

Becket Keys Church of England School

31st January 2025

IN THIS ISSUE

Miss Brown writes.....

Children's Mental Health Week: Nurturing Minds with Compassion and Care

As part of our commitment to nurturing the whole child, this week we celebrate Children's Mental Health Week. This is an important time for us as a Church of England school to reflect on how we can support our students' mental well-being, both within our classrooms and across our school community.



The theme for this year's Children's Mental Health Week is "Know yourself, grow yourself," focusing on the importance of building strong relationships and fostering a sense of belonging. As a Christian community, we understand the value of connection—not just with one another, but also with God. Through our shared faith, we are reminded that every individual is created in God's image, and that includes caring for and supporting one another in all aspects of life, including mental health.

Throughout the week, our students and staff will engage in a variety of activities designed to promote mental well-being, from prayerful reflections to group discussions during form time. Our students will explore the

.....contd. on page 2



Performing Arts Department

Details of the school production have been announced! Performers & backstage helpers required!

Page 3

Mandarin Department

All Year 7 students have an opportunity to enjoy the Chinese New Year celebrations.

Page 6

Book of the Month

The recommendation for January is here and available in the school library.

Page 7

Catering at Becket Keys
Check out the delicious menu

planned for next week

Page 10

.....contd. from Page 1



importance of kindness, empathy, and the power of listening, all in a safe and loving environment. We encourage our pupils to talk openly about their feelings and reach out to those around them who may need support.

We also want to support our families in looking after their children's mental health at home. The Children's Mental Health Week website offers useful resources for parents, including ideas for starting conversations with children, as well as practical tips for helping children express their emotions and cope with challenges. You can access these resources at:

<u>Children's Mental Health Week:</u> <u>Families Resources</u>.



I would like to encourage you to contact us in the earliest instance if you feel that your child is struggling to attend school due to mental health reasons; we are here to help.

As a Christian school, we believe that by connecting with each other through love, prayer, and support, we can build a community that fosters resilience and strength in our children. We encourage everyone to take time this week to reflect on how we can better support one another and continue to build a school environment where everyone feels valued and heard.

Let's come together in faith, hope, and love to care for each other's mental well-being. By strengthening our connections, we help our children grow stronger and more resilient in mind, body, and spirit.

God bless you all.

Miss Brown Head of Year 10



Mind - Home - Mind

When you're experiencing a mental health problem, supportive and reliable information can change your life.

childline

ONLINE, ON THE PHONE, ANYTIME

Childline - <u>childline.org.uk</u> or 0800 1111

Information and advice for young people on topics like bullying, your body and relationships. Also provides:

- A phone helpline
- 1-2-1 online chats with counsellors
- Online message boards

Other Organisations who offer Help & Support

Action for Children - actionforchildren.org.uk

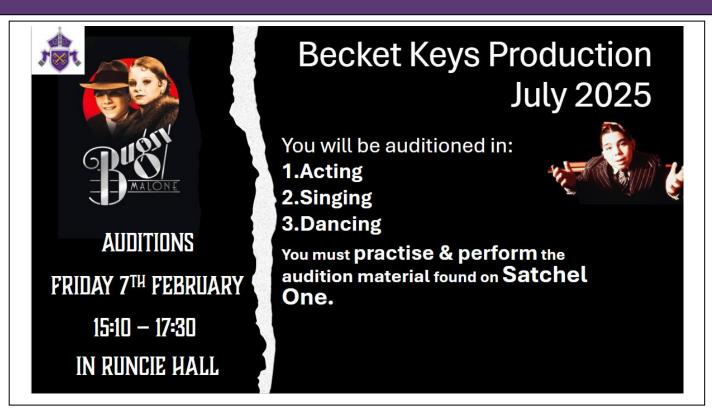
Supports children, young people and families across England with emotional and practical care.

Barnardo's - barnardos.org.uk

Practical information and emotional support for Young people, Young people leaving care and Young carers.

Campaign Against Living Miserably (CALM) - <u>thecalmzone.net</u> Information and support for anyone who is struggling with things and needs to talk. Offers a helpline and webchat.

Performing Arts Department



We are also looking for backstage support:

- Staging
- Moving equipment
- Lighting
- Sound
- Stage management

You are **required to attend the audition** so you can be **registered** for the production.



Watch the trailer for this great show here:



https://youtu.be/hlijaVOFuwE





CHAMBER CONCERT TONIGHT!

