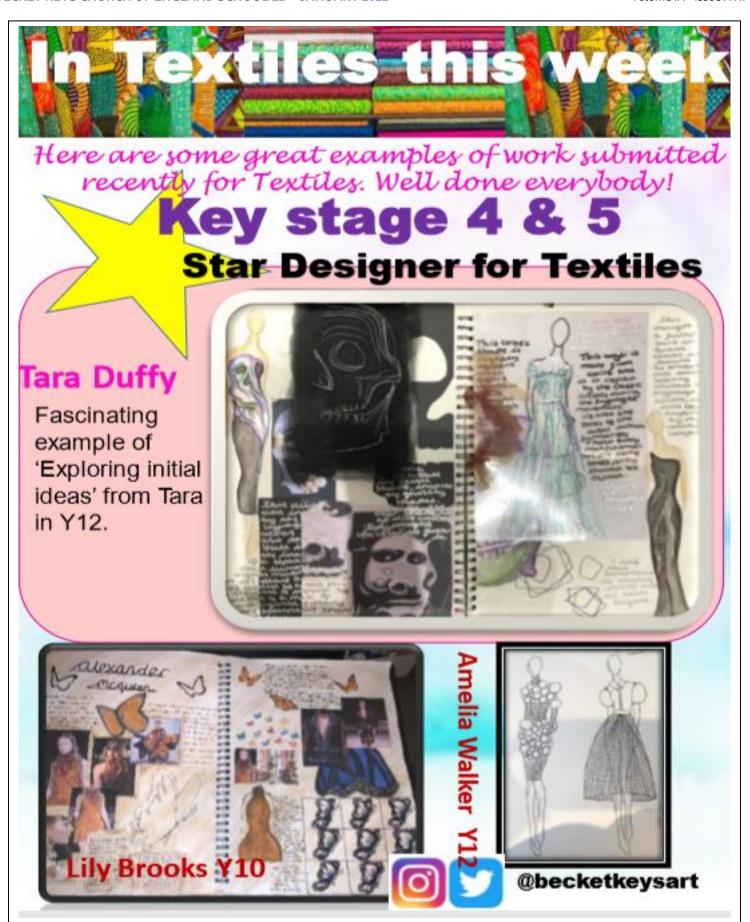
Create a mask. Follow the instructions and add your own twist!

It does not have to be a clown, you could add more hair or exaggerated features. Use your imagination!

Upload your pieces onto SMHW for your Art Teacher and keep an eye on Twitter & Instagram!

#becketkeysarttextiles







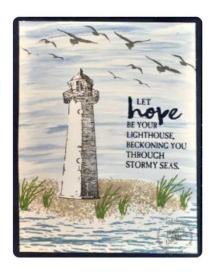


My Lighthouse

One thing that I have discovered during these challenging times is that my youngest daughter has sudden bursts of energy at the end of the remote school day! This usually involves a song with actions and dancing around the lounge. On several occasions it has involved swimming through troubled seas and safely back to shore. Listen to this contemporary Christian song, 'My Lighthouse'. Get up and dance, if you like! No one is too old or too young to join in. Boost your energy and spirit at the end of another busy week. Find joy and comfort its Gospel messages: http://www.viewpure.com/IFBZJ GSqyVQ?start=o&end=o

There are many themes described in the lyrics of this song, but the overarching message is that God is a beacon of light, a fortress that defends, protects, and rescues us from our own doubts. Despite our

actions and our circumstances, God promises to never leave us or forsake us. He is the light that illuminates the darkness and shows us the way. Everything looks a bit brighter when viewed in the light of the great power of God. There is hope in every storm.



Psalm 27 verse 1 reads:

The Lord is my light and my salvation; whom shall I fear?
The Lord is the stronghold of my life; of whom shall I be afraid?

Later in verse 14, we are told:

'Wait for the Lord; be strong and take heart and wait for the Lord.'

Let us not be fearful of the future and what it holds. Let us put our trust in the Lord. He will be with us wherever we go. Let our faith rise above our fears, for the promises of God are real and everlasting.

Let us pray:

Dear Lord,

We ask you to surround us with your goodness and light.

Help us stand strong in times of difficulty and,

through your sustaining love,

may we always have courage and never feel alone or afraid.

Amen.

Mrs Sharp Deputy Headteacher



Becket Keys Race Around the World



House	Total
AC	149.8
FS	239.7
HS	154.3
EW	149.5
PP	312.6
ww	151.6
Pupils	1157.5

Due to the outstanding popularity that the Race Around the World has gathered in such a short space of time, the PE department have set up a designated email where the Becket Keys triangle of Staff, Pupils and Parents are able to submit their distances (in Km) to be added to our Race Around the World!

As you can see, we have managed to complete over 1100km and results are flooding in thick and fast! Remember, houses are competing against each other!

We expect the weekends to be the busy period where you will make the most of your

HERE 1

SUBMIT Follow @BecketKeysPE on Twitter for constant updates and highlights of milestones, individual achievement and personalised teacher motivational recordings @

racearoundtheworld@becketkeys.org













If you find yourself in need of some help this winter, the Essential Living Fund can help pay for heating, electricity, water and food. We can also help you get essential household items like a fridge, cooker or table.

To get a grant you must

- · Live in Essex, Southend or Thurrock
- Be aged over 16

How to apply

Check if this applies to you.

Visit www.southend.gov.uk/elfforessex

Or if you are vulnerable or have no access to the internet you can call 0300 7900124 (between 8:45am - 5:00pm).







BRENTWOOD FOODBANK

PINCLEOK

Tinned Goods

Meatballs, Chicken in Sauce, Ham, All Day Breakfast, Corned Beef, Salmon, Potatoes, Meat Pies, Rice Pudding, Fruit, Custard (tins or cartons)

Sweets & Treats, Biscuits, Savouries, Christmas Pudding, Christmas Cake, Cakes, Chocolates, Selection Boxes, Pickles.

Washing Powders/Liquids, Deodorants, Shaving Gel/Foam, Razors, Washing up Liquid, Shampoo, Conditioner, Kitchen/Bathroom Cleaner

Nappies sizes 3,4, 5, 6

https://brentwood.foodbank.org.uk/

Sainsburys in Brentwood has a collection point for the foodbank.

The Children's Society

Online Activities

6th - 29th January 2021 via Microsoft Teams You can access Microsoft Teams via the internet or download the app





Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. Video streaming and audio content. Participants are required to use their camera and use headphones during the cyp virtual session.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10 AM	Mindfulness and Relaxation Families	Self-Care For You Mixed ages CYP	Staying Active for Life Families	Self-Care For You Parents	Staying Active for Life Families
	★	You.	大	You.	大
12 PM	Conflict resolution and managing anger 13-19	Staying Safe in a Virtual World Mixed ages CYP	Strong Resillence and emotional wellbeing 13-19	Staying Safe in a Virtual World Parents	One Community 13-19
2 PM	Coping through Covid Families	Strong Resilience and emotional wellbeing 8-12	Conflict resolution and managing anger 8-12	Tips and guidance for managing home learning Mixed ages CYP	EYPDAS Drug and Alcohol awareness session
	V	2	\$	Ю	
4 PM	Family Scavenger Hunt Families	Family Bingo Families	Family Fun snack ideas Families	FAMILY FUN QUIZ Families	2pm – 3pm Ages 13-17
	Q	•	&	3	3pm to 4pm Ages 18 - 25

To book your place, please check out our website; www.childrenssociety.org.uk/east/services/safe-in-essex or contact Essexreferrals@childrenssociety.org.uk

Safe in Essex Advice Line 10am - 2pm: 07725 639571 (if unanswered, leave a message and someone will contact you)

Becket Keys

Church of England School

Sawyers Hall Lane Brentwood, Essex CM15 9DA 01277 286600

www.becketkeys.org office@becketkeys.org finance@becketkeys.org

Twitter:

- @BecketKeys
- @MrScottEvans
- @BecketKeys6th
- @BecketKeysMusic
- @BecketKeysPE
- @BecketKeysArt

Facebook: Becket Keys Church School