



Becket Keys Church of England School

15th October 2021

IN THIS ISSUE

Lots to be thinking and talking about!

This week we hosted a Sixth Form Open Event, and we had so many visitors that I had to call my mother and father-in-law to come and help manage the car park for us! They always read the newsletter, so this first paragraph is a thank you to them for their support!

It was lovely to see students and their parents thinking about this next exciting phase of their learning journey. Students at this point have now completed eleven years of study and are moving into the final stage, where they have to drop down to three subjects. It is a big decision.

We advise them all to use www.ucas.com as a starting point as it is a comprehensive resource for university and apprenticeship

opportunities. Here, students can search for all sorts of courses that they think they might be interested in and read about the wider opportunities that will come with them.

Importantly, they can look ahead at what the 'entry requirements' will be. Dropping Mathematics now, for example, could be a problem if they want to attend a particular university or join a specific course. However, many will discover that universities are more flexible than they expect about which A levels they study.

A lot of our advice is about choosing options that you know you will enjoy. This is fairly easy if students have GCSE subjects that are already really inspired by. Others need to look at the 'new' subjects that are offered at A level.

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BECKET KEYS
Church of England School

Enrichment Day

Details and information on the first Enrichment Day of the year.

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Charity News

We have been collecting for New Hope this term; we have additional plans to assist them for the Christmas period.

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Design & Technology

Showcasing the talents of our Year 12 students in their first A-Level task.

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Art & Textiles

Excellent work from this department's creative students this week.

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Anyone in the school would do well to take a look at our Sixth Form course guide. It is available [here](#). Whatever year group you are in, it is not too early to start thinking ahead to what you might want to do here in the future.

It helps to have some idea about future careers, and our [careers webpage](#) has lots of advice and guidance for this too.

We are all here to help, so if you feel like your family would benefit from ten minutes of my time to talk these things through, I would be happy to help. Please send me a [message](#) and I will get back to you. Other staff may be able to dedicate more time and give more in depth support. If that's the case, I will point you in their direction too.

For those of you thinking that you really just want to know what your son/daughter will be studying next term, we have that covered. You can check out our [curriculum pages](#) on the website to see what we will be teaching in Term two after the All Saints' Holiday. For example, from this starting point [here](#), you can see everything that Year 7, 8 and 9 will be doing next term.

I hope that gives you all lots to be thinking and talking about this weekend.

**Mr Scott-Evans
Headteacher**



The poster features a central crest with a crown and two crossed keys, surrounded by autumn leaves and berries. The text is arranged as follows:

YEAR 7
All Saints'
PARTY
 21ST OCTOBER
 6PM-9PM
 BECKET KEYS, SAWYERS HALL LANE

Logos for **DT DAN TODD** and **MARXY** are displayed. At the bottom, it states: **ENTRY: £5 // MUSIC // FOOD // GAMES // ENTERTAINMENT** and **PAY VIA PARENT PAY**.



The notice is on a yellow background and includes the following text:

**THE SCHOOL NURSE IS AVAILABLE –
JUST NOT ON SITE!**

Help and advice in relation to:

RELATIONSHIPS
MENTAL BULLYING
SELF HEALTH
ALCOHOL HARM
HEALTHY EATING
DRUGS SMOKING

How can you make contact?
 Use 'CHAT Health'

This is manned by a School Nurse between the hours of 9-5pm Monday to Friday, and they will respond to all messages within 24 hours Monday – Friday. The aim is to provide a timely, and convenient access to confidential health advice for every young person in Essex.
 Phone or text: 07520 615732

No parental consent required for students aged 13 and over.



We are very excited to be able to bring you news of our first Enrichment Day this year, and the first for two years!

On **Wednesday, November 3rd**, the whole school will be off-timetable, and students will be given a variety of opportunities to undertake more immersive learning linked to their curriculum, alongside opportunities to develop personal skills and to try something new.

The Sixth formers will be undertaking 'The London Challenge' which consists of working in small groups to solve problems, completing a scavenger hunt and exploring the wonderful city of London independently in the afternoon.

Our Year 10 and 11 students will be visited by 'Elevate' – a dynamic company who will deliver seminars and workshops designed to support students with their studies. Year 11 will be doing an 'Ace your Exams' workshop, and Year 10 will have the 'Study Sensei' course. There will also be parent webinars to follow – watch this space! In addition, students will listen to a Parliamentary Outreach speaker telling them all about parliament and how they can get involved.

Students will also enjoy a session about careers.

Years 7-9 have a speaker visiting to talk to them about mental health, discrimination and British Values. There will also be music and performances involved! In addition, students will enjoy sessions about 'Healthy Relationships' and 'First Aid' in the Sports Hall, where students will be given real life first aid scenarios and tested to see how they would respond.

Main School students need to attend in full school uniform. Sixth Formers will be able to wear their mufti. A letter will follow with more details.

Mrs Trebess
Deputy Headteacher Curriculum

Covid-19 Home Test Kits

All students have now been offered home test kits. If your child has not received a kit and wants to test, please ask them to collect from reception. More tests are available if they are required and we would encourage all students to keep testing regularly during the All Saints' break.

As a reminder, if your son or daughter is taking part in the Covid-19 home testing, please remember to conduct your tests on a **Wednesday and Sunday**.

[Please find here a step-by-step guide to COVID-19 self-testing.](#)

You must upload your results to: <https://testregister.co.uk/login> and then follow the steps to the Government website.

Test Register has been updated, if you need to change any details or if you have any queries regarding this process please contact: office@becketkeys.org

All Years Running Club

- Starting on Thursday 14th October – sign up at the fixtures board
- Run by Coach Melvyn and Tracy.
- Please meet at the sports hall
- £2 per session

If you want to improve your fitness, train for cross country or improve your long distance running, this club is for you!

You must sign up! Only 24 spaces available.
Sign-up sheet will be up on Monday 4th Oct.

Becket Keys Charity – New Hope Children’s Centre

Shoe Box Collections.

Thank you so much to the hundreds of students who have donated to New Hope Children’s Centre, via their form teachers, during the past few weeks.

There are over 100 children supported at New Hope Children’s Centre, ranging from a few days old to late teens. Anne Chenge and her staff do a fantastic job of looking after these children; providing a safe and secure home for them; education opportunities and affection and emotional care. However, what they do not have is spare cash; they rely on donations to maintain their fantastic work.

Our students were asked to donate 50p each if possible, to enable us to provide the children at New Hope with what will probably be their only Christmas gift. Posting such items is incredibly expensive, so we send Anne the money to buy the gifts in Kenya. I will be transferring

across approximately £500 for every child to receive a Christmas bag of goodies – both practical (such as soap, toothpaste, shoes) and gifts (such as small toys, sweets or a bottle of nail varnish).

Additionally, each form has been writing Christmas cards for a few children. This means that every child should receive three or four cards, addressed individually to them. I will be asking Anne to buy some blu-tak so that the children can stick the cards to their lockers!

These donations and cards will be given to me by Wednesday 20th October, to allow enough time for the cards to actually arrive in Kenya (last year it took 3 months!) and for Anne to be able to buy all the gifts required for 100 children. So, there is still time for students to make a final contribution to this on Monday or Tuesday.

If any parent would like to donate further to New Hope, I have included the details of the School Charity Account. Money can be

paid in here which I will then transfer across at the end of each term.

If you wish to do this, then please reference it as NH and your child’s name:

Becket Keys C of E Charity Committee

30-99-09

43092668

Mrs Ahlner
Charities Co-ordinator





MONDAY	TUESDAY	THURSDAY	FRIDAY
<p>KS3 'TIME TO SHINE' 3.15pm-4.15pm RH1 (Mrs Palmer)</p> <p>YR9 & YR10 'PAGE TO STAGE' 3.15PM-4.15pm RH2 (Mrs Condon)</p>	<p>KS3 & KS4 'TECHNICAL CREW' 1pm-1.30pm RH1 (Mrs Barr)</p> <p>KS4 'Practical Showcase Rehearsals' 3.15pm-4.15pm RUNCIE HALL (Mrs Barr)</p>	<p>KS5 'Applause Co.' 3.15pm-4.15pm RH2 (Mrs Barr)</p>	<p>KS3 'TIME TO SHINE' 12.00pm-12.30pm RH2 (Mrs Barr)</p> <p>KS5 Applause Co. 3.15pm-4.15pm RUNCIE HALL (Mrs Barr/Mrs Palmer)</p>



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.1 (Lunch 1)			*Theory Club 8am	Year 7 Keyboard Orchestra	
4.2 (Lunch 1)				Year 8 Keyboard Orchestra	
3:15pm	Orchestra	Senior Choir (Yr10-13) Junior Choir (Yr 7-9)	Forte Drumming String Ensemble	Stage Band	Rock Factory

- We have two choirs - one for Year 7-9 and one for Year 10-13 on a Tuesday.
- If you are in Year 7 and 8 and play netball after school on a Monday, you can alternate and go to Orchestra one week and netball the other.
- We have 4 new extra-curricular groups being offered this year. Forte Drumming for those interested in drums, String Ensemble for those who play violin and cello and two separate keyboard clubs for Year 7 and 8.
- You can have lessons at school on the following instruments: violin, cello, trumpet, piano, guitar, bass guitar, saxophone, flute, clarinet, voice and drums.
Speak to your music teacher for more information.

Design & Technology Department

'I really enjoyed the process of making this cheeseboard because I got to use all the equipment, and was allowed to design and make it however I wanted' – Nikki Kean



DT- KS5



Holly Scott-Evans



Oliver Hillery



Nikki Kean



Rhea Patel



Toby Hancox



Nathan Hobbs

After learning the theoretical knowledge about woods, the Year 12 students were able to put this into practice through a short but sweet design and make task; fabricating some laminated cheeseboards. This enabled some lovely creative and unique designs to be presented, as well as some lovely laser cut designs. Some of the key skills learnt through this project included the lamination process, cutting and filing, sanding and routing edges, as well as oiling for a protective finish. Only gouda vibes here.

BRENTWOOD FOODBANK

HELPING LOCAL PEOPLE IN CRISIS

The Harvest Appeal at Becket Keys may have finished, but you can still contribute to the local Foodbank.

The Brentwood Foodbank is part of The Trussell Trust's network of 428 foodbanks, working to tackle food poverty and hunger in the local community, as well as across the UK.

The Foodbank Network was founded in 2004 after four years of developing the original foodbank based in Salisbury. Since then, The Trussell Trust has helped communities work together to launch foodbanks nationwide in a wide range of towns and cities.

In 2019/20, The Trussell Trust's Foodbank Network provided 1,900,122 three-day emergency food supplies and support to UK people in crisis. Of these, 720,504 went to children.

To find out more about The Trussell Trust go to their website: <https://www.trusselltrust.org/>

It is not right that anyone in our community should have to face being hungry. That is why the foodbanks were set up to provide three days' nutritionally balanced emergency food and support to

local people who are referred to them in crisis.

Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that's why your food donations are absolutely vital to their ability to give everyone

referred to them a balanced and nutritious three day supply of food.

To find out more about the Brentwood Foodbank and how you can help please visit their website:

brentwood.foodbank.org.uk

You will find details of where you can donate food and the most needed items. There is a box available at the front of the Sainsburys store in Brentwood that you can add to when you do your weekly shop.



BRENTWOOD FOODBANK

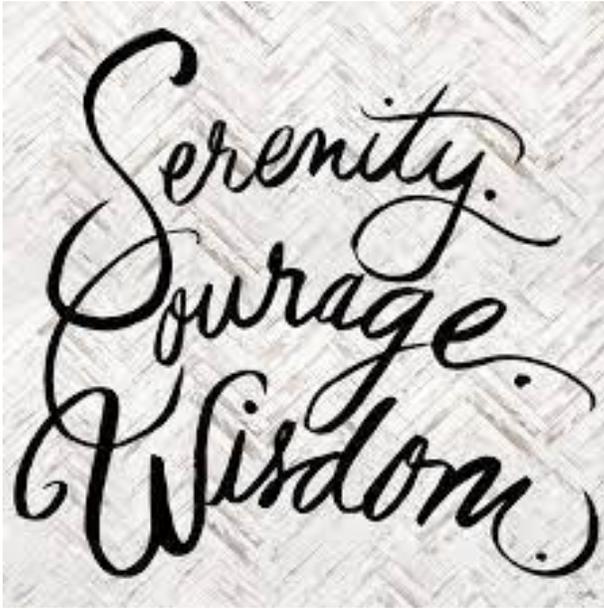
REQUIREMENTS

OCTOBER 2021

[Demand is increasing and our stocks are decreasing—we appreciate your help in keeping us stocked up so that we can continue to meet the demand—Thank You](#)

<u>Tinned Goods</u>	<u>Other</u>
Meat Pies,	Pasta Bake Sauce Jars,
Rice Pudding,	Bags Rice,
Custard	Sugar,
Potatoes,	Milk,
Salmon	Cartons Juice
All Day Breakfast,	Jams & Spreads
Ham,	Razors,
Meat Balls,	Deodorants,
Hot Dogs,	Toothbrushes,
Fruit.	Shaving gels & foams,
Chicken Stew	Toilet Rolls
Irish Stew	Shampoo
Beef Casserole,	Baby Food—Rusks, Jars,
Curry's	Pouches, Rice etc
Mince-Onion	Baby toiletries
Tomatoes	Nappies size 5 & 6
Evaporated Milk	

THANK YOU FOR YOUR CONTINUED SUPPORT



PAUSE

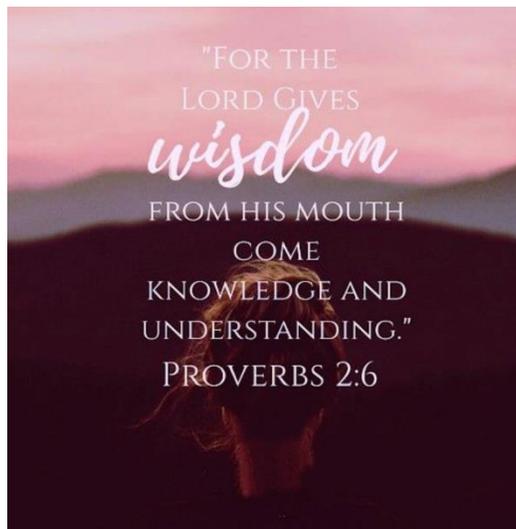
The truth about acceptance

"GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE, THE COURAGE TO CHANGE THE THINGS I CAN, AND THE WISDOM TO KNOW THE DIFFERENCE. . ."

This is the beginning of the Serenity Prayer, written by Reinhold Niebuhr many years ago. It contains powerful, timeless wisdom that is now being validated by research. **Being able to accept what we cannot change is a key component of our emotional, psychological, and spiritual well-being.** We need God's wisdom and grace to know what can and cannot be changed, and we can trust God to show us the difference.

"For the LORD gives wisdom; from his mouth come knowledge and understanding."

Proverbs 2:6



Acceptance is about coming to terms with a situation. It is acknowledging the reality that our lives have changed. Most of all, it is an integral part of a journey towards our overall mental well-being and even new strength in the midst of walking through challenges. Since denying or

resisting this new reality cannot change it, we have to acknowledge where we are now in order to move forward.

While we may not have the power to change some things, we do have a choice in how we react: accept or resist. When we battle with (resist) life as it is, our capacity to cope is diminished. Surprisingly to some, accepting the reality results in less suffering than unsuccessfully fighting against it. Yet, while facing reality is the logical thing to do, it is not always easy. Indeed, **acceptance is not the same thing as being okay with or liking what has happened; it is coming to terms with the understanding that the situation is happening regardless of how I feel about it - "It is what it is – whether I like it or not."**

The remaining parts of Reinhold Niebuhr's prayer are less well known:

... LIVING ONE DAY AT A TIME;
 ENJOYING ONE MOMENT AT A TIME;
 ACCEPTING HARDSHIPS AS THE PATHWAY TO PEACE;
 TAKING, AS HE DID, THIS SINFUL WORLD AS IT IS, NOT AS I WOULD HAVE IT;
 TRUSTING THAT HE WILL MAKE ALL THINGS RIGHT IF I SURRENDER TO HIS WILL;
 THAT I MAY BE REASONABLY HAPPY IN THIS LIFE AND SUPREMELY HAPPY WITH HIM FOREVER IN THE NEXT.
 AMEN.

The Serenity Prayer offers simple, but effective methods to truly begin to feel peace in this life, but it also reminds us of what is waiting for us in the next life. It asks God not to fix our lives for us, but to lend us the strength to correct them for ourselves. It offers inspiration and advice in equal measure and reminds the faithful that with God anything is possible.

Try to use this prayer regularly and dwell on the wisdom of each line.

Mrs Sharp
 Deputy Headteacher



BECKET KEYS
 Church of England School

CHRISTMAS CARD COMPETITION

Want to see your design in print and used for the Becket Keys Church of England School Christmas Cards 2021?

Fancy winning a £20 book token and 20 cards to use for your own purposes? This competition is open to all year groups. Template on Satchel One.



Designs for the Becket Keys Church of England School Christmas Cards 2021 must be returned to Reception by Tuesday 2nd November.

- ✓ DO: A5 portrait or landscape designs.
- ✓ DO: Colour or black and white. You can use pencils, pen or paint.
- ✓ DO: Stay within the guidelines of the sheet provided on SMHW.
- ✗ DON'T: Include any text.
- ✗ DON'T: Use computers.
- ✗ DON'T: Use glitter or stickers.

ONE ENTRY PER STUDENT



Designs which reflect our Christian Ethos are particularly encouraged.

Please speak to Mrs. Sharp if you have any questions.



School Community Prayer Group hosted by our Headteacher Mr Scott-Evans is now every Wednesday at 8.45am. This is a short meeting where we pray together for local and national events and for any intentions of those in our school family. All are welcome, please enter via reception.

If you have any prayer intentions, please send them into the school via the office email: office@becketkeys.org

World
KITCHEN.

w/c 06.09.21, 27.09.21, 18.10.21, 15.11.21



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="font-weight: bold; text-align: left;">TRADITIONAL DISH</div> <div style="font-weight: bold; text-align: left; margin-top: 10px;">GLOBAL GUEST</div> <div style="text-align: center; margin-top: 10px;">  </div> <div style="text-align: center; margin-top: 10px;">  </div> <div style="font-weight: bold; text-align: left; margin-top: 10px;">Hot-DELI- DELICIOUS DESSERTS</div>	Beef Spaghetti Meatballs in Chef's Home-made Marinara Sauce, Garlic and Herb slice with Green Salad	Chicken Shawarma with Fluffy White Rice, Khobaz Bread and Fattoush Salad	Slow Roasted Pulled Pork, Apple Compote, Seasonal Vegetables and Gravy	Chinese Lemon Chicken served with Egg Fried Rice and Prawn Crackers	Crispy Battered Pork Sausage, Chunky Chips, and Baked Beans
	Spaghetti with Homemade Veggie Balls Served with a Garlic and Herb slice and Green Salad	Vegetable Kebabs with Fluffy White Rice, Khobaz Bread and Fattoush Salad	Spinach, Red Pepper and Feta Lasagne with Garlic Bread	Teriyaki Tofu Noodles with Five Spice Cauli Bites	Homemade Spicy Bean Burger Chunky Chips and Baked Beans
	Freshly Baked Pepperoni and Mozzarella Pizza Slices	Loaded Paninis Veggie and Meaty Options	Veggie Egg Noodle Pots with a Red Thai Style Broth	Chines Chicken and Special Fried Rice Wraps	All American Beefburger with or without Cheese
	Potato and Chive Soup with Parmesan Croutons	Spiced Parsnip and Ginger Soup with Homemade Bread	French Onion Soup with a Toasted Cheddar Croute	Roasted Butternut and Sage Soup with Crispy Croutons	Tomato and Chilli Soup with Homemade Bread
	Steamed Jam Sponge and Custard	Rich Chocolate Mousse with Lime Cream	Oaty Apple Crunch Bar	Sticky Toffee Pudding Slice	Autumn Fruits Cheesecake

MAIN COURSES SERVED WITH SEASONAL VEGETABLES

Free School Meal Vouchers during the All Saints' Holiday

In order to continue supporting families entitled to Free School Meals over the school holiday, the local authority will again be issuing vouchers to those eligible across Essex. The scheme will again be co-ordinated by Wonde, using the same process as last academic year.

Parents and carers of eligible children will receive an email from Wonde next week to allow you to claim a voucher for this period. Please check your junk mail if you have not received this by the school holiday. The email will contain a link to 'redeem a voucher'. You will be taken to Wonde's 'evouchers' page (previously named Schoolvouchers), where you will need to enter your details and confirm your email address before being asked to select the retailer you wish to receive a voucher for. You will then be given a PIN and the option to view the voucher. Having confirmed the PIN, you will be issued your voucher. The voucher barcode can be printed off or scanned on a smartphone for use in-store.

Details of the process and more questions about Wonde can be found on their website here <https://help.evouchers.com/hc/en-gb> The vouchers are worth £15 a week per child and can be used to buy food in most supermarkets.





We had a fantastic evening showing our 6th Form work this week and some successful pieces created in other year groups too!

6th Form Open Event



Megan Mcadam Yr 10



Frankie Peet Yr 10



Cordelia Hoxha Yr 12



Milo Waters Yr 8



Naomi Sibbald Yr 8



In Art & Textiles this week with Mrs Cherry

Key stage 4 & 5

Tara Duffly

Y13



Star Designer for Textiles

Jess Prentice Y12

Libby Prentice Y12



Amelia Hussey Y12



@becketkeysart



Key stage 3

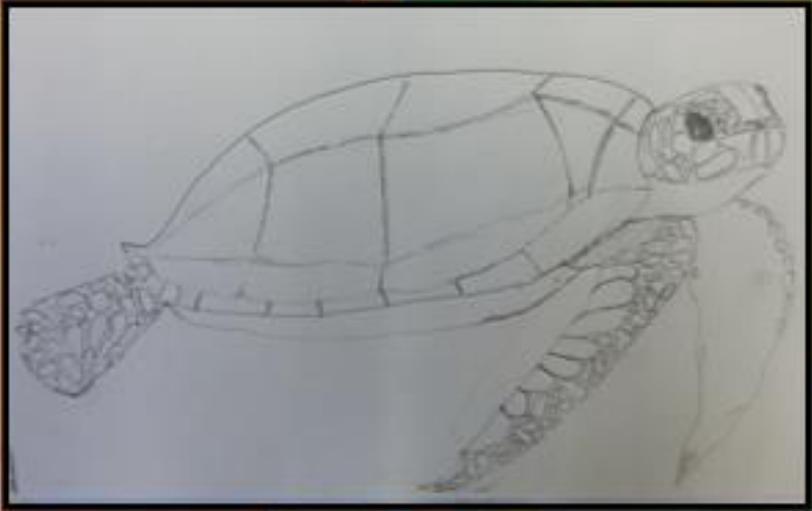


Leah Hykaj Y9



Arabella Carroll Y9

Elizabeth Emery Y9



Mia- Ayres Y7



@becketkeysart

DATES FOR YOUR DIARY

INSET DAY

(NO STUDENTS IN SCHOOL)

FRIDAY 22nd OCTOBER 2021

*

ALL SAINTS' HOLIDAY

YEAR 11 INTERVENTIONS

MONDAY 25TH OCTOBER –

FRIDAY 29TH OCTOBER

*

ENRICHMENT DAY

WEDNESDAY 3RD NOVEMBER 2021

*

STUDENT HALF DAY

THURSDAY 16TH DECEMBER 2021

*

CHRISTMAS HOLIDAY

FRIDAY 17TH DECEMBER 2021 –

MONDAY 3RD JANUARY 2022

*

INSET DAY

TUESDAY 4TH JANUARY 2022

(NO STUDENTS IN SCHOOL)

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[@BecketKeysSci](https://twitter.com/BecketKeysSci)

Facebook: [Becket Keys Church School](https://www.facebook.com/BecketKeysChurchSchool)