FRIDAY 31st JANUARY 2025

Some of our Becket Keys musicians will be performing at the next Chamber Concert that takes place in Runcie Hall, Friday 31st January at 6.00pm. This is an informal performance that parents and families can attend.



Apprenticeships

Apprenticeships combine practical training in a job with study. As an apprentice you will be an employee earning a wage and getting holiday pay, work alongside experienced staff, gain jobspecific skills and get time for training and study related to your role. Apprenticeships take 1 to 5 years to complete depending on their level.

<u>Find an apprenticeship - GOV.UK</u> (www.gov.uk)



Pre-Loved Uniform Sale Saturday 22nd February Held in the Bistro 11.00am – 12.30pm

Cash would be appreciated.

6 th Form Suit Jacket	£15.00
6th Form Skirt / Trousers	£7.00
Blazer	£7.00
Kilt	£7.00
Trousers	£4.00
Blouse / Shirt	£2.00
Jumper / Tank Top	£5.00
Tie	£2.00
PE Hoodie	£5.00
PE Rugby Top	£5.00
РЕ Тор	£3.00
PE Shorts / Skort	£3.00
PE Track Pants / Leggings	£4.00
GCSE PE Top	£4.00
Aprons	£3.00
Drama T-Shirt	£3.00
Chef Jacket	£5.00
Coat	£7.00
Rucksack	£5.00

SPRING SHOWCASE Open Evening Wednesday 5th February 2025, 6pm-8.30pm Meet teaching staff View our facilities Listen to subject presentations Explore our innovative, immersive 'IGLOO' learning environment. Full-time, Part-time, Adult Online Courses, Higher Education and Apprenticeship programmes.

Late Gate

Early is on time
On time is late
And late is unacceptable!

At Becket Keys, we look to ensure that we are preparing students for life beyond school; this includes encouraging students to attend school regularly, and of course, on time.

Remember that the school gate closes at **8.25am**. This allows students enough time to get to their first lesson on time. Period 1 begins at 8.30am.

Brentwood can be tough to manoeuvre during rush hour, especially with the planned road and engineering works so please make sure that you are leaving enough time to get to school.

Parents can call the main school line o1277 286600 or use the "Studybugs" app to report genuine lateness. We thank you for your support.

School Vaccination Catch up Clinics

Has your child missed their school vaccinations?

We are running local catch up clinics for their routine teenage vaccinations. $\ast\ast$

Your nearest clinic is:

Thameside House, Thurrock Hospital, Long Lane RM16 2PX

10am to 2pm

Saturday 1 February

10am to 4pm

· Wednesday 19 February (half term)

The Hermit Youth Centre, Shenfield Road, Brents CM15 8AG

10am to 2pm

Saturday 8 March

It's easy to catch up, book your nearest clinic NOW on 0300 790 0597.

For information on school aged vaccinations please visit our website: eput.nhs.uk/childrensvaccines

**HPV (from Year 8)
DTP & Meningitis (from Year 9)

#GetWinterStrong



Essex Partnership University

Mandarin Department



To celebrate Chinese New Year, Becket Keys have an exciting day planned for all Year 7 students.

This has always been a very popular and welcomed event in the past.

What will happen on the day?

Students will be off their regular Friday timetable and will go to six different workshops throughout the day as a tutor group. For example, they could be in a science, film or martial arts workshop. There will be a chance to watch Lion dancing at

lunchtime and there will be a special themed menu available in the Bistro and Orangery (for the usual lunch prices).

Further details with a full timetable for the day will be released soon, in the meantime all Year 7 parents need to log on to Parent Pay and contribute to the cost of this event by **Friday**, 31st January 2025.

Unfortunately, if we do not collect enough money, we will have to cancel the event.





Book of the Month – January 2025



Tove was 12 and Liva 9, when the Germans occupied Norway. They remember everything as if it happened yesterday.

Mose and her daughter Agna are incomers in the village, treated with suspicion. But young Liva, left out of the secrets her sister Tove and brother Hakken share, idolises Agna and follows her everywhere. Unwittingly, they lead the German soldiers to a perfect island. Once a haven for picnics and story-telling under the midnight sun, it is transformed into a grim prisoner of war camp. This is an unlikely place to find buried treasure, but it's there.

There are ways to fight back, especially when Haakon joins the resistance, slipping through shadows to carry out dangerous acts of sabotage. And the girls themselves have their parts to play. Friendships are made and broken, family trust is turned upside down and lives change forever as Tove and Liva recall their childhood experiences of living through WW2 in a story that moves from light to darkness to light again.

Tense, evocative and compelling, this story of wartime resilience is inspired by the author's own family history.

PE Extra Curricular - Term 3

Day	4.1 Lunchtime (11:50-12:30) 4.2 Lunchtime (12:40-1:20)	After-School (3:10-4:30)
Monday	GCSE Intervention	Year 9, 10 + 11 Girl's Football Year 9, 10 + 11 Boys' Football
Tuesday	TUP Badminton + GCSE Intervention	Year 7 Basketball Year 8 Boys' Football Year 8 Girls' Football
Wednesday	Year 7 Netball For All/Invite Only	Year 7 Girls' Football Year 10 + 11 Basketball Club
Thursday	(4.1) Year 8 Basketball (4.2) TUP Basketball	Year 7 Boys' Football
Friday	(4.1) Year 9 Basketball (4.2) TUP Futsal	



Keys:

- Astro
- Sports hall
- Main Hall
- Field
- Playground

New Y8 and Y9 club!



When? Wednesday at 12:15

What? Come practise your language skills and compete against other students!

Who? Open to all Y8 and Y9 students

Where? C33

Mrs. Bolaños & Mrs. Barker







Please remember that all correspondence to the school must come through the school office email:

office@becketkeys.org. Your message will be forwarded to the member of staff concerned.

You can also send a message via the contact page on the website:

https://www.becketkeys.org/contact-staff

You can also reply directly to any message you receive from the school via Bromcom, just hit the reply button and it will go to the office.

Students can contact their teachers via Satchel One if they have any queries regarding their lessons.

Please do not email staff directly as any message received in this way will not receive a response.





Please make sure that you top-up your son or daughter's account each week so that he/she is able to access all the delicious meals in the Bistro.

There is a small overdraft facility on the ParentPay accounts of £2 for emergency situations which covers the cost of a roll. Due to the cashless system in place, there is no other back up.

We do not want any student to miss lunch or the great choice of food available every day in our restaurants. (You can check out the menu for the next week on the next page.)

If you have any queries, please contact the school – office@becketkeys.org

Drawing Club

When? Monday 12pm

Where? C24

What? A relaxed approach to mindful drawing. We will practise some drawing techniques and share our creations





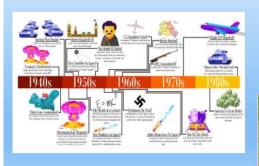
Y7, Y8 and Y9 Mandarin lunch time club (for Mandarin students only)

Year 7	Year 8	Year 9
Every Friday 13:00-13:30	Every Monday 12:10-12:40	Every Wednesday 12:10-12:40
First session will be on 4 th October	First session will be on 30 th September	First session will be on 2 nd October



HISTORY CLUB!

History club is on every Tuesday from 3:15-4:15 in J13 for all students!

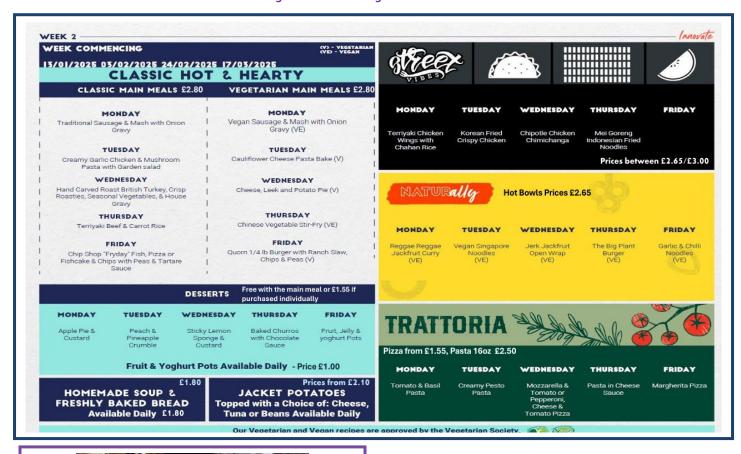








Page **9** of **13**





The School Community Prayer Group hosted by our Headteacher Mr Scott-Evans is every Wednesday during term time at 8.45am.

This is a short meeting where we pray together for local and national events and for any intentions of those in our school family. All are welcome.

If you would like to join us for the Eucharist, then please come to reception on Fridays just before 1.00pm.

If you have any prayer intentions, please send them into the school via the office email: office@becketkeys.org



A Message for Year 9 Parents

We would like to invite you to the Guided Curriculum Choices (options) evening which will take place:

Thursday 13th February 2024 6.00pm Main Hall

More information will follow shortly, but for now, please put this date into your diaries. Students and parents should attend together.

BRENTWOOD FOODBANK HELPING LOCAL PEOPLE IN CRISIS

The Brentwood foodbank is part of <u>The Trussell</u> <u>Trust's</u> network of 428 foodbanks, working to tackle food poverty and hunger in the local community, as well as across the UK.

The Foodbank Network was founded in 2004 in Salisbury, since then <u>The Trussell Trust</u> has helped communities work together to launch foodbanks nationwide in a wide range of towns and cities.

In 2023/24, food banks in the Trussell Trust's network provided 3,121,404 three-day emergency food supplies and support to UK people in crisis. Of these, 1,144,096 were distributed for children.

You can make a donation at Sainsburys, Tesco Express in Brentwood High Street, St Thomas of Canterbury Church or St Stephen's Church.







Homework Club is available for all students.

Every afternoon after school students can stay for a supervised session until 4.20pm and complete their homework in C11. Using Homework Club is just one way we provide for students who do not want to leave site at 3.10pm.

Full details of all extra-curricular clubs are available on the school website here:

https://www.becketkeys.org/extra-curricular.



Manna Meals



FREE COMMUNITY TEATIME TOGETHER, SUNDAY LUNCHES, HOT MEALS & CAKES

Future dates:

Wednesday 8th January at Bishops Hall Community Cetre (4pm - 6pm - Tea Time Together)

Wednesday 22nd January at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

Wednesday 5th February at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

Wednesday 19th February at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

Wednesday 5th March at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

Wednesday 19th March at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

Wednesday 2nd April at Bishops Hall Community Centre (4pm - 6pm - Tea Time Together

07956439983

contactmannameals@gmail.com www.mannameals.org



Community Pantries are:

- Affordable ways to access fresh, nutritious and healthy food
- Up to 30% cheaper compared to traditional supermarkets
- Good for you and your family
- Good for your budget
- Good for our community

Brought to you by

Manna Meals

www.mannameals.org
Registered Charity no: 11654



Please make sure that your son/daughter has a reuseable water bottle to make sure that they have adequate drinking water for the day.

Even when the weather is not hot it is important to keep hydrated during the day, especially on days when students are taking part in PE.

Remember that drinks are available for purchase from the Bistro at break and lunch.

Water fountains are available in the Bistro and Orangery for students to use at the beginning of the day and during break and lunchtime.

WATER IS NOT JUST FOR QUENCHING THIRST.

HYDRATION IS VITAL TO HEALTH AND WELLNESS. TO PREVENT DEHYDRATION AND LOW LEVELS OF ELECTROLYTES, YOU NEED TO STAY HYDRATED!

DATES FOR YOUR DIARY

*

YEAR 7 MANDARIN DAY CELEBRATION FRIDAY 7TH FEBRUARY 2025

*

SCHOOL PRODUCTION AUDITIONS
FRIDAY 7TH FEBRUARY 2025
AFTER SCHOOL 3.10PM – 5.30PM

*

YEAR 9 OPTIONS EVENING
THURSDAY 13TH FEBRUARY 2025

*

YEAR 10 SEVILLE TRIP
THURSDAY 13TH- 17TH FEBRUARY 2025

*

LENT HOLIDAY

MONDAY 17TH FEBRUARY – FRIDAY 21

FEBRUARY 2025

*

YEAR 7 SUBJECT CONSULTATION EVENING
THURSDAY 27TH FEBRUARY 2025

*

YEAR 11 & YEAR 13 MOCK EXAMS
THURSDAY 13TH FEBRUARY – FRIDAY 7TH
MARCH 2025

Becket Keys Church of England School

Sawyers Hall Lane Brentwood, Essex CM15 9DA 01277 286600

www.becketkeys.org office@becketkeys.org finance@becketkeys.org

X:

- @BecketKeys
- @MrScottEvans
- @BecketKeys6th
- @BecketKeysMusic
- @BecketKeysPE
- @BecketKeysArt
- @BecketKeysSci
- @BecketKeysDT
- @BecketKeysExams
- @BecketKeysTrips

Facebook: Becket Keys Church School