



# Becket Keys Church of England School

20<sup>th</sup> March 2026

## IN THIS ISSUE

Mrs Sharp writes.....

### God’s Springtime – A Reflection for Lent



The early Church often described Lent as “God’s springtime”. The poet Gerard Manley Hopkins captures this sense of renewal and awakening so beautifully:

“Nothing is so beautiful as spring  
Growth in everything –  
Flesh and fleece, fur and feather.  
Grass and green world all  
together...”

This idea of new life and fresh beginnings takes me back to reading with my children,

particularly the moment in Kenneth Grahame’s *The Wind in the Willows* when Mole feels the irresistible tug of spring. After hours of spring-cleaning, Mole suddenly senses something calling him beyond his small, dust-filled home:

“Spring was moving in the air above and in the earth below and around him, penetrating even his dark and lowly little house with its spirit of divine discontent and longing... Something up above was calling him... till at last, pop! His snout came out into the sunlight, and he found himself rolling in the warm grass of a great meadow. “This is fine!” he said to himself. “This is better than whitewashing!”

And so Mole’s adventure begins.

Lent invites us into that same

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**BECKET KEYS**  
Church of England School

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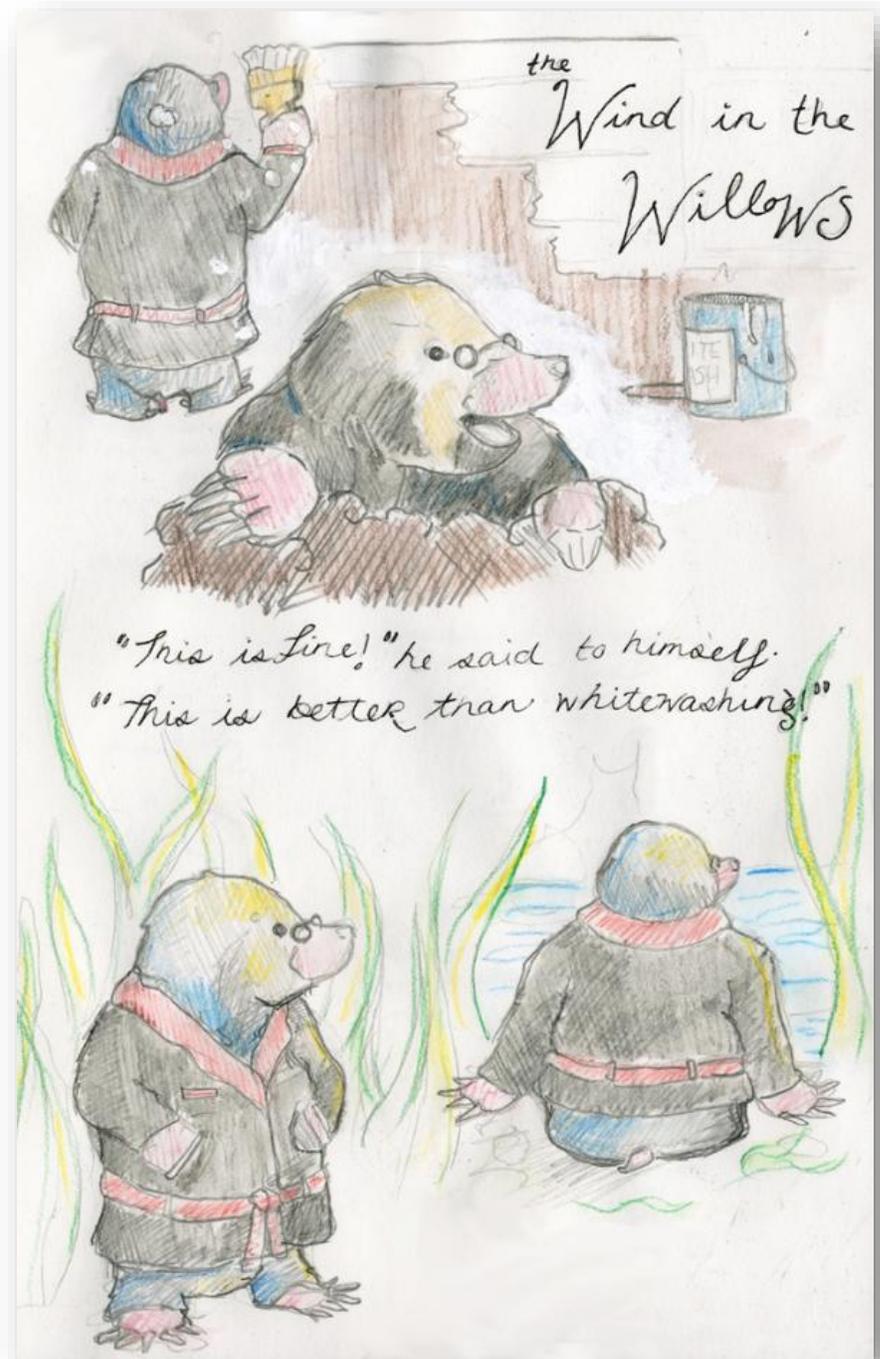
spirit of holy restlessness; an opportunity to step out of the ordinary and allow God to renew us. As Easter approaches, we are reminded that this is a season for growth, reflection and deepening our awareness of God's presence. Like Mole emerging into the sunlight, we are called to open our hearts to the transforming light of Christ.

Lent is, at its core, a season of joy. It is *God's springtime*. It is a time of beginning again, of seeking closeness with God, and of allowing His grace to shape us. As we look around our school grounds and local community, we see signs of His renewing work everywhere: snowdrops giving way to cheerful daffodils, tulips beginning to open and the first vibrant hyacinths filling the air with fragrance. The snowdrop, often described as the flower of hope, bravely pushes its way through even frozen soil. Though delicate, it stands courageous and resilient. Our own spiritual journeys can feel much the same, challenging at times, especially amidst the pressures of modern life, yet always filled with the promise of resurrection, new life and God's faithful renewal.

May "something up above" call us, just as it called Mole.

***How are you using this special time of Lent?***

***What spiritual spring-cleaning might you be doing?***



As Holy Week draws closer, may we each find moments of stillness in our busy lives. Let us quiet the "chatter" lay aside the ordinary for a moment and turn our attention toward God and our spiritual journey. May we be still and know that He is with us. May the days ahead draw us closer to

Jesus, in His humility, His courage and His love. As we walk with Him toward the cross, may we find strength, hope and renewal, and be ready to rejoice in the light of Easter.

**Mrs Sharp  
Deputy Headteacher**

## GCSE Awards Celebration

Last night we celebrated with our Year 11 cohort from 2025 at our annual GCSE Awards Evening. Students were presented with their exam certificates and their RET Ebacc Certificates. This group of students were our highest performing yet, both in terms of progress and attainment. Our 2025 cohort demonstrated excellent character throughout Year 11 and we had exceptionally high expectations of them.



Our GCSE awards evening rightly celebrated outstanding individual performance. Evanthe achieved nine Grade 9s and one Grade 8, she chose to stay at Becket Keys and is studying A Levels in Mathematics, Psychology and Mandarin alongside an EPQ. Joshua Eida achieved eight Grade 9s, one Grade 8 and one Grade 7, he is now studying Biology, Chemistry, Mathematics and Further Mathematics in the Sixth Form here at Becket Keys.

The progress awards were given to Oliver Janiszewski and Alex Gilham, sadly neither of these students were unable to attend the celebration. These students were those who made the most

progress during their time at Becket Keys. This award is about the distance travelled.

However, we also recognised the achievement of the whole cohort. The average grade across all subjects is even higher than last year, and more students in this 2025 cohort have achieved Grade 5 passes (or better) in English and Mathematics than ever before! A record 87% of students were entered for the EBACC, with over 75% achieving a pass in all five EBACC subjects.



At Becket Keys students are well ahead of the average student in Essex. That takes significant hard work and everyone should be proud of what we are doing here. We are incredibly proud of this cohort, and we were all on a real high last night celebrating with them! Mrs Noble shared some of her memories and created a video of clips and photos from over the years and RT Reverend Roger Morris, Area Bishop of Colchester shared an engaging address which was written in the form of a letter to his 16-year-old self, reflecting about the world as it

was then and how things have changed for young people today.



Becket Keys cares about the grades, we care about what students go on to do, but what we care about most is a student's Christian Character and faith. Our final awards were given with this in mind: Chloe Persad, Mark Umphtha and Sophia Tredgett were chosen to receive the Outstanding character Awards. Three very worthy winners from a year group where there were many more who could also have won.



We hope that everyone who came along enjoyed the evening: the awards, the refreshments, the music and the speeches.

Congratulations to every student who collected certificates last night, we are delighted with you all!





It is time for our Parent View survey. Your feedback means a great deal to us, and we would be delighted if you could take a few minutes to let Ofsted know your thoughts at:

[www.parentview.ofsted.gov.uk](http://www.parentview.ofsted.gov.uk)

The process does not take long. If it's your first visit to the survey site, you will need to register, but this takes only a moment, and you will never receive any unwanted emails. Once you have registered, you can complete the Ofsted Parent View survey every year.

It only takes about five minutes to answer the questions about the school, but your voice is important. A large response from our families is very encouraging for us all. The Governors, our Senior Leaders, and all the teachers and wider staff team genuinely value hearing directly from you. Furthermore, Ofsted use these results when comparing our school with others.

After Easter, Mr Scott-Evans will share the results of this survey, and we are hopeful that your feedback will reflect what we see every day; that these really are the best of times for our school.

If you would like to offer more detailed responses than the questionnaire allows, you can always contact me directly. The best way to do this is through our school website:

<https://www.becketkeys.org/contact.php>. You can also email me on [office@becketkeys.org](mailto:office@becketkeys.org).

Thank you for the love and care you invest in the children of Becket Keys. Please do take a moment to complete the Parent View survey:



## School Uniform

It is important to all of us that every one of the students who attend Becket Keys looks smart in their uniform at all times. All students are required to wear shoes and not trainers.

Girls in Year 7-9, should have their hair completely tied up. Year 10-11 – hair can be half up/ half down. Black, purple or neutral coloured hair ties please. If boys have long hair, they too need to have it tied up.



We know that the weather is changeable at the moment, but please remember that all students will be in need of a **COAT** – Plain **BLACK** without coloured flashes, logos or slogans, no 'fashion items', no 'puffer' jackets. Please see the website, if you need more details about the school dress code.



### Our Winning Easter Card Design

We are delighted to announce that Marnie Smith (Year 8) is the winner of our Easter Card Design Competition! Congratulations to Marnie and to all the students who took part. The creativity and effort shown by everyone was truly impressive.

Marnie's design stood out for its simplicity, beauty and clear message. Her artwork will now be used by the school to share messages of hope and love with members of our local community and beyond this Easter.



ParentPay®

Please make sure that you top-up your son or daughter's account each week so that he/she is able to access all the delicious meals in the Bistro.

There is a small overdraft facility on the ParentPay accounts of £2 for emergency situations which covers the cost of a roll. Due to the cashless system in place, there is no other back up.

We do not want any student to miss lunch or the great choice of food available every day in our restaurants. (You can check out the menu for the next week on the next page).

If you have any queries, please contact the school – [office@becketkeys.org](mailto:office@becketkeys.org)



## Year 12



This week Year 12 had an exciting trip to the University of Suffolk, where students experienced different lectures from radiography, law to history and sport science. Students also went on a campus tour and looked at the accommodation. The students experienced life at university and embraced all lectures.

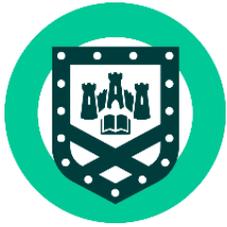
Students worked on DNA extraction using a banana in a pharmacy lecture to taking part in the defence and prosecution of a defamation case where a woman had been accused of being a witch. This is Year 12's first experience of a university and has encouraged them to talk about their future choices in preparation for the trip next week to the UCAS fair. Students should ensure they are using Unifrog to prepare for the trip next week.



# University of Suffolk



## Upcoming Events



# University of Exeter

### Open Day season is approaching:

Here are our top tips to pass on to students for making the most of what can be extremely busy days on campus:

Research! Universities will have an open day programme to access before they visit.

- Plan your time! Prioritise the talks and tours they are most interested in.
- Make a list before you visit of any pertinent questions to ask.
- Plan your travel and accommodation in advance.
- Talk to student ambassadors - ask them about student life.
- Talk to academic staff – ask them about their course content and research.
- Visit the stands and find out about accommodation, student finance, support services and much more.
- Explore the local area – can they see themselves there?

Penryn: Wednesday 27 May 2026

Streatham and St. Luke's: Friday 29 May 2026

Streatham and St. Luke's: Saturday 30 May 2026

[Undergraduate Open Days | University of Exeter](#)



### Tech Mentor Hackathon

The Tech Mentor National No-Code Hackathon is a STEM enrichment experience where students work in teams to solve real-world challenges using modern digital tools.

This opportunity is for any students aged 14 - 18 who may be interested.

Event details:

Sunday 12th April

10:00am - 4:00pm (online)

Students aged 14 - 18

£15 per student

Further information and registration:

<https://techmentor.org.uk/national-hackathon-competition>



UCAS Discovery Fair

Tuesday 24<sup>th</sup> March

Unicomp are in school

on Thursday 16<sup>th</sup> April

UCAS Launch

Monday 20<sup>th</sup> April

## Competitions, Student Finance & Apprenticeships



University  
of Exeter

A new round of Academic Competitions is now live for students to participate in **Physics and/or Philosophy**.

Submission can be via a written essay (1000 words) or a video (no longer than 7 minutes in length). There are two prizes, one for each format.

The deadline for student submissions is **Friday, 3 April 2026**.

[Academic Competitions | Discover University | University of Exeter](#)

# UCAS

**UCAS – Firm and Insure**

Deadline for year 13 to firm and insure their university places is 3<sup>rd</sup> June 2026.



# Amazing Apprenticeships

If Year 13 are applying for apprenticeships then they should be accessing the live list on the government website <http://www.gov.uk/apply-apprenticeship>

Amazing Apprenticeships also run a good list which can be downloaded from here:

[Higher & Degree Apprenticeships | Amazing Apprenticeships](#) There is a list and some good advice on application.



## Ski Trip Launch 2027

### Ski Trip to Hotel Miramonti in Passo Del Tonale, Italy, March/April 2027

Have you been inspired by the Winter Olympics? Would you be interested in sending your son or daughter skiing with the school in 2027? We are considering organising a new ski trip for students in Year 10 and above (current Year 9 and above) to the wonderful resort of Hotel Miramonti in Passo Del Tonale for 2027. This would be a new additional ski trip different to the bi-annual trip to Sugarloaf Mountain, Maine in USA.



Our trip would see us staying at Hotel Miramonti. It is a high quality option with good rooms and plenty of hotel facilities and it is also perfectly located opposite the slopes. It also comes with a disco night, pizza night and access to a swimming pool.



With skiing up to 3050 metres, it is one of the highest ski areas in Europe as it offers Glacier skiing meaning the snow is secure all season. The ski school is highly regarded as one of the best for school groups in Italy and they will offer us 5 hours of tuition per day.

# rayburn tours

We are working again using a specialist group tour operator, Rayburn Tours. We have used this company before and have been extremely impressed with their excellent levels of support and expertise. Rayburn have been operating trips for schools since

1965. Rayburn Tours is ABTA bonded and ATOL protected, as well as being accredited by 'Learning Outside the Classroom' and the 'School Travel Forum'.

Many thanks to all those who attended the online meeting on Wednesday. Further details have been sent out to all families whose son or daughter will be in the correct year group at the time of the trip. If you have any further questions, then please let us know and you need to kindly complete the survey sent to register your interest.

In the meantime, you may wish to watch the YouTube videos of previous trips to Sugarloaf Mountain. These give you some idea of what a Becket Keys ski trip is like.

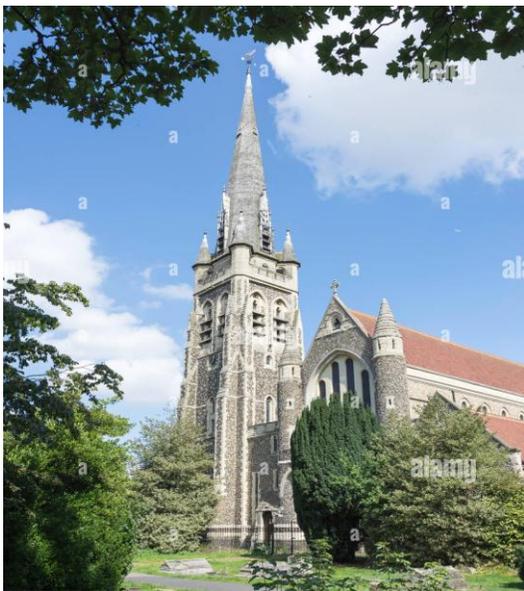
Most recent trip (2024):

<https://youtu.be/DPwukxLuVQM>

Previous trip (2018):

<https://youtu.be/er1WwtNCLnU>

# Easter Services



## ST THOMAS OF CANTERBURY, BRENTWOOD SERVICES & EVENTS

### HOLY WEEK 2026

**Palm Sunday: 29<sup>th</sup> March**  
8am - Mass  
10am - Mass & Procession  
(starting at Chapel Ruins)  
6pm - Choral Evensong

**Monday 30<sup>th</sup> March**  
Chrism Mass - 12pm at  
Chelmsford Cathedral  
8pm - Mass

**Tuesday 31<sup>st</sup> March**  
9:30am - Mass  
8pm - Mass

**Wednesday 1<sup>st</sup> April**  
12:15pm - Mass  
8pm - Mass  
9pm - Compline

**Maundy Thursday: 2<sup>nd</sup> April**  
8pm - Sung Mass of the Lord's  
Supper

**Good Friday: 3<sup>rd</sup> April**  
9am - Morning Prayer  
10am - Stations of the Cross  
3pm - Liturgy of the Passion  
5pm - Maria Desolata

**Holy Saturday: 4<sup>th</sup> April**  
9am - Morning Prayer  
8pm - Easter Vigil  
Followed by our Easter Party

**Easter Sunday: 5<sup>th</sup> April**  
8am - Mass  
10am - Sung Mass & Holy Baptism  
6pm - Choral Evensong &  
Benediction

HE IS RISEN INDEED - ALLELUIA!



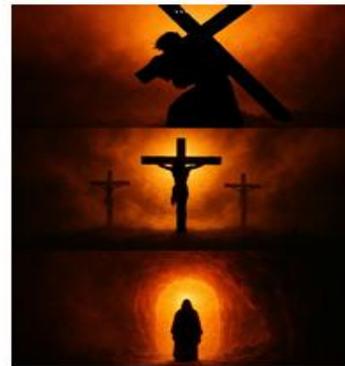
WWW.ST-THOMAS.ORG.UK  
01277 231629

FOLLOW US  
ON FACEBOOK 

## Welcome to our Worship

Ingrave Churches: St Stephen's, St Nicholas' and All Saints East Horndon (CofE)  
22nd March 2026, Today is the 5th Sunday of Lent

### Easter Services



**Mon 30th March,**  
Crism Eucharist at Chelmsford Cathedral  
with Bishop Luke, 12noon. All welcome.

**Wed 1st April**  
Toddler Church, St Nicholas, 9:15am  
Holy Communion, St Nicholas' 10am

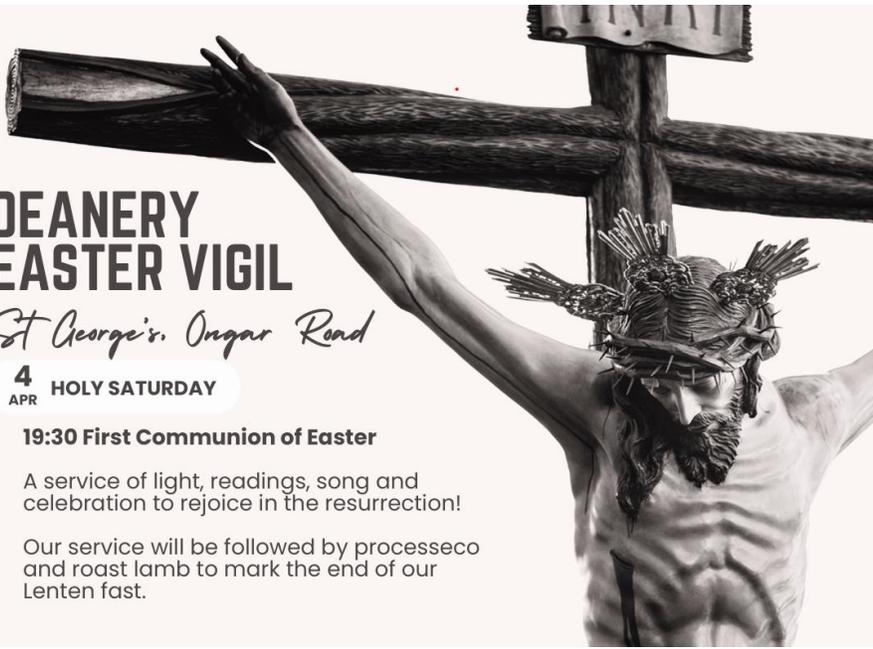
**Maundy Thu**  
Holy Communion, St Stephen's, 11am  
Bring and Share Supper, worship and Bible  
Study, St Stephen's, 7pm

**Good Friday**  
AM - Walk of Witness in town centre,  
details TBC  
Last Hour of the Cross. Both churches,  
2pm

**Easter Sunday**  
Family Service at both churches



# Easter Services



## DEANERY EASTER VIGIL

*St George's, Ongar Road*

**4**  
APR **HOLY SATURDAY**

**19:30 First Communion of Easter**

A service of light, readings, song and celebration to rejoice in the resurrection!

Our service will be followed by processeco and roast lamb to mark the end of our Lenten fast.

## HOLY WEEK & EASTER WORSHIP



### 29TH MARCH: PALM SUNDAY

*Holy Communion with Palm Procession 9.30 am, St Peter's  
Holy Communion with Palm Procession 11.15 am, All Saints*

### 2ND APRIL: MAUNDY THURSDAY

*Mass of the Lord's Supper with Foot Washing  
7.30 pm, St Peter's  
Followed by a vigil in the Chapel & Adoration of the Blessed Sacrament*

### 3RD APRIL: GOOD FRIDAY

*Tenebrae Service 2 pm, All Saints' Church*

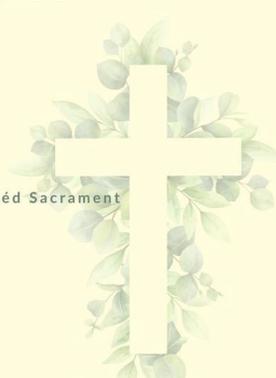
### 4TH APRIL: HOLY SATURDAY

*Easter Wander 10-12noon, All Saints Church*

*Deanery Easter Vigil Service 7.30pm First Mass of Easter St George's, Brentwood  
All Welcome*

### 5TH APRIL: EASTER SUNDAY

*Holy Communion with 1st Communions & Baptism 9.30 am, St Peter's  
Holy Communion with Baptism 11.15 am, All Saints'  
Easter Praise 6pm, St Peter's*



## Whole School Eucharist

**Tuesday 24<sup>th</sup> March 20, 2026  
11.00am**

Services will be held at St Thomas of Canterbury Church, Shenfield St Mary's Church and at school in the Main Hall.

### BRENTWOOD FOODBANK HELPING LOCAL PEOPLE IN CRISIS

The Brentwood foodbank is part of [The Trussell Trust](#)'s network of 428 foodbanks, working to tackle food poverty and hunger in the local community, as well as across the UK.

The Foodbank Network was founded in 2004 in Salisbury, since then [The Trussell Trust](#) has helped communities work together to launch foodbanks nationwide in a wide range of towns and cities.

You can make a donation at Sainsburys, Tesco Express in Brentwood High Street, St Thomas of Canterbury Church or St Stephen's Church.

### March Requirements:

- Small jars of coffee
- Tinned Corned beef or ham
- Washing Powder
- Multi-Purpose Sprays
- Shaving Gel
- Deodorant



## Can we please remind you we are a nut free school?

Students who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens. However, we cannot have nuts in school in any form.

So please can we ask that you have no products containing nuts in lunch boxes or brought into the school as treats.

For example: Peanut butter sandwiches

Chocolate spreads

Some cereal bars

Some granola bars

Cakes that contain nuts

Biscuits / Cookies that contain nuts

Peanut butter cakes

This list is not exhaustive, so please check the packaging of products closely.

We know that you recognise the importance of it and we do have to insist that we are a nut free school. If it was your son/daughter you would expect that everyone would help, especially as it is a life-threatening condition.

If you have any questions then please contact the office:

[office@becketkeys.org](mailto:office@becketkeys.org)

## Late Gate

*Early is on time  
On time is late  
And late is unacceptable!*

At Becket Keys, we look to ensure that we are preparing students for life beyond school; this includes encouraging students to attend school regularly, and of course, on time.

Remember that the school gate closes at **8.25am**. This allows students enough time to get to their first lesson on time. Period 1 begins at 8.30am.

Brentwood can be tough to manoeuvre during rush hour, so we encourage students and parents to contact the school in the case of ***genuine*** lateness, such as delayed public transport.

Parents can call the main school line 01277 286600 or use the "Studybugs" app.

We thank you for your support.



**BECKET KEYS**  
Church of England School



# THE STORY SEEKERS

Are you a teenager who loves reading?



**If you are aged 15–18 come along to the Brentwood Library.**

**Our next book is: *The Curious Incident of the Dog in the Night-Time.***

**MONDAY 20 APRIL FROM 4–5PM**

If you are interested, speak to a member of staff or email the library using the following email:  
**[brentwood.library@essex.gov.uk](mailto:brentwood.library@essex.gov.uk)**

## Prayer Group

The School Community Prayer Group hosted by our Headteacher, Mr Scott-Evans, is every Wednesday at 8.45am.

This is a short meeting where we pray together for local and national events and for any intentions of those in our school family. All are welcome. If you have any prayer intentions, please send them into the school via the office email:

[office@becketkeys.org](mailto:office@becketkeys.org).

 Essex County Council



## SEND Travel Training 2026.

As the academic year moves forward, many students with additional needs begin thinking about travelling independently whether that's getting to and from school on their own or preparing for a new college placement in September. This service is designed to support young people through this important stage, helping them build confidence, skills, and independence at a pace that feels right for them.

### What is Travel Training?

A practical, personalised programme that helps students build the skills and confidence to travel safely and independently using walking routes and public transport.

**How It Works:** We break each journey into small, manageable steps so the trainee can build confidence gradually. Most trainees complete their training in 6–8 sessions, but we always adapt the pace to suit individual needs.

For more information visit:  
[www.traveltraining.co.uk](http://www.traveltraining.co.uk)

**WEEK 1**  
 Week Commencing; 27/10/2025 17/11/2025 08/12/2025 19/01/2026 09/02/2026  
 02/03/2026 23/03/2026 13/04/2026

*Innovate*

**CLASSIC HOT & HEARTY**

CLASSIC MAIN MEALS £2.85	VEGETARIAN MAIN MEALS £2.85
<b>MONDAY</b> Beef Bolognaise with Wholegrain Pasta & House Salad	<b>MONDAY</b> Plant Based Bolognaise with Wholegrain Pasta and House Salad (V)
<b>TUESDAY</b> Kung Pao Chicken with Vegetable Rice	<b>TUESDAY</b> Kung Pao Cauliflower with Vegetable Rice (VE)
<b>WEDNESDAY</b> Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy	<b>WEDNESDAY</b> Lentil Sage & Onion Wellington (V)
<b>THURSDAY</b> Chicken Tikka Masala, Served with Braised Rice & Kachumber Salad	<b>THURSDAY</b> Butter Cauliflower & Chickpea Curry, Served with Braised Rice & Kachumber Salad (V)
<b>FRIDAY</b> Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	<b>FRIDAY</b> Homemade Cheese & Onion Slice with Chips & Peas (V)

**MADE YOUR WAY!**

**CHOOSE IT!  
ADD IT!  
TOP IT!**

**Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.**

£2.85

**Choose a base, add protein, and top it your way!**

**Visit the restaurant to check out what's on offer each week**

**DESSERTS** Free with the main meal or £1.65 if purchased individually

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spiced Pineapple Cake with Custard	Chocolate & Banana Brownie	Syrup Sponge with Custard	Oaty Apple Crumble with Custard	Hot Chocolate Rocky Road

**Fruit and Jelly Pots Available Daily - Price £1.00**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

£1.85

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**

Prices from £2.15

**NATURALLY** Hot Bowls Prices £2.65

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pakistani Tarka Dhal (VE)	Vegan Singapore Noodles (VE)	Onion Bhaji & Vegetable Rice Bowl (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)

**TRATTORIA**

Pizza from £1.60, Pasta 12oz £2.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza

## Book of the Month - March

Jonas who lives in a society free of crime and sadness. At the age of 12, children are assigned their jobs, which they will train for and do for the rest of their lives. Everything is chosen; from your parents to your partner. Jonas stands apart from the community when he is chosen to become the new "Memory Keeper". Society has been kept free of all the negative aspects of life because for as long as it has been formed, there has been someone who holds all memories of the past within them to protect society from harm.

This book shows the path of growing up; at first, we are scared to accept that there are new responsibilities, but as we get used to it, we want to move more and more away from childhood. Jonas must make choices for himself; as will you at the end of the book.

I would recommend this book to anyone who loves dystopian worlds, and well as people who like a book to let them think for themselves! (The Giver is the first in a series of four, which is available as a boxset).

Remember you can find 'The Book of the Month' in the school library

## Sports News

### Year 7 Match Report

### MESSA Rugby Sevens Tournament

On Wednesday we travelled to KEGS for another rugby sevens tournament. Following the success at the recent Essex sevens tournament the boys were excited to see how they would perform.

We started slowly in the first game and lost 3-2 to St Martins. In the second game we beat Shenfield and got our confidence back. In the third game we beat Boswells and finally we beat Sandon.

The boys represented the school incredibly well and as the rugby season starts to draw to a close, can look back at some fond memories, excellent achievements and valuable lessons learned. I look forward to seeing how this group of students adapts to the summer sports programme after Easter.

**Mr Fenn**  
Assistant Headteacher  
& Rugby Coach



**WEEKLY SPORTS RESULT**

YR8 BOYS' FOOTBALL  
BECKET KEYS 1 VS 1 OPPONENT

YR7 NETBALL ESSEX CUP SEMI FINAL  
BECKET KEYS 24 VS 37 OPPONENT

**BECKET KEYS SEMI FINALS**

**U14 Girls' Essex Cup**

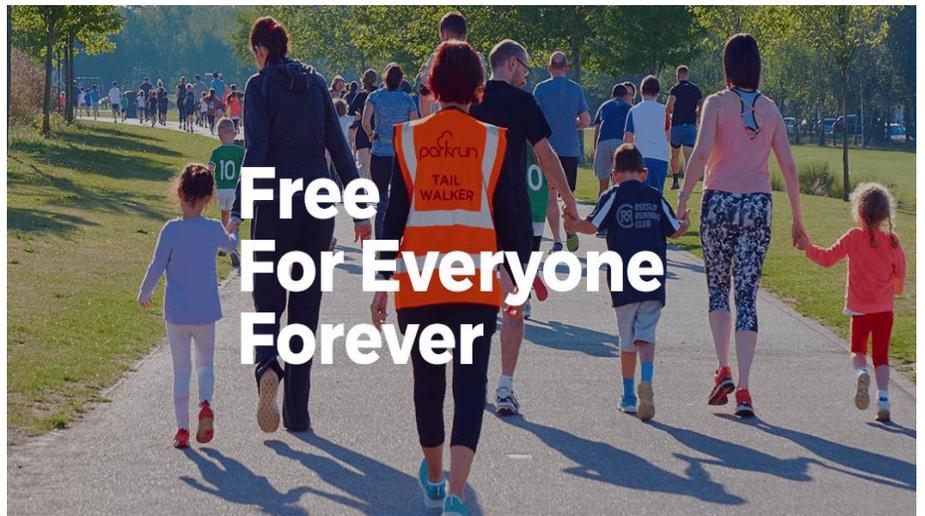
**Rearranged to  
Tuesday 24<sup>th</sup> March  
2pm KO**



This week the students have been getting tips on how to look after their Mental Health. It is important to spend time outdoors in nature and to be active. Spending time in nature has been found to assist with anxiety and depression and there are also links between nature and relaxation and being outside gives our bodies much needed vitamin D from sunlight. Being active is good for both your mind and body and every minute of activity counts; the more you do the more you will benefit. Exercise can improve your sleep, clear your mind, boost your energy and help with back or joint pain.

In order to combine nature and exercise, why not join the Parkrun? Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is 5k and takes place every Saturday morning. Junior Parkrun is 2k, dedicated to 4-14 year olds, and their families, every Sunday morning.

Parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last!



Everyone is welcome to come along.

Parkrun is free and you only need to register once whether walking, jogging, running, volunteering or a combination.

There are currently 1,163 parkrun events around the country taking place every weekend, with more locations being added all the time.

You can go along to any event, any weekend. Find out more here:

<https://www.parkrun.org.uk/>



## DATES FOR YOUR DIARY

TUESDAY 24<sup>TH</sup> MARCH 2026  
LENT EUCHARIST

YEAR 12 TRIP  
UCAS FAIR EXCEL CENTRE

\*

THURSDAY 26<sup>TH</sup> MARCH 2026  
LAST DAY OF TERM  
STUDENT HALF DAY

\*

FRIDAY 27<sup>TH</sup> MARCH - FRIDAY 3<sup>RD</sup> APRIL 2026  
SCHOOL SKI TRIP

\*

FRIDAY 27<sup>TH</sup> MARCH – FRIDAY 10<sup>TH</sup> APRIL 2026  
EASTER HOLIDAY

\*

MONDAY 13<sup>TH</sup> APRIL 2026  
INSET DAY  
NO STUDENTS IN SCHOOL

TERM DATES CAN BE FOUND ON THE  
SCHOOL WEBSITE HERE: [Becket Keys](https://www.becketkeys.org)

# Becket Keys Church of England School

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@BecketKeysSci  
@BecketKeysDT  
@BecketKeysExams  
@BecketKeysTrips

[Facebook: Becket Keys Church School](https://www.facebook.com/BecketKeysChurchSchool